

**Limited Space! Recommend reserving AS SOON AS POSSIBLE.**

*Complimentary Classic Beverage Package is included for 1<sup>st</sup> & 2<sup>nd</sup> persons  
in cabins 08 and higher, if you reserve through Symposia Medicus.*

# CURRENT ISSUES IN WOMEN'S HEALTH

ALASKA DAWES GLACIER CRUISE

ABOARD THE **Celebrity Solstice**<sup>®</sup>  
JULY 24-31, 2020

SPONSORED BY



*A Non-Profit Corporation for  
Continuing Medical & Nursing Education*



## CRUISE ITINERARY & PROGRAM DAYS

DAY	PORT	ARRIVE	DEPART
Friday, July 24	Seattle, Washington	--	4:00pm
Saturday, July 25	At Sea (Conference in Session 8:00am-12:15pm & 1:45pm-4:15pm)	--	--
Sunday, July 26	Ketchikan, Alaska	7:00am	4:00pm
Monday, July 27	Endicott Arm & Dawes Glacier Juneau, Alaska	5:30am 1:30pm	10:00am 10:00pm
Tuesday, July 28	Skagway, Alaska Alaska Inside Passage	7:00am 6:30pm	6:00pm 10:30pm
Wednesday, July 29	At Sea (Conference in Session 8:00am-12:15pm & 1:30pm-5:00pm)	--	--
Thursday, July 30	Victoria, British Columbia (Conference in Session 8:00am-12:15pm)	5:30pm	11:59pm
Friday, July 31	Seattle, Washington	6:00am	--

Note: Itinerary is subject to change

View other educational conferences at [www.symposiamedicus.org](http://www.symposiamedicus.org)

## CONFERENCE DESCRIPTION

Our **Current Issues in Women's Health** conference is designed to provide the most current clinical information about the care of the female patient to OB/GYNs, family physicians, nurse midwives, nurse practitioners, PAs, nurses and all other healthcare professionals involved with the care of women. The goal of this conference is to increase knowledge and enhance the competence of attendees. Emphasis will be placed on practical application of the evidence-based topics presented.

Topics for this year's conference have been selected based on the educational needs determined from the identified professional practice gaps. The gaps were derived from a variety of sources including evaluations and outcomes data from past participants; clinical expert input; Symposia Medicus' online survey; and other medical and nursing data.

Conference format will include didactic lectures, case studies, and question and answer sessions.

An outstanding faculty has been assembled for this conference. Each member was selected based on their individual area of expertise and ability to communicate current, evidence-based, and practical information to participants.

You are sure to enjoy our conference on **Current Issues in Women's Health** while sharing ideas and experiences with colleagues from across the country in the beautiful setting of Alaska.

## CONFERENCE OBJECTIVES

As a result of participating in this conference, you should have increased knowledge and enhanced competence to...

- Outline evidence-based treatment options for menopause
- Describe medical options currently available for the treatment of symptomatic uterine fibroids and adenomyosis
- Counsel patients on behavioral and pharmacologic treatment options for painful bladder syndrome
- Provide evidence-based reproductive counseling and intervention for patients after age 50
- Troubleshoot common problems with contraception initiation

## ATTENDEE REQUIREMENTS

At the conclusion of attending this conference, participants are entitled to a certificate of credit which will be available online. Successful completion of this activity is determined by attending the live activity, review of the educational session materials, and submission of the case studies test, surveys, and attendance verification form. Each participant should only claim credit commensurate with the extent of their participation in the activity.

## ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

*Symposia Medicus is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*

## CONTINUING EDUCATION CREDIT

### **Physicians**

Symposia Medicus designates this live activity for a maximum of **18 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **ACOG**

Application has been made with the **American College of Obstetricians & Gynecologists (ACOG)** for cognates, Formal Learning. **Please check our website for updated credit information.**

### **AAFP**

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending. Please check our website for updated credit information.**

### **Certified Nurse Midwives**

The **American Midwifery Certification Board (AMCB)** accepts Category 1 CME approval from organizations accredited by the ACCME.

### **PAs**

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 18 hours of Category 1 credit for completing this program.

### **Nurse Practitioners/Nurses**

The **ANCC** contact hours awarded for completion of this conference are 18.

Provider is also approved by the **California Board of Registered Nursing**, Provider #CEP2335, for 21.6 contact hours.

### **Pharmacists**

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for **AMA PRA Category 1 Credit™**

### **Pharmacology Content for Prescriptive Authority**

A maximum of 2.5 hours in pharmacology content for prescriptive authority may be earned by attending this educational conference. Sessions awarding pharmacology content for prescriptive authority are denoted with an Rx in the schedule. Please contact your state's Board of Nursing for specific educational requirements as requirements may vary state to state.

