

25th Annual Conference on

CHALLENGES IN GYNECOLOGY

*Including topics on: Hormone Therapy, PCOS, Sexual Dysfunction,
Drug Interactions, Hypertension, and much more...*

NEW YORK HILTON MIDTOWN
New York City, New York

DECEMBER 13-14, 2019

SPONSORED BY



*A Non-Profit Corporation for
Continuing Medical & Nursing Education*



"First time I came to a Symposia Medicus conference it was for the location, but the speakers were great and engaging. The trend continues – great speakers, and I like the meaningful question and answer sessions." – C. Clarke, MD

"Symposia Medicus conferences are always well-organized, held in exciting locations and have professional speakers that give excellent presentations." – Z. Sheppard, CNM

"Always a wonderful conference to attend. Very informative and a perfect spot and time of year." – D. Leighton, DO

Register On-Line...

**for this conference or view other educational conferences at
www.symposiamedicus.org**

CONFERENCE DESCRIPTION

Our **25th Annual Conference on Challenges in Gynecology** has been designed for physicians, certified nurse midwives, nurse practitioners, PAs, nurses, and other healthcare professionals who face ever-increasing challenges in the clinical diagnoses, treatment options, and new technologies involved in caring for the female patient. The goal of this conference is to increase knowledge and enhance the competence of attendees. Emphasis will be placed on practical application of the evidence-based topics presented.

Topics for this year's conference have been selected based on the educational needs determined from the identified professional practice gaps. The gaps were derived from a variety of sources including evaluations and outcomes data from past participants; clinical expert input; Symposia Medicus' online survey; and other medical and nursing data.

Conference format will include didactic lectures, case studies, and question and answer sessions.

An outstanding faculty has been assembled for this conference. Each member was selected based on their individual area of expertise and ability to communicate current, evidence-based, and practical information to participants.

You are sure to enjoy our **25th Annual Conference on Challenges in Gynecology** while sharing ideas and experiences with colleagues from across the country in the exciting setting of New York City.

CONFERENCE OBJECTIVES

As a result of participating in this conference, you should have increased knowledge and enhanced competence to...

- List appropriate treatments for bleeding abnormalities in women
- Recognize common drug interactions with statins
- Discuss causes of bladder pain in women and outline the evaluation methods
- Recommend pharmacologic approaches to polycystic ovarian syndrome (PCOS) based on present evidence
- Create treatment strategies for the patient with hypertension

ATTENDEE REQUIREMENTS

At the conclusion of attending this conference, participants are entitled to a certificate of credit which will be available online. Successful completion of this activity is determined by attending the live activity, review of the educational session materials, and submission of the case studies test, surveys, and attendance verification form. Each participant should only claim credit commensurate with the extent of their participation in the activity.

ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

Symposia Medicus is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

CONTINUING EDUCATION CREDIT

Physicians

Symposia Medicus designates this live activity for a maximum of **12 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACOG

Application has been made with the **American College of Obstetricians & Gynecologists (ACOG)** for cognates, Formal Learning. **Please check our website for updated credit information.**

AAFP

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending. Please check our website for updated credit information.**

Certified Nurse Midwives

The **American Midwifery Certification Board (AMCB)** accepts Category 1 CME approval from organizations accredited by the ACCME.

PAs

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 12 hours of Category 1 credit for completing this program.

Nurse Practitioners/Nurses

The **ANCC** contact hours awarded for completion of this conference are 12.

Provider is also approved by the **California Board of Registered Nursing**, Provider #CEP2335, for 14.4 contact hours.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for **AMA PRA Category 1 Credit™**

Pharmacology Content for Prescriptive Authority

A maximum of 4.25 hours in pharmacology content for prescriptive authority may be earned by attending this educational conference. Sessions awarding pharmacology content for prescriptive authority are denoted with an Rx in the schedule. Please contact your state's Board of Nursing for specific educational requirements as requirements may vary state to state.

EDUCATIONAL RESOURCES

Each registrant will have online access to session materials. **The session materials will be available for download approximately one week prior to the conference (you'll receive an email with instructions).** If you wish to receive a hard copy of the session materials, please check the box on the registration form in this brochure.

