



## Travel & Ground Transportation Information

20<sup>th</sup> Annual Fall Conference on  
 Integrative Medicine in Women's Health  
 Marriott Napa Valley Hotel & Spa | Napa, California  
 September 4-7, 2019



Please see the following information on air and ground transportation. If you haven't registered for this conference, please go online to [www.symposiamedicus.org](http://www.symposiamedicus.org) to register.

If you have any questions, please do not hesitate to contact us at (925) 969-1789, Monday-Friday, 8:30am-5:00pm, (Pacific Time) or email [travel-tours@symposiamedicus.org](mailto:travel-tours@symposiamedicus.org).

### HOTEL INFORMATION

**MARRIOTT NAPA VALLEY HOTEL & SPA**  
 3425 Solano Avenue, Napa, CA 94558  
 Phone: (707) 253-8600

### AIR TRAVEL INFORMATION

Airports and their proximity to the Marriott Napa Valley Hotel & Spa are listed below:

| Airport                       | Airport Codes | Approximate Distance to Marriott Napa Valley Hotel & Spa |
|-------------------------------|---------------|--|
| Oakland International         | OAK           | 50 miles   |
| San Francisco International   | SFO           | 60 miles   |
| Sacramento International      | SMF           | 60 miles   |
| Mineta San Jose International | SJC           | 85 miles   |

Symposia Medicus has arranged for discount fares with Alaska, Delta, and United Airlines for this conference. To view more information, including airline discount codes, please visit the **Conference Registration, Lodging, and Travel Information** section of our online brochure at <https://goo.gl/o3tBBK>.

### GROUND TRANSPORTATION OPTIONS

#### **OPTION # 1 – Rental Car**

Symposia Medicus has arranged conference discounts with AVIS and Budget Car Rentals. Reservations can be made by phone, please refer to the conference codes below and the conference/airport location when making your reservations.

| Rental Company | Website  | Phone Number | Conference Code  |
|----------------|--|--------------|------------------|
| AVIS           | <a href="http://www.avis.com">www.avis.com</a>     | 800-331-1600 | AWD #<br>B766625 |
| Budget         | <a href="http://www.budget.com">www.budget.com</a> | 800-772-3773 | BCD #<br>U076767 |

For driving directions, click on the links below:

[Driving directions from Oakland International Airport \(OAK\) to Marriott Napa Valley Hotel & Spa](#)

[Driving directions from San Francisco International Airport \(SFO\) to Marriott Napa Valley Hotel & Spa](#)

[Driving directions from Sacramento International Airport \(SMF\) to Marriott Napa Valley Hotel & Spa](#)

[Driving directions from Mineta San Jose International Airport \(SJC\) to Marriott Napa Valley Hotel & Spa](#)

#### **OPTION # 2 – Shuttle Service**

- **Evans Transportation** - Please call (707) 255-1559 or visit [www.evanstransportation.com](http://www.evanstransportation.com) for more information
- **Napa Airporter** - Please call (707) 252-1900 or visit [www.napaairporter.com](http://www.napaairporter.com) for more information

#### **OPTION # 3 – Uber or Lyft**

- [www.uber.com](http://www.uber.com)
- [www.lyft.com](http://www.lyft.com)

#### **OPTION # 4 – Taxis**

- Taxis can take you directly to the Marriott Napa Valley Hotel & Spa. To estimate your fare, please visit [www.taxifarefinder.com](http://www.taxifarefinder.com).

#### **OPTION # 5 – Train Service through Amtrak**

- Please call (800) 872-7245 or visit [www.amtrak.com](http://www.amtrak.com) for more information
- Offers transportation from Oakland, San Francisco, Sacramento, and San Jose to Napa
- For reservations, rates, and times, please call them directly or visit their website listed above

#### **OPTION # 6 – San Francisco Bay Ferry/Public Transit**

- Please call (415) 705-8291 or visit <http://sanfranciscobayferry.com> for more information
- Offers ferry transportation from Oakland, San Francisco, and Alameda to Vallejo
- The Vallejo Ferry Terminal is just a block away from the Vallejo Transit Center, with connecting bus service to the Napa area
- For reservations, rates, and times, please call them directly or visit their website listed above

### PARKING

Self-parking is complimentary at the hotel. Valet parking is not available.