## EDUCATIONAL RESOURCES

Each registrant will have online access to session materials. **The session materials will be available for download approximately one week prior to the conference (you'll receive an email with instructions).** If you wish to receive a hard copy of the session materials, please check the box on the registration form in this brochure.

If you are unable to attend this conference, extra copies of the session materials (either paper, flash drive, or digital copy) will be available one week after the conference. The cost is \$65 for a hard copy, \$30 for a flash drive, and \$25 for the digital copy. To place your order, please email [publications@symposiamedicus.org](mailto:publications@symposiamedicus.org).

## **SYMPOSIA MEDICUS PRESENTS AN EXCITING ALASKA CRUISE CONFERENCE**

Alaska's spectacular glaciers, native heritage, and vast wildlife await you when Celebrity Cruises' Solstice® reveals new worlds to you in a way no one else can. Join us on this exciting cruise conference and experience an incredible journey. When you combine this amazing cruise with our outstanding conference, you'll experience a week full of beauty, fun, and education.

As a member of the *Celebrity Solstice*® Class of ships, *Celebrity Solstice*® is elegance personified, with its polished marble and neutral color palette. On your *Celebrity Solstice*® Cruise, you will experience scrumptious, world-class meals, theatrical extravaganzas at the Solstice Theater, cocktails in the lounge or breakfast overlooking the sea at sunrise. *Travel and Leisure* magazine named *Celebrity Cruises*® as one of the "World's Best" among the Top Large-Ship Cruise Lines.

If you crave more rest and relaxation onboard, you can indulge in a unique collection of both familiar and unknown wines from around the globe at the Cellar Masters Wine Bar, or discover a state of pure tranquility in the AquaSpa<sup>SM</sup>. The *Celebrity Solstice*® boasts the first Lawn Club at sea, where you can enjoy casual outdoor activities onboard. You can also experience live art during the Hot Glass Show<sup>SM</sup>, where professional glassblowers create custom-designed artwork right in front of your eyes. All this and, of course, exciting shore excursions for the entire family!

Symposia Medicus and the conference faculty hope you join us aboard the *Celebrity Solstice*® for the cruise conference of a lifetime.

## CONFERENCE FACULTY

### G. Wright Bates, Jr., MD

Chairman, Department of Obstetrics & Gynecology  
The Grimes Family Endowed Chair of Obstetrics & Gynecology  
Senior Staff, Reproductive Endocrinology & Infertility  
Central Division,  
Baylor Scott & White Health  
Clinical Professor  
Texas A&M College of Medicine  
Temple, Texas

### Linda Bradley, MD, FACOG

#### Conference Co-Chair

Professor of Surgery  
Cleveland Clinic  
Lerner College of Medicine  
Vice-Chairman of Obstetrics, Gynecology, and Women's Health Care Institute  
Director, Center for Menstrual Disorders, Fibroids, and Hysteroscopic Services  
Department of Obstetrics & Gynecology  
Cleveland Clinic  
Cleveland, Ohio

### Charles R. Rardin, MD

#### Conference Co-Chair

Professor of Obstetrics & Gynecology  
Program Director  
Fellowship in Female Pelvic Medicine & Reconstructive Surgery  
Alpert Medical School of Brown University  
Director, Minimally Invasive & Robotic Surgical Services  
Women & Infants' Hospital of Rhode Island  
Providence, Rhode Island

### Jane R. Sharp, MD, FACOG

#### Clinical Assistant

Professor of Obstetrics & Gynecology  
Alpert Medical School of Brown University  
Providence, Rhode Island

#### DISCLOSURE STATEMENT

Consistent with ACCME and ANCC guidelines, it is the policy of Symposia Medicus to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, all individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Beyond disclosure of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. Symposia Medicus is committed to providing learners with commercially unbiased continuing education activities. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the session materials for this activity, and speakers will provide a slide disclosure for each presentation, and will also verbally disclose on-site.

## CONFERENCE SCHEDULE

### FRIDAY, JULY 24

PORT	ARRIVE	DEPART
Seattle, Washington	—	4:00pm

### SATURDAY, JULY 25

7:30am Registration & Check-in

8:00 **Welcome & Introduction**  
Linda Bradley, MD

8:15 **Update in Female Urinary Incontinence**  
(Rx = 15 minutes)  
Charles R. Rardin, MD

9:15 **Menopause Update: Hot Flashes & Hormones** (Rx = 15 minutes)  
G. Wright Bates, Jr., MD

10:15 Break

10:30 **Alternatives to Hysterectomy**  
(Rx = 15 minutes)  
Linda Bradley, MD

11:30 **Questions & Answers Group Discussion**  
Faculty Panel & Audience

12:15pm Lunch Break (on your own)

1:45 **Evaluation & Management of Painful Bladder Syndrome** (Rx = 15 minutes)  
Charles R. Rardin, MD