If you are unable to attend this conference, extra copies of the session materials (either paper, flash drive, or digital copy) will be available one week after the conference. The cost is \$65 for a hard copy, \$30 for a flash drive, and \$25 for the digital copy. To place your order, please email publications@symposiamedicus.org

CONFERENCE FACULTY

Michael Cirigliano, MD, FACP

Founder's Associate Professor in
General Internal Medicine
Perelman School of Medicine at
the University of Pennsylvania
Philadelphia, Pennsylvania

James V. Fiorica, MD, FACOG

Conference Co-Chair

Clinical Professor of Obstetrics & Gynecology
Florida State University School of Medicine
Director, Gynecologic Oncology Research
Chief Medical Officer
Sarasota Memorial Hospital
Sarasota, Florida

Gretchen Lentz, MD

Conference Co-Chair

Professor & Division Director of
Urogynecology
Department of Obstetrics & Gynecology
Adjunct Professor of Urology
University of Washington Medical Center
Associate Editor, ACOG Clinical Updates in
Women's Health Care
Seattle, Washington

Douglas S. Paauw, MD, MACP

Professor of Medicine
Department of Medicine
University of Washington
School of Medicine
Seattle, Washington

William D. Schlaff, MD

Professor & Chairman
Department of Obstetrics & Gynecology
Sidney Kimmel Medical College
Thomas Jefferson University
Philadelphia, Pennsylvania

DISCLOSURE STATEMENT

Consistent with ACCME and ANCC guidelines, it is the policy of Symposia Medicus to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, all individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Beyond disclosure of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. Symposia Medicus is committed to providing learners with commercially unbiased continuing education activities. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the session materials for this activity, and speakers will provide a slide disclosure for each presentation, and will also verbally disclose on-site.

CONFERENCE SCHEDULE

Friday, December 13

- 7:00am Registration & Check-in
During Continental Breakfast
- 8:00 **Welcome & Introduction**
Gretchen Lentz, MD
- 8:15 **Controversies in Hormone
Therapy** (Rx = 30 minutes)
James V. Fiorica, MD
- 9:00 **Life-Threatening Drug
Interactions & Side Effects**
(Rx = 45 minutes)
Douglas S. Paauw, MD, MACP
- 9:45 **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 10:15 Break
- 10:30 **Management of Abnormal
Uterine Bleeding** (Rx = 25 minutes)
James V. Fiorica, MD
- 11:15 **Urinary Tract Infections &
Other Causes of Bladder Pain**
(Rx = 30 minutes)
Gretchen Lentz, MD
- Noon **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 12:30pm Lunch Break (on your own)
- 2:00 **Polycystic Ovarian Syndrome:
Characteristics &
Controversies** (Rx = 20 minutes)
William D. Schlaff, MD
- 2:45 **Female Sexual Dysfunction
Dilemmas**
Gretchen Lentz, MD
- 3:30 **Evaluation of Breast Lumps &
Diagnosis of Breast Cancer**
(Rx = 20 minutes)
James V. Fiorica, MD
- 4:15 **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 5:00 Adjourn for the Day

Saturday, December 14

- 7:30am Continental Breakfast
- 8:00 **Hypertension: How to Deal
with the Silent Killer**
(Rx = 25 minutes)
Michael Cirigliano, MD
- 8:45 **Case Studies in Reproductive
Endocrinology & Infertility**
(Rx = 25 minutes)
William D. Schlaff, MD
- 9:30 **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 10:00 Break (hotel check-out,
if applicable)
- 10:30 **Obesity in Women: Nutrition,
Exercise, and Healthy Living**
Michael Cirigliano, MD
- 11:15 **Female Urinary Incontinence:
Diagnosis & Treatment**
(Rx = 20 minutes)
Gretchen Lentz, MD
- Noon **Medical Mythology:
Debunking Common
Medical Myths** (Rx = 15 minutes)
Douglas S. Paauw, MD, MACP
- 12:45pm **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 1:30 *Conference Adjourns*

*Rx = Pharmacology Content for Prescriptive
Authority will be granted for these sessions*

CONFERENCE REGISTRATION, LODGING, & TRAVEL INFORMATION

Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

You can register the following ways:

- On-line at our website, www.symposiamedicus.org; OR
- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 with Visa, MasterCard, American Express, or Discover; OR
- By mail, make check payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287.

Visit www.symposiamedicus.org or call (925) 969-1789 for additional questions or information.

