



Conference Information

25th Annual Fall Conference on Women's Health: CARE OF WOMEN OVER 50 JW Marriott Guanacaste Resort & Spa | Guanacaste, Costa Rica November 20-23, 2019



We are pleased to provide the following information for our upcoming conference in Costa Rica. Upon registering, you will receive a registration receipt via email confirming your registration. If you do not receive it, please contact us. If you are registered and have not reserved your lodging at the conference location, please contact us at (925) 969-1789, Monday-Friday, 8:30am-5:00pm (Pacific Time) or email info@symposiamedicus.org.

HOTEL INFORMATION

JW MARRIOTT GUANACASTE RESORT & SPA
Hacienda Pinilla, Guanacaste, Costa Rica
Phone: +506-26812000

- **Hotel Website** - <https://goo.gl/zi5d8i>
- **Dining** - <https://goo.gl/C6pyTt>

SESSION MATERIALS

Approximately one week prior to the conference, all conference attendees will receive an email with instructions on how to download the session materials. Please make sure to download the materials before you leave for the conference.

You will also receive a booklet (via regular mail) that contains note pages, the conference schedule, and attendance/survey forms. For those who requested a paper copy of the session materials, you will receive a full, printed version in lieu of the booklet. If you reside outside of the United States, your booklet or paper session materials will be provided to you at conference check-in.

Please note - approximately **one week after** the conclusion of the conference, you will receive an email with instructions on how to download any materials that were updated and presented at the conference.

If you bring your tablet/laptop to the conference, be aware that there are no electrical outlets at the conference tables. **Make sure your tablet/laptop is fully charged each day.**

INTERNET ACCESS

Wireless internet access is complimentary in the meeting rooms.

CONFERENCE CHECK-IN

Although you are already registered, you will need to check-in and pick up the remainder of your conference materials.

Date - Wednesday, November 20
Location - Pacuare Ballroom Foyer, located on the lobby level
Time - Begins at 7:00am

REGISTRANT BREAKFAST

If you are not staying at the JW Marriott Guanacaste Resort & Spa OR did not book your lodging through Symposia Medicus and would like to have breakfast, please notify the Symposia Medicus staff when you check-in for the conference. A breakfast ticket will be given to you. Breakfast tickets are for conference participants only and can only be used on the mornings we are in conference general session (Wednesday, Thursday, and Saturday).

GENERAL SESSIONS

Location - Pacuare Ballroom, located on the lobby level
Time - Begins at 8:00am on Wednesday, Thursday, and Saturday

If you are departing on Saturday, please keep in mind that the conference ends at approximately 1:15pm and hotel check-out is at noon. You can store your luggage with the hotel while we are still in session.

GROUP RECEPTION

Please join us for this fun event, as it is a great way to become better acquainted with faculty, other participants, and their guests.

Date - Wednesday, November 20
Time - Begins at 5:30pm and concludes at 7:00pm
Location - Pool Garden, located outside, near the pool

SMALL GROUP BREAKOUTS

On Friday afternoon we will hold Small Group Breakouts from 3:00pm-4:30pm and 4:45pm-6:15pm, allowing you to attend two sessions. These sessions give you an opportunity to select subjects relating to your particular areas of interest. You are encouraged to bring cases or issues you are confronting in your clinical practice for discussion. The session number and name of the breakouts that you have pre-selected will be printed on your name badge. If you want to make changes at the conference, please see a Symposia Medicus staff member to check seating availability.

HOTEL ROOM CHARGES, FEES, AND DATE CHANGES

If you made your hotel reservations through Symposia Medicus, conference group rates are per room, per night and **do not** include taxes, mandatory housekeeping fee, or additional occupant fees. Please visit <https://bit.ly/2WXGFBX> to view full information on these fees.

DAILY BUFFET BREAKFAST

Your room rate includes daily buffet breakfast for two occupants. Children 12 years and under are free, and additional occupants, 13 years and older, are an additional \$45.00 each, per night (includes daily buffet breakfast and taxes), not to exceed maximum occupancy.

Buffet breakfast will be served daily for you and your guests at the Mansita Restaurant from 6:30-11:00am. You will check-in with the host and provide your room number. You will be asked to sign a bill at the restaurant, however, the breakfast charge for two occupants will be removed from your hotel bill when you check-out.

If you did not inform us of your room occupants at the time of registration, they may not be able to participate in the full buffet breakfast. Please contact Symposia Medicus as soon as possible, prior to arrival, to add and/or change occupants.

ADDITIONAL INFORMATION

Currency - The official currency in Costa Rica is the Costa Rican colón, however, American dollars are widely accepted.

Parking - Self and valet parking are complimentary for conference attendees.

Spa Discount - The Spa at the resort is offering a 10% discount on massages. Please let the receptionist at the spa know that you are with the Symposia Medicus group to receive the discount. Advance reservations are recommended.

Tours - We have arranged with TAM Travel, our selected tour company in Costa Rica, to provide Symposia Medicus conference attendees with tour options. To view tour information and to reserve, please visit <http://www.tamcostarica.com/symposia-medicus/>.

Participant Photos - We sometimes take photographs of our participants during conference sessions/activities (never pool/beach pictures) to use on social media and on our website. If you would NOT like to appear in any individual or group candid photos, please notify the on-site Conference Director.

Connect with others - Connect with other participants of this conference, form clinical discussions, or simply share restaurants, fun things to do, family activities, shopping, and experiences around the conference venue. Go to <http://bit.ly/FB1517>

Cancellation Policies - To view conference and/or hotel cancellation policies, please visit <https://bit.ly/2WXGFBX>

Travel & Ground Transportation Info - Please visit <https://bit.ly/2Qf03HX>

General Travel Safety Suggestions - <http://www.symedblog.org/travelsafety/>

Take Our Survey - Be entered to win tuition to the conference of your choice! <http://bit.ly/SyMedSurvey2019>