2:45 **A Practical Approach to Dealing with Dyspareunia**  
Jane R. Sharp, MD

3:45 **Questions & Answers/ Group Discussion**  
Faculty Panel & Audience

4:15 Adjourn for the Day

### SUNDAY, JULY 26

PORT	ARRIVE	DEPART
Ketchikan, Alaska	7:00am	4:00pm

### MONDAY, JULY 27

PORT	ARRIVE	DEPART
Endicott Arm & Dawes Glacier	5:30am	10:00am
Juneau, Alaska	1:30pm	10:00pm

### TUESDAY, JULY 28

PORT	ARRIVE	DEPART
Skagway, Alaska	7:00am	6:00pm
Alaska Inside Passage	6:30pm	10:30pm

Rx = Pharmacology Content for Prescriptive Authority will be granted for these sessions

### WEDNESDAY, JULY 29

8:00am **Evaluation and Treatment of Abnormal Uterine Bleeding** (Rx = 20 minutes)  
Linda Bradley, MD

9:00 **50 Is the New 40: Sex & Pregnancy at Midlife** (Rx = 15 minutes)  
G. Wright Bates, Jr., MD

10:00 Break

10:15 **Getting Your Patients to Eat Healthy**  
Linda Bradley, MD

11:15 **Questions & Answers Group Discussion**  
Faculty Panel & Audience

12:15pm Lunch Break (on your own)

1:30 **Surgical & Nonsurgical Management of Female Pelvic Floor Dysfunction**  
(Rx = 20 minutes)  
Charles R. Rardin, MD

2:30 **What's New in Contraception Counseling** (Rx = 20 minutes)  
Jane R. Sharp, MD

3:30 **Mesh for Pelvic Surgery: Is It Good or Bad & Why Are so Many Lawyers Interested?**  
Charles R. Rardin, MD

4:30 **Questions & Answers Group Discussion**  
Faculty Panel & Audience

5:00 Adjourn for the Day

### THURSDAY, JULY 30

8:00am **The PCOS & Obesity Epidemic**  
G. Wright Bates, Jr., MD

9:00 **Preventing Professional Burnout: Getting Your Mojo Back**  
Linda Bradley, MD

10:00 Break

10:15 **Endometriosis: A Reproductive Enigma**  
(Rx = 15 minutes)  
G. Wright Bates, Jr., MD

11:15 **Questions & Answers Group Discussion**  
Faculty Panel & Audience

12:15pm *Conference Adjourns*

PORT	ARRIVE	DEPART
Victoria, British Columbia	5:30pm	11:59pm

### FRIDAY, JULY 31

PORT	ARRIVE	DEPART
Seattle, Washington	6:00am	—

## CONFERENCE REGISTRATION AND CABIN RATES

Enrollment for this cruise conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

**You can register and receive conference group rates by reserving the following ways:**

- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 OR
- By mail, make check payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287

Visit [www.symposiamedicus.org](http://www.symposiamedicus.org) or call (925) 969-1789 for additional questions or information.

### CONFERENCE REGISTRATION INFORMATION

TUITION:	EARLY <i>If postmarked by May 15, 2020</i>	REGULAR <i>If postmarked after May 15, 2020</i>
Physicians	\$695	\$795
Residents, Nurses, PAs, & All Others	\$595	\$695

- Discounts are available for retired healthcare providers, active U.S. military, and groups of three or more. For more information, please contact Symposia Medicus prior to registering.
- Tuition includes continuing education, online access to session materials, and break refreshments
- Conference registration and cruise reservations (if applicable) will be confirmed via email

*For our complete calendar of conferences, please visit [www.symposiamedicus.org](http://www.symposiamedicus.org).  
Brochures are available 6-8 months prior to the conference.*

#### 2019 CALENDAR OF FUTURE CONFERENCES

1504	30th Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 16-18
1511	27th Annual Fall Conference on Issues in Women's Health	Grand Cayman, Cayman Islands	Oct 23-26
1512	37th Annual Fall Conference on Obstetrics	Big Island, Hawaii	Nov 6-9
1514	Current Issues in Women's Health	Danube River Cruise <i>(AMA Waterways – AmaLea)</i>	Nov 8-15
1515	Hot Topics in Urgent & Emergent Care	Danube River Cruise <i>(AMA Waterways – AmaLea)</i>	Nov 8-15
1517	25th Annual Conference on Women's Health: Care of Women Over 50	Guanacaste, Costa Rica	Nov 20-23
1519	25th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 13-14