CONFERENCE REGISTRATION INFORMATION

TUITION:	EARLY <i>If postmarked by October 4, 2019</i>	REGULAR <i>If postmarked after October 4, 2019</i>
Physicians	\$560	\$660
Residents, Nurses, PAs, & All Others	\$490	\$590

- Discounts are available for retired healthcare providers, active U.S. military, and groups of three or more. For more information, please contact Symposia Medicus prior to registering.
- Tuition includes continuing education, online access to session materials, continental breakfast on Friday and Saturday mornings, and break refreshments for conference registrants
- Conference registration will be confirmed via email

AIR TRAVEL INFORMATION

You can fly into **LaGuardia Airport (LGA)**, which is approximately 25 minutes from the hotel; **John F. Kennedy Airport (JFK)**, which is approximately 45 minutes from the hotel; or **Newark Liberty International Airport (EWR)**, which is approximately one hour from the hotel. For information on ground transportation, please visit our website.

Symposia Medicus has arranged for discount fares with **Alaska, Delta, and United airlines** for this conference. Reservations can be made either through your travel agency or through the airlines at the website or Convention Desk numbers listed below.

In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID number listed here.

Alaska Airlines	For discounts on Alaska Airlines flights, please book online at www.alaskaair.com and click on the link "Use Discount Code," located at the bottom of the "Book Flights" box. Once you click on this link, another page will appear. On this page, you will need to insert ECMC585 in the "Discount Code" box, located at the right hand side of the page.
Delta Airlines	For discounts on Delta Airlines, please visit www.delta.com , enter in your travel plans and then click on the "Advanced Search" link located below the "Passenger" box. Once you click on this link, a panel will appear and you will need to insert NMS74 in the "Meeting Code" box. For questions, please call the Delta Airlines Convention Desk at (800) 328-1111.
United Airlines	For discounts on United Airlines, please visit www.united.com and click on All Search Options, located on the bottom left corner of the "Book Travel" box. Once you click on this link, another page will appear. At the bottom of this page, you will insert ZFMB292493 in the "Promotions and Certificates" box. For questions, please call the United Airlines Convention Desk at (800) 426-1122.

HOLIDAY ENTERTAINMENT & THEATER ASSISTANCE

During this busy holiday time in New York City, it can be difficult to get theater tickets, so we have purchased a variety of theater tickets for some popular performances on Friday and Saturday evenings only (see below).

We have a limited number of tickets for each performance and anticipate they will all sell out, so we recommend you call as soon as possible. The seats are in the Orchestra or Mezzanine sections.

To order tickets, please call Symposia Medicus with a major credit card at (925) 969-1789. No ticket refunds or exchanges can be made.

Friday and/or Saturday Night Shows
Ain't Too Proud Hadestown Moulin Rouge Tootsie Radio City Music Hall Christmas Spectacular
<i>Above listed shows are subject to change and other shows may become available, please call us for more information.</i>
We strongly recommend you call for theater tickets as soon as possible, as these popular performances sell out early! You need to be registered for the conference prior to booking tickets.

CONFERENCE LODGING INFORMATION

Symposia Medicus has **conference group rates** at the **New York Hilton Midtown**.

These special rates will only be available until **Friday, November 15, 2019** and will only be available after that date on a space and rate available basis. We recommend you reserve your lodging **as soon as possible, as rooms at the conference group rates are limited and on a first come, first served basis. Rooms may sell out and/or room rates may increase prior to the release date.**

NEW YORK HILTON MIDTOWN
 1335 Avenue of the Americas
 New York, NY 10019-6078
 (Located on 6th Avenue between West 53rd and West 54th Streets)
 Phone: 1-800-HILTONS (1-800-445-8667)

Hotel accommodations are in high demand in New York City during the holiday season

RESERVE EARLY – HOTEL ROOMS AT CONFERENCE GROUP RATES SELL OUT FAST!

To make your reservation, please call **(800) 445-8667**. YOU MUST REFER TO group code **SYM19** TO RECEIVE CONFERENCE GROUP RATES.

You may also use this link to make a reservation: <https://book.passkey.com/go/de981bf0>

These group rates will also be available three days before and three days after the conference (based on availability) if you wish to extend your stay.

ROOM TYPE	GROUP RATES (SINGLE/DOUBLE OCCUPANCY)	ROOM DESCRIPTION
City Room (Floors 5-33)	\$369/night	Features a single king or queen, or two double beds, 37 inch television, on-demand entertainment, spacious work area, two telephones with voicemail, and in-room Wi-Fi capabilities.
Skyline & Premier Corner Rooms (Executive Floors 34-43) <i>(Very limited, please reserve early)</i>	\$399/night	Skyline Rooms are on higher floors of the hotel and include the same features as the City Rooms as well as upgraded bath amenities, bottled water, robes, and access to the Executive Lounge, located on the lobby level. The lounge features daily continental breakfast, hors d'oeuvres in the afternoon and evening, and continuous coffee and tea service. These rooms also offer separate ground floor check-in.

