



## Conference Information

20<sup>th</sup> Annual Fall Conference on  
 INTEGRATIVE MEDICINE IN WOMEN'S HEALTH  
 Marriott Napa Valley Hotel & Spa | Napa, California  
 September 4-7, 2019



We are pleased to provide the following information for our upcoming conference in Napa, California. Upon registering, you will receive a registration receipt via email confirming your registration. If you do not receive it, please contact us. If you are registered and have not reserved your lodging at the conference location, please contact us at (925) 969-1789, Monday-Friday, 8:30am-5:00pm (Pacific Time) or email [info@symposiamedicus.org](mailto:info@symposiamedicus.org).

### HOTEL INFORMATION

#### **Marriott Napa Valley Hotel & Spa**

3425 Solano Avenue, Napa, California 94558  
 Phone: (707) 253-8600 | Fax: (707) 258-1320

- **Hotel's Website** - <http://goo.gl/qVd19>
- **Local Area Information** - <http://goo.gl/n7mYID>

### SESSION MATERIALS

Approximately one week prior to the conference, you will receive an email with instructions on how to download the session materials. Please make sure to download the materials before you leave for the conference, as **you will not be able to download on-site due to internet bandwidth restrictions.**

At conference check-in, you will receive a booklet that contains note pages, the conference schedule, and attendance/evaluation forms. For those who requested a paper copy of the session materials, you will receive a full, printed version in lieu of the booklet.

**Please note** - approximately one week **after** the conclusion of the conference, you will receive an email with instructions on how to download any materials that were updated and presented at the conference.

If you bring your tablet/laptop to the conference, be aware that there are no electrical outlets at the conference tables. **Make sure your tablet/laptop is fully charged each day.**

### INTERNET ACCESS

Wireless internet access is complimentary in the meeting rooms.

### CONFERENCE CHECK-IN

Although you are already registered, you will need to check-in and pick up the remainder of your conference materials.

**Date** - Wednesday, September 4

**Location** - Grand Ballroom Foyer, located on the lobby level

**Time** - Begins at 7:00am

### CONTINENTAL BREAKFAST

**Continental breakfast** will be served (**for conference participants and faculty only**) beginning at 7:00am on Wednesday and 7:30am on Thursday, Friday, and Saturday in the Grand Ballroom Foyer, located on the lobby level.

### GENERAL SESSIONS

**Location** - Grand Ballroom, located on the lobby level

**Time** - Begins at 8:00am on Wednesday, Thursday, and Saturday

If you are departing on Saturday, please keep in mind that the conference ends at approximately 1:15pm and hotel check-out is at 11:00am. You can store your luggage with the hotel while we are still in session.

### WINE & CHEESE RECEPTION

Please join us for this fun event, as it is a great way to become better acquainted with faculty, other participants, and their guests.

**Date** - Wednesday, September 4

**Location** - Pool Patio, located on the lobby level, next to the pool

**Time** - Begins at 5:30pm and ends at 6:30pm

### OPTIONAL MORNING YOGA SESSIONS

We will be holding two optional morning yoga sessions (which will not count toward your CME credits) on Thursday and Saturday mornings, facilitated by Tirun Gopal, MD. Please feel free to bring your yoga mat, as only towels will be provided.

**Dates** - Thursday, September 5 & Saturday, September 7

**Location** - Vintner's Ballroom, located on the lobby level

**Time** - Begins at 6:15am and ends at 7:15am

### SMALL GROUP BREAKOUTS

On Friday morning we will hold Small Group Breakouts. The first session is from 8:00am-9:30am and the second from 9:45am-11:15am, allowing you to attend two sessions. These sessions give you an opportunity to select subjects relating to your particular areas of interest. You are encouraged to bring cases or issues you are confronting in your clinical practice for discussion. The session number and name of the breakouts that you have pre-selected will be printed on your name badge. Locations of the breakouts will be printed in your session materials, as well as announced at the conference. If you want to make changes at the conference, please see a Symposia Medicus staff member to check seating availability.

### HOTEL ROOM CHARGES AND FEES

If you made your hotel reservations through Symposia Medicus, conference group rates are per room, per night and **do not** include taxes and assessment fees. Please visit <https://bit.ly/2UJZEII> to view full information on these charges. **The destination fee of \$20 per night is waived if you reserved your room through Symposia Medicus.**

### ADDITIONAL INFORMATION

**Parking** - Self-parking is complimentary for all hotel and non-hotel guests. Valet parking is not available.

**Spa Discount** - The Preserve Spa at the Napa Valley Marriott Hotel & Spa is offering our group a 20% discount on spa services. There will be a spa representative outside of our meeting room to answer questions and book appointments.

**Participant Photos** - We sometimes take photographs of our participants during conference sessions/activities (never pool pictures) to use in future brochures and on our website. If you would NOT like to appear in any individual or group candid photos, please notify the on-site Conference Director.

**Connect With Others** - Connect with other participants of this conference, form clinical discussions, or simply share restaurants, fun things to do, family activities, shopping, and spa experiences around the conference venue <http://bit.ly/FBsymed1503>.

**Cancellation Policies** - To view conference and/or hotel cancellation policies, please visit <https://bit.ly/2UJZEII>

**Travel & Ground Transportation Info** - Please visit <https://bit.ly/2UOGZoy>

**General Travel Safety Suggestions** - <http://www.symedblog.org/travelsafety/>

**Take Our Survey** - Be entered to win tuition to the conference of your choice! - <https://goo.gl/daTvWT>

**Questions?** - Email us at [info@symposiamedicus.org](mailto:info@symposiamedicus.org)