#### 2020 CALENDAR OF FUTURE CONFERENCES

1522	27th Annual Conference on Office GYN & Women's Health for the Primary Care Provider	Oahu, Hawaii	Feb 5-8
1523	24th Annual Winter Conference on Clinical Issues in OB/GYN	Cancun, Mexico	Feb 5-8
1529	2nd Annual Winter Conference on Hot Topics in Women's Health	Big Sky, Montana	Feb 11-15
1526	27th Annual Spring Conference on Women's Health	Tulum, Riviera Maya, Mexico	Mar 18-21
1534	7th Annual Spring Conference on Integrative Medicine in Women's Health	Napa, California	Apr 29-May 2
1531	5th Annual Conference on Challenges in Sexual Healthcare	Naples, Florida	May 13-16
1532	Hot Topics in Pediatric Emergencies	Norwegian Fjords Cruise <i>(Celebrity Cruises – Silhouette)</i>	Jun 27-Jul 4
1535	3rd Annual Conference on Challenges in Mental Healthcare for the Primary Care Provider	Napa, California	Jul 8-11
1540	27th Annual Summer Conference on Obstetrics & Gynecology	San Diego, California	Jul 8-11
1541	21st Annual Summer Conference on Women's Health	Paradise Island, Bahamas	Aug 5-8
1542	21st Annual Fall Conference on Integrative Medicine in Women's Health	Tucson, Arizona	Sep 9-12
1544	31st Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 14-16
1546	Challenges in Obstetrics & Gynecology	Best of Italy Cruise <i>(Celebrity Cruises – Constellation)</i>	Sep 24-Oct 3
1548	38th Annual Fall Conference on Obstetrics	Grand Cayman, Cayman Islands	Oct 14-17
1549	28th Annual Fall Conference on Issues in Women's Health	Big Island, Hawaii	Oct 21-24
1555	26th Annual Conference on Women's Health: Care of Women Over 50	Grand Cayman, Cayman Islands	Nov 18-21
1558	26th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 18-19

### CONFERENCE CABIN INFORMATION

**We have arranged conference group rates** through Celebrity Cruises®. We have a limited number of cabins in the categories, and at the rates, listed below. **Cabins at our group rates are limited** and on a first come, first served basis, **and are only available until Friday, May 1, 2020. PLEASE RESERVE EARLY** as cabins may sell out and/or rates may increase. **After Friday, May 1, 2020, all remaining cabins are released back to the cruise line and are on a space and rate available basis.**

Rates are (U.S. dollars, cruise-only) **PER PERSON, based on double occupancy, and DO NOT** include taxes of \$242.63 per person (subject to change), gratuities, air transportation, ground transfers, or the optional CruiseCare® Cancellation Penalty Waiver Program fees. See Cruise Rates Do Not Include section of the brochure for more details.

Please note the rates stated below **include** cruise fees (port charges) of \$245.00 per person.

CATEGORY	TYPE	1 <sup>ST</sup> /2 <sup>ND</sup> PER PERSON RATE	3 <sup>RD</sup> /4 <sup>TH</sup> PER PERSON RATE	CABIN SQ. FEET	VERANDA SQ. FEET
11	Interior Stateroom	\$1,289	\$1,149	183	N/A
08	Ocean View (no Veranda)	\$1,799	\$1,199	183	N/A
2B	Deluxe Ocean View w/Private Veranda	\$2,049	\$1,599	194	54
C3	Concierge Class w/Private Veranda and Concierge Class Amenities	\$2,249	\$1,599	194	54
FV	Family Ocean View w/ Private Veranda <b>(5 persons required)</b>	\$3,299	\$2,099 <i>(same rate for 5<sup>th</sup> person)</i>	575	53
S2	Sky Suite w/Private Veranda, Suite Amenities, and Personal Butler Service	\$3,699	\$3,649	300	79
CS	Celebrity Suite w/Private Veranda, Suite Amenities, and Personal Butler Service	\$5,649	\$3,649	394	105
RS	Royal Suite w/Private Veranda, Suite Amenities, and Personal Butler Service	\$8,799	\$3,649	590	158

**Aqua Class and other cabin types may be available upon request, at prevailing rates.**

**Please call us at (925) 969-1789 for availability and rates.**

Single occupancy cabins can be requested; however, the rate for single occupancy is two times the stated cruise fare for the selected cabin category.

Detailed cabin descriptions and amenities are available at [www.celebritycruises.com](http://www.celebritycruises.com).

### TERMS & CONDITIONS

#### *Cruise Policies*

- Deposit due at time of booking is \$250.00 per person for cabin categories 11 to S2 or \$500 per person for cabin categories CS and RS
- **Final payment is due to Symposia Medicus by Friday, May 1, 2020**
- Cruise documents will be emailed in a (PDF) file, approximately two weeks (or more) prior to sailing. If you would like your cruise documents printed and mailed to you, (approximately 7-10 days prior to sailing), please note an additional fee of \$35.00 (subject to change), per cruise document booklet, will be assessed. Please make your selection on the Conference & Cabin Registration Form.
- **Triple and/or quad cabins are limited and not all cabins can accommodate 3 or 4 people.** Mandatory third, fourth, and fifth for FV only, additional cabin guest charges noted above **do not include \$242.63 taxes (subject to change), and gratuities (see Gratuities Aboard Ship section).**

© Celebrity Cruises Inc. Ships' registry: Malta and Ecuador

### CONFERENCE CANCELLATION POLICIES

- Conference cancellations must be made **in writing (via email or mail) to Symposia Medicus** and a refund, less a 10% processing fee, will be given. No refunds will be made if cancellation is received after **June 19, 2020**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- **Please see Cruise Cancellation and Name Change Policy section for cancellation information**
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition and, if reservation was made with Symposia Medicus, cabin payment refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.