By booking your lodging using the Symposia Medicus group rates, the following items are included:
 Complimentary guest room internet; complimentary access to the fitness center; a 15% discount at Herb n' Kitchen in the hotel; and double HHonors points for all HHonors members.

TERMS & CONDITIONS

Hotel Policies

- A deposit equal to one night's room & tax is due to the hotel with major credit card upon making your reservation
- Above conference group rates are per room, per night and **do not** include the following (*subject to change*):
 - 14.75% New York State & City taxes
 - \$2.00 occupancy tax
 - \$1.50 tertiary tax
- Maximum guestroom occupancy is four, regardless of age
- Mandatory 3rd & 4th additional adult charge (19 years and older) is \$20 each, per night and will be added to the nightly room rate
- Children 18 years & younger are complimentary in room with an adult – not to exceed stated maximum occupancy
- **Bed Type Requests:** You can select one or two beds; **however, requests cannot be guaranteed until check-in**
- Rollaway beds are an additional \$35 each, for the entire length of stay (subject to availability and change). Rollaway beds are only available in king bedded rooms.
- Cribs are complimentary (subject to availability and change)
- **Check-in time is 3:00pm and check-out time is noon.** Guests arriving prior to 3:00pm will be accommodated as rooms become available.
- A 30-minute break has been allotted in our conference schedule on the last day, for those of you who need to check-out
- **Early Departure Fee:** Please confirm your scheduled departure date with the hotel at check-in. An early departure fee equal to one night's room and tax will be charged to any guest who checks-out of the hotel before their confirmed departure date.
- **Credit/Debit Card Policy:** Upon check-in, the hotel requires a credit card or debit card to ensure that funds are available. Holds are placed on your account for your entire stay; however, the amount may be immediately deducted from your account. The length of time for which these holds remain on your credit or debit account varies from bank to bank.
- **Parking:** The hotel only offers valet parking at \$70 per day with same day in/out privileges. There are other parking garages within walking distance of the hotel (prices may vary). **Note: Valet parking is \$85 per day for oversized vehicles. All rates are subject to change.**
- **Hotel cancellation policy:** Hotel cancellations must be made directly with the hotel by **November 15, 2019**. After this date, the deposit of one night plus tax will be forfeited.

Cancellation Policies

- Conference cancellations must be made **in writing (via email or mail) to Symposia Medicus** and a refund, less a 10% processing fee, will be given. No refunds will be made if cancellation is received after **November 8, 2019**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- **All cancellations must be emailed to registrar@symposiamedicus.org OR mailed to Symposia Medicus. If mailed, it must be postmarked by the date stated above.**
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.



CONFERENCE LOCATION

Manhattan is exciting at any time of the year, but in December, when the holiday season activities are at their peak, it is an experience you won't want to miss.

Few places in the world have the magnetism and thrilling pace of New York City, and our conference will be held right in the heart of it all. **Conveniently located in midtown Manhattan (1335 Avenue of the Americas – 6th Avenue, between West 53rd & West 54th Streets), the New York Hilton Midtown is just a short walk away from Broadway theaters; Radio City Music Hall; Rockefeller Center; the Museum of Modern Art; the Metropolitan Museum of Art; the Diamond District; Times Square; and Central Park.**

The great hotel location makes this weekend in New York appealing, and the outstanding theater, opera, and other live performances this holiday season make it even more enticing.

You're sure to enjoy our exciting **25th Annual Conference on Challenges in Gynecology** the exhilarating surroundings of New York City.

For our complete calendar of conferences, please visit www.symposiamedicus.org. Brochures are available approximately 8 months prior to each conference.

2019 CALENDAR OF FUTURE CONFERENCES

1503	20th Annual Fall Conference on Integrative Medicine in Women's Health	Napa, California	Sep 4-7
1505	Hot Topics in Pediatric Emergencies	Amalfi Coast & Greek Isles Cruise (<i>Celebrity Cruises – Edge</i>)	Sep 9-20
1504	30th Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 16-18
1511	27th Annual Fall Conference on Issues in Women's Health	Grand Cayman, Cayman Islands	Oct 23-26
1512	37th Annual Fall Conference on Obstetrics	Big Island, Hawaii	Nov 6-9
1514	Current Issues in OB/GYN	Danube River Cruise (<i>AMA Waterways – AmaLea</i>)	Nov 8-15
1515	Hot Topics in Urgent & Emergent Care	Danube River Cruise (<i>AMA Waterways – AmaLea</i>)	Nov 8-15
1517	25th Annual Conference on Women's Health: Care of Women Over 50	Guanacaste, Costa Rica	Nov 20-23
1520	2nd Annual Conference on Hot Topics in Urgent & Emergent Care	New York City, New York	Dec 13-14

