

Exciting News...our hotel room rates include daily buffet breakfast!

Please look inside this brochure for more details.

36th Annual Fall Conference on
OBSTETRICS

*Including topics on: Preeclampsia, Substance Abuse in Pregnancy,
Infectious Diseases, FHR Monitoring, Endocrine Emergencies,
and much more...*

**JW Marriott Guanacaste Resort & Spa
Guanacaste, Costa Rica**

OCTOBER 3-6, 2018

SPONSORED BY



*A Non-Profit Corporation for
Continuing Medical & Nursing Education*



"I would rank Symposia Medicus conferences in the top in terms of quality and application to clinical practice and I truly enjoy listening to all of your speakers." – L. Ezengau, MD

"I will only go to Symposia Medicus conferences! They are organized, professional, and fantastic!" – A. Donmyer, CNM

"As usual, this Symposia Medicus conference was clear, concise, and informative, given by experts in the field who can clearly explain the subject." – E. Takacs-di Lorenzo, MD

Register On-Line...

**for this conference or view other educational conferences at
www.symposiamedicus.org**

CONFERENCE DESCRIPTION

Our **36th Annual Fall Conference on Obstetrics** has been designed for physicians, certified nurse midwives, nurse practitioners, PAs, nurses, and other healthcare professionals who face ever-increasing challenges in the clinical diagnoses, treatment options, and new technologies involved in caring for the pregnant patient. The primary goal of this conference is to increase knowledge and enhance the competence of attendees. Emphasis will be placed on practical application of the evidence-based topics presented.

Topics for this year's conference have been selected based on the educational needs determined from the identified professional practice gaps. The gaps were derived from a variety of sources including evaluations and outcomes data from past participants; clinical expert input; Symposia Medicus' online survey; and other medical and nursing data.

Conference format will include didactic lectures, smaller group breakout and interactive sessions, case studies, and question and answer sessions.

An outstanding faculty has been assembled for this conference. Each member was selected based on their individual area of expertise and ability to communicate current, evidence-based, and practical information to participants.

You are sure to enjoy our **36th Annual Fall Conference on Obstetrics** while sharing ideas and experiences with colleagues from across the country in the beautiful setting of Costa Rica.

CONFERENCE OBJECTIVES

As a result of participating in this conference, you should have increased knowledge and enhanced competence to...

- Implement prevention strategies for surgical site infection and sepsis
- Interpret umbilical cord gases and base deficit
- Review EFM strips and apply categories of FHR patterns
- Assess risks and management strategies associated with the short cervix
- Diagnose and manage intrauterine growth restriction

ATTENDEE REQUIREMENTS

At the conclusion of attending this conference, participants are entitled to a certificate of credit which will be available online. Successful completion of this activity is determined by attending the live activity, review of the educational session materials, and submission of the case study test, evaluations, and attendance verification form. Each participant should only claim credit commensurate with the extent of their participation in the activity.

ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

Symposia Medicus is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

CONTINUING EDUCATION CREDIT

Physicians

Symposia Medicus designates this live activity for a maximum of **18 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACOG

The American College of Obstetricians and Gynecologists has assigned up to 18 cognate credits to this program.

AAFP

This Live activity, 36th Annual Fall Conference on Obstetrics, with a beginning date of 10/03/2018, has been reviewed and is acceptable for up to 18.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Certified Nurse Midwives

The **American Midwifery Certification Board (AMCB)** accepts Category 1 CME approval from organizations accredited by the ACCME.

PAs

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 18 hours of Category 1 credit for completing this program.

Nurse Practitioners/Nurses

The **ANCC** contact hours awarded for completion of this conference are 18.

Provider is also approved by the **California Board of Registered Nursing**, Provider #CEP2335, for 21.6 contact hours.

Pharmacology Credit for Prescriptive Authority

A maximum of 2.25 hours in pharmacology credit for prescriptive authority may be earned by attending this educational conference. Sessions awarding pharmacology credit for prescriptive authority are denoted with an Rx in the schedule.

SMALLER GROUP BREAKOUT SESSIONS

Smaller group sessions will be held Friday afternoon. These breakout sessions are organized to provide **greater participant/faculty interaction**, and will give you an opportunity to participate in discussions on subjects relating to your particular area of interest. Please indicate your breakout session topic choices on the conference registration form in this brochure. Space is limited so please reserve early.

EDUCATIONAL RESOURCES

Each registrant will have online access to session materials. **The session materials will be available for download approximately two weeks prior to the conference (you'll receive an email with instructions)**. If you wish to receive a hard copy of the session materials, please check the box on the registration form in this brochure.

If you are unable to attend this conference, extra copies of the session materials (either paper or digital copy) will be available one week after the conference. The cost is \$60 for a hard copy and \$25 for the digital copy. To place your order, please email publications@symposiamedicus.org.

GROUP TOURS / GROUND TRANSPORTATION

Tours are available for participants and guests. You may visit the following website for more information: <http://www.tamcostarica.com/symposia-medicus>

CONFERENCE FACULTY

John Barton, MD, FACOG

Conference Co-Chair

Associate Professor, Department of OB/GYN
University of Kentucky
Director, Maternal-Fetal Medicine
Baptist Health Lexington
Lexington, Kentucky

Cornelia (Connie) Graves, MD, FACOG

Conference Co-Chair

Professor, University of Tennessee
Medical Director
Tennessee Maternal-Fetal Medicine
Director of Perinatal Services
St. Thomas Health Systems
Clinical Professor, Vanderbilt University
Adjunct Professor, Meharry Medical College
Nashville, Tennessee

Suzanne McMurtry Baird, DNP, RN

Owner & Director of Nursing
Clinical Concepts in Obstetrics, LLC
Maternal Quality Improvement Specialist
Tennessee Initiative for
Perinatal Quality Care
Nashville, Tennessee

Errol Norwitz, MD, PhD, MBA

Louis E. Phaneuf Professor of
Obstetrics & Gynecology
Tufts University School of Medicine
Chairman, Department of
Obstetrics & Gynecology
Tufts Medical Center
Boston, Massachusetts

Julian Robinson, MD

Associate Professor in Obstetrics,
Gynecology, and Reproductive Biology Chief,
Obstetrics
Brigham and Women's Hospital
Harvard Medical School
Boston, Massachusetts

DISCLOSURE STATEMENT

Consistent with ACCME and ANCC guidelines, it is the policy of Symposia Medicus to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, all individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Beyond disclosure of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. Symposia Medicus is committed to providing learners with commercially unbiased continuing education activities. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the session materials for this activity, and speakers will provide a slide disclosure for each presentation, and will also verbally disclose on-site.

CONFERENCE SCHEDULE

Wednesday, October 3

- 7:00am Registration & Check-in
- 8:00 **Welcome & Introduction**
Connie Graves, MD