**CRUISE RATES, DEPOSITS, AND FINAL PAYMENT REQUIREMENTS**

All cruise rates quoted are per person, based on double occupancy (U.S. dollars, cruise-only). The price of your cruise includes ship accommodations, meals (except for specialty restaurants), 24-hour room service (orders between 11:00pm-6:00am will be charged a \$4.95 room service fee), standard beverages (coffee, tea, milk, poured water and juices, iced tea, and lemonade), use of the fitness center, and most activities and entertainment onboard the ship.

If you book through Symposia Medicus, you will receive a Classic Beverage Package for the 1<sup>st</sup>/2<sup>nd</sup> occupants, for cabins 08 and higher (includes gratuities).

Please note: The cruise line may offer promotional rates for different cabin types other than what we have contracted in this brochure, however, our per person cabin rates are typically the lowest available.

A deposit for all cabin occupants is due to Symposia Medicus at the time of registration (\$250.00 per person for cabin categories 11-Interior to S2-Sky Suite and \$500.00 per person for cabin categories CS-Celebrity Suite to RS-Royal Suite). Final payments are due to Symposia Medicus by Friday, May 1, 2020. Payments not received by the due date are subject to cabin cancellation with no refunds.

Celebrity Cruises® provides complimentary electronic cruise documents (eDocs). You will receive cruise documents in portable document format (PDF) by email approximately two weeks (or more) prior to sailing.

If you would like your cruise documents printed and mailed to you, (approximately 7-10 days prior to sailing), please note an additional fee of \$35.00 (subject to change), per cruise document booklet, will be assessed by Celebrity. Please make your selection on the Conference & Cabin Registration Form in this brochure.

**CRUISE RATES DO NOT INCLUDE:**

Conference Tuition	See "Conference Registration Information"
Taxes	\$242.63/per person (subject to change)
Gratuities	See "Gratuities Aboard Ship" (FREE for Suites)
Air Transportation	See "Airline Travel Information"
Ground Transportation	See "Ground Transportation"
(Optional) CruiseCare® Cancellation Penalty Waiver Program	See "(Optional) CruiseCare® Cancellation Penalty Waiver Program"

Cruise rates also do not include: shore excursions, meals ashore, alcoholic and certain beverages (unless cabin is booked through Symposia Medicus, where you'll receive a Classic Beverage Package for cabins 08 and higher), photographs, telephone calls, internet access, specialty restaurants onboard, purchases from the ship stores, and spa or beauty salon treatments.

You will be able to view your reservation, book shore excursions, ground, and air transportation through Celebrity's ChoiceAir® Program, on the cruise website, [www.celebritycruises.com](http://www.celebritycruises.com) after you are registered and receive confirmation with a reservation number.

**CRUISE CANCELLATION AND NAME CHANGE POLICY**

Per Celebrity Cruises® policy, a full refund (except amounts paid for CruiseCare® Cancellation Penalty Waiver Program, which is non-refundable) will be made for written cancellations received by Symposia Medicus no later than

Friday, May 1, 2020. Passengers who cancel after this date, for any reason, are subject to the following per person cancellation fees.

- By May 1: Full refund will be given
- May 2 – June 19: \$250.00 or \$500.00 per person cruise deposit will not be refunded
- June 20 – July 10: 50% of total cruise price will not be refunded
- After July 10: No refunds will be made

Name changes require the prior approval of Celebrity Cruises® and are subject to additional fees. Cruise tickets are non-transferable. For security reasons, no name changes are allowed by Celebrity Cruises® after Friday, July 17, 2020.

**(OPTIONAL) CRUISE CARE® CANCELLATION PENALTY WAIVER PROGRAM**

CruiseCare® insurance is optional, but if purchased, must be for all cabin occupants. This can be added at the time of booking or up until the final payment deadline of Friday, May 1, 2020.

To view more comprehensive information on this insurance policy, please visit <https://www.celebritycruises.com/cruise-insurance>. For more information or if you have any questions concerning CruiseCare®, please call Celebrity Cruises® CruiseCare® Help Line at (800) 797-4516.

Celebrity Cruises® CruiseCare® rates vary depending on the cost of your cruise fare and cruise fees (port charges). Below is a chart showing the cost per person for CruiseCare® insurance. Prices are subject to change and may increase.