2020 CALENDAR OF FUTURE CONFERENCES

1522	27th Annual Conference on Office GYN & Women's Health for the Primary Care Provider	Oahu, Hawaii	Feb 5-8
1523	24th Annual Winter Conference on Clinical Issues in OB/GYN	Cancun, Mexico	Feb 5-8
1529	2nd Annual Winter Conference on Hot Topics in Women's Health	Big Sky, Montana	Feb 11-15
1526	27th Annual Spring Conference on Women's Health	Tulum, Riviera Maya, Mexico	Mar 18-21
1534	7th Annual Spring Conference on Integrative Medicine in Women's Health	Napa, California	Apr 29-May 2
1531	5th Annual Conference on Challenges in Sexual Healthcare	Naples, Florida	May 13-16
1532	Hot Topics in Pediatric Emergencies	Norwegian Fjords Cruise (<i>Celebrity Cruises – Silhouette</i>)	Jun 27-Jul 4
1535	3rd Annual Conference on Challenges in Mental Healthcare for the Primary Care Provider	Napa, California	Jul 8-11
1540	27th Annual Summer Conference on Obstetrics & Gynecology	San Diego, California	Jul 8-11
1539	Current Issues in Women's Health	Alaska Cruise (<i>Celebrity Cruises – Solstice</i>)	Jul 24-31
1541	21st Annual Summer Conference on Women's Health	Paradise Island, Bahamas	Aug 5-8
1542	21st Annual Fall Conference on Integrative Medicine in Women's Health	Tucson, Arizona	Sep 9-12
1544	31st Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 14-16
1546	Challenges in Obstetrics & Gynecology	Best of Italy Cruise (<i>Celebrity Cruises – Constellation</i>)	Sep 24-Oct 3
1548	38th Annual Fall Conference on Obstetrics	Grand Cayman, Cayman Islands	Oct 14-17
1549	28th Annual Fall Conference on Issues in Women's Health	Big Island, Hawaii	Oct 21-24
1555	26th Annual Conference on Women's Health: Care of Women Over 50	Grand Cayman, Cayman Islands	Nov 18-21
1558	26th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 18-19
1559	3rd Annual Conference on Hot Topics in Urgent & Emergent Care	New York City, New York	Dec 18-19

CONFERENCE REGISTRATION FORM

Register on-line at www.symposiamedicus.org

OR COMPLETE THIS FORM & MAIL WITH APPROPRIATE PAYMENT TO:



Symposia Medicus
 399 Taylor Blvd., Suite 201
 Pleasant Hill, CA 94523-2287
 Phone: (925) 969-1789

SYMPOSIA MEDICUS

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 IN GYNECOLOGY**

NEW YORK HILTON MIDTOWN
 (Midtown Manhattan)
New York City, New York
DECEMBER 13-14, 2019

PLEASE PRINT LEGIBLY: (Show name and **one** degree as you would like it printed on your conference materials)

Registrant's Name: _____ Degree: _____
First Last

Registrant Email Address (required): _____
 All registrants must provide their individual email address in order to register for this conference. Confirmation/receipt will be emailed to this address.

Email an additional copy of my confirmation/receipt to: _____
(Provide additional email address)

Mailing Address: _____
Street City State Zip

Check if above address is: Work _____ Home _____ Provide office/workplace name here: _____

Primary Work: (_____) _____ Home: (_____) _____

Cell: (_____) _____ Fax: (_____) _____

Professional Specialty: _____

The session materials will be available (for all participants) to download from our website approximately one week before the conference.

If you prefer to **also** receive a hard copy of the session materials, please check here

#1519

TUITION:	EARLY <i>If postmarked by October 4, 2019</i>	REGULAR <i>If postmarked after October 4, 2019</i>
Physicians	\$560	\$660
Residents, Nurses, PAs, & All Others	\$490	\$590

TUITION AMOUNT DUE
\$

Payment Type: _____ Check (Please Enclose) _____ _____ _____ _____

Cardholder Name: _____
First Last

Signature: _____

Billing Address: _____
(If different from above) Street City State Zip

Card Number	Expiration Date Month/Year	Security # <small>(on front or back of card)</small>
	/	

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