Rates based on per person cost of cruise fare and cruise fees (port charges)	CRUISE CARE® INSURANCE RATES (Subject to change)
\$1,001 - \$1,250	\$99/person
\$1,251 - \$1,500	\$109/person
\$1,501 - \$2,000	\$149/person
\$2,001 - \$2,500	\$189/person
\$2,501 - \$3,000	\$229/person
\$3,001 - \$3,500	\$279/person
\$3,501 - \$4,000	\$339/person
\$4,001 - \$4,500	\$379/person
\$4,501 - \$5,000	\$429/person
\$5,001 - \$5,500	\$479/person
\$5,501 - \$6,000	\$519/person

Contact Symposia Medicus for CruiseCare pricing for Royal Suite (RS)

**PREGNANCY POLICY**

If a pregnant guest has entered or will be entering their 24<sup>th</sup> week before or during the cruise, they are NOT ALLOWED to travel.

**MINIMUM AGE TO CRUISE**

Children must be at least six months old by July 24, 2020, to go on the cruise. Denial of boarding for children who do not satisfy this minimum age requirement may also result in the denial of boarding for one or more guests sailing with that child. No refunds will be given as a result of the denial of boarding to an underage child or other accompanying guests.

**PASSPORT AND VISA INFORMATION**

Passport Books (not Passport Cards) are REQUIRED for every passenger including children and infants. If you do not have a passport, please allow a minimum of 4-6 weeks to receive it after you complete and mail the application. Your passport cannot expire before January 31, 2021 (or 6 months after your final date of travel).

It is the sole responsibility of the guest to identify and obtain all required travel documents and have them available when necessary. These appropriate valid travel documents such as passports, visas, inoculation certificates, and/or family legal documents are required for ship boarding and country entry and/or re-entry into the United States and other countries. Based on citizenship, many countries require an entry visa.

Guests who do not possess the proper documentation may be prevented from boarding their flight or ship, or from entering a country, and may be subject to fines.

Note: No refunds will be given to individuals who fail to bring proper documentation.

For additional passport and visa requirements, visit the U.S. Department of State's website at <https://travel.state.gov/content/passports/en/passports.html> or Embassies (Consular Service Office) of each country on the sailing itinerary or Canada's Citizenship and Immigration website at [www.cic.gc.ca/](http://www.cic.gc.ca/).

**AIRLINE TRAVEL INFORMATION**

You will fly into the Seattle-Tacoma International Airport (SEA), which is an approximate 30 minute drive to the port.

If you purchase Air Transportation through Celebrity's ChoiceAir® Program:

Celebrity's ChoiceAir® Program allows you to purchase airline tickets at the best available prices. After you are registered and receive a reservation number, you can book directly on the website at [www.celebritycruises.com/choiceair](http://www.celebritycruises.com/choiceair) or by calling (800) 533-7803 and speaking with an air agent (service fees may apply). Any changes or cancellations may be subject to non-refundable service charges and additional airfare costs.

By using Celebrity's ChoiceAir® Program, you can:

- Receive the lowest fares on available flights
- Choose your preferred airline and specific itineraries
- Receive assured arrival to the ship if any delays or cancellations occur
- Receive 24-hour assistance with flights

Note: Infant fares (six months to two years old) cannot be booked online. You must call the Celebrity's ChoiceAir® Program Support Desk at (800) 533-7803 or the airline directly to add your infant to the booking.

**IF YOU PURCHASE AIR ARRANGEMENTS ON YOUR OWN:**

If you make your own air arrangements, you should allow a minimum of three hours from the time your flight arrives in Seattle to the time you must check-in at the ship (by 2:30pm). Note: Ship check-in begins at 10:30am and concludes at 2:30pm.

Going home, you should allow at least three hours between when the ship disembarks in Seattle and your plane departs (disembarkation starts at approximately 7:00am). The three hours allow you time for ship clearance, customs clearance (if applicable), and airline security. You can also request to be one of the first groups to depart the ship by going to the Guest Relations Desk as soon as possible once you board the ship and letting them know that due to a tight airline schedule, you need to be included in the first group off the ship.

Symposia Medicus has arranged for discount fares with Alaska, Delta, and United airlines for this conference. Information on ground transportation will be sent to registrants and made available online at our website. Reservations can be made either through your travel agency or through the airlines at the website or Convention Desk numbers listed below.

In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID number listed here.

Alaska Airlines	Discount code was not available at the time of printing this brochure. Please check our website for updated information.
Delta Airlines	For discounts on Delta Airlines, please visit <a href="http://www.delta.com">www.delta.com</a> enter in your travel plans and then click on the "Advanced Search" link located below the "Passenger" box. Once you click on this link, a panel will appear and you will need to insert <b>NMTZR</b> in the "Meeting Code" box. For questions, please call the Delta Airlines Convention Desk at (800) 328-1111.
United Airlines	For discounts on United Airlines, please visit <a href="http://www.united.com">www.united.com</a> and click on Advanced Search, located on the bottom left corner of the "Book Travel" box. Once you click on this link, another page will appear. At the bottom of this page, you will insert <b>ZHAW711859</b> in the "Promotions and Certificates" box at the end of the page. For questions, please call the United Airlines Convention Desk at (800) 426-1122.

**GROUND TRANSPORTATION**

For more information on ground transportation, pricing, and criteria, please visit [www.symposiamedicus.org](http://www.symposiamedicus.org).

If you choose to make your own air travel arrangements, you can purchase Celebrity Cruises® transfers to/from the ship. Once you have arrived and collected your luggage at the airport, you will be met by a Celebrity Cruises® representative outside the Baggage Claim area who will assist you with transportation to the ship.

When you return from your cruise and have claimed your luggage, a Celebrity Cruises® representative on the pier will direct you to your transportation to the airport (earliest flight times start at 11:45am).

Note: The transfers are only available on the scheduled day of ship embarkation (July 24, 2020) and disembarkation (July 31, 2020) based on flight times.

Transportation must be booked with Symposia Medicus by Friday, May 1, 2020. Your flight itinerary must be provided in order to confirm your transfers.

**DRINK PACKAGES**

If you book through Symposia Medicus, for cabins 08 and higher, you will receive a Classic Beverage Package (valued at \$495 per person) for the 1<sup>st</sup>/2<sup>nd</sup> occupants, (includes gratuities).

The Classic Beverage Package includes: unlimited fountain and can sodas (Coca Cola products), bottled juices (cranberry, tomato, pineapple, and apple), fresh juices, premium teas and coffee (Lavazza and Cova), smoothies, frozen drinks, non-premium bottled water, certain types of beer and wine, as well as non-premium spirits and cocktails.

If you do not book your cabin through Symposia Medicus, or you reserve an Interior Stateroom, you can purchase a beverage package directly through Celebrity Cruises. Please note that if you do not have a beverage package all beverage purchases will incur an 20% service charge.

**DINING ABOARD SHIP**

When you make your cruise reservations, you can request either 6:00pm Main Dining, Flexible Select Dining (see details below), or 8:30pm Late Dining. Please inform us if you or your guests have any special food or dietary requirements and inform us of other cruise passengers (not guests in your cabin) with whom you would like to sit. Your final dining assignment will be indicated in your eDocs unless your preferred dining time is not available, in which case you will be waitlisted. If you are waitlisted, you can go to the Guest Relations Desk once you get onboard the ship to see if you can change your dinner seating time.

The Flexible Select Dining is a flexible dining option. With this option, you can be seated for dinner in the main dining room at any time between 6:00-9:30pm, or you can make reservations to dine at any time that you choose within that time frame. Reservations can be made up to July 19, 2020 or can be made on the ship.

If you reserve a suite, your dining will be in *Luminae*, and you are automatically booked for Main Dining. If you have any requests or changes you will make them with your butler.

Complimentary room service is also available 24-hours a day (orders between 11:00pm-6:00am will be charged a \$4.95 room service fee). On your cruise, you can expect two evening chic and five smart casual dress nights.

**GRATUITIES ABOARD SHIP**

All gratuities must be pre-paid and will be included in your final cruise balance. This covers your cabin steward (and butler, if suite), head waiter and assistant waiter.

- Non-Suite gratuities are \$101.50 per person
- Concierge Class gratuities are \$105.00 per person
- Suite gratuities are \$126.00 per person (FREE when booking with Symposia Medicus)

**ONBOARD INFORMATION**

For more information about clothing to pack, youth activities, shore excursions, and more, please visit [www.celebritycruises.com](http://www.celebritycruises.com).



# CONFERENCE REGISTRATION

**COMPLETE THIS FORM & MAIL WITH APPROPRIATE PAYMENT TO:**



Symposia Medicus  
399 Taylor Blvd., Suite 201  
Pleasant Hill, CA 94523-2287  
Phone: (925) 969-1789

**SYMPOSIA MEDICUS**

## CURRENT ISSUES IN WOMEN'S HEALTH

Alaska Dawes Glacier Cruise

ABOARD THE **Celebrity Solstice®** • JULY 24-31, 2020

Celebrity Cruises®

PLEASE PRINT LEGIBLY: (Show name and one degree)

Registrant's Name: \_\_\_\_\_ Degree: \_\_\_\_\_  
First Last

**Registrant Email Address (required):** \_\_\_\_\_  
 All registrants must provide their individual email address in order to register for this conference. Confirmation/receipt will be emailed to this address.

**Email an additional copy of my confirmation/receipt to:** \_\_\_\_\_  
(Provide additional email address)

Mailing Address: \_\_\_\_\_  
Street City State Zip

Check if above address is: Work \_\_\_\_\_ Home \_\_\_\_\_ Provide office/workplace name here: \_\_\_\_\_

Primary Work: ( \_\_\_\_\_ ) Home: ( \_\_\_\_\_ )

Cell: ( \_\_\_\_\_ ) Fax: ( \_\_\_\_\_ )

Professional Specialty: \_\_\_\_\_

**The session materials will be available (for all participants) to download from our website approximately one week before the conference.**  
 If you prefer to **also** receive a hard copy of the session materials, please check here

## CABIN RESERVATION

Detailed cabin features and amenities are available at [www.celebritycruises.com](http://www.celebritycruises.com)

#1539

Please Select Cabin:		1 <sup>ST</sup> /2 <sup>ND</sup> PER PERSON RATE	3 <sup>RD</sup> /4 <sup>TH</sup> PER PERSON RATE	ADDITIONAL INFORMATION	BED TYPE:
<input type="checkbox"/>	11 Interior Stateroom	\$1,289	\$1,149	Rates are (U.S. dollars, cruise-only) and <b>DO NOT</b> include taxes of \$242.63 per person (subject to change), and gratuities, (see Gratuities Aboard Ship section).  Rates <b>INCLUDE</b> cruise fees (port charges) of \$245.00 per person.	<input type="checkbox"/> 1-Queen Bed
<input type="checkbox"/>	08 Ocean View (no Veranda)	\$1,799	\$1,199		<input type="checkbox"/> 2-Twin Beds
<input type="checkbox"/>	2B Deluxe Ocean View w/Private Veranda	\$2,049	\$1,599		*Please note: Triple and quad accommodations are limited and either have an additional convertible sofa bed or 3 <sup>rd</sup> , 4 <sup>th</sup> , and 5 <sup>th</sup> upper pullman beds (bunk beds).
<input type="checkbox"/>	C3 Concierge Class w/Private Veranda and Concierge Class Amenities	\$2,249	\$1,599		
<input type="checkbox"/>	FV Family Ocean View w/Private Veranda (5 persons required) *Very limited availability*	\$3,299	\$2,099 (same rate for 5 <sup>th</sup> person)		
<input type="checkbox"/>	S2 Sky Suite w/ Private Veranda, Suite Amenities, and Personal Butler Service	\$3,699	\$3,649		
<input type="checkbox"/>	CS Celebrity Suite w/Private Veranda, Suite Amenities, and Personal Butler Service	\$5,649	\$3,649		
<input type="checkbox"/>	RS Royal Suite w/Private Veranda, Suite Amenities, and Personal Butler Service	\$8,799	\$3,649		

**If you require a triple (3 people) or quad (4 people) cabin, please call us at (925) 969-1789 to check availability as not all cabins can accommodate 3 or 4 people.**

PLEASE PROVIDE INFORMATION FOR ALL CABIN OCCUPANTS: **FIRST & LAST NAME** (as it appears on your passport – no middle names)

FIRST NAME	LAST NAME	GENDER	DATE OF BIRTH	CITIZENSHIP

Special Request (Dietary, Medical, Special Occasions – If special occasion, indicate date): \_\_\_\_\_

Celebrity Cruises® Captain's Club Number (if applicable): \_\_\_\_\_

Dinner seating preference (based on availability; cannot be guaranteed): \_\_\_\_\_

\_\_\_\_\_ Flexible Select Dining (6:00-9:30pm) \_\_\_\_\_ Main Seating (6:00pm) \_\_\_\_\_ Late Seating (8:30pm)

Please list other guests (not in your cabin with whom you would like to sit (for Main & Late Seating only): \_\_\_\_\_

Electronic (emailed) Cruise Documents OR  Paper (mailed) Cruise Documents - Number of paper Cruise Document Booklets Requested: \_\_\_\_\_  
 (additional \$35.00 fee per cruise document booklet will be added to your cabin cost)

Do you want the optional CruiseCare® Cancellation Penalty Waiver Program? (**Must be purchased for all cabin occupants**) \_\_\_\_\_ Yes \_\_\_\_\_ No  
 (Please refer to the CruiseCare® Cancellation Penalty Waiver Program Information Chart of Fees in this brochure - fees will be due with your final payment)

### PAYMENT INFORMATION:

TUITION AMOUNT DUE	PER PERSON CRUISE DEPOSIT \$250.00 (or \$500.00 for categories CS & RS) (Final Payment Due by May 1, 2020)	TOTAL PAID
\$ _____	\$ _____	\$ _____

Payment Type (Please Check One):  Check (Please Enclose)

Cardholder Name: \_\_\_\_\_ Signature: \_\_\_\_\_  
First Last

Billing Address: \_\_\_\_\_  
(if different from above) Street City State Zip

Card Number	Expiration Date Month/Year	Security # (on front or back of card)
_____	____/____	____

**By registering, you agree to the Terms & Conditions as stated in this brochure.  
 Please note that all information contained in this brochure is subject to change without notice.  
 ALL INFORMATION PROVIDED BY REGISTRANTS WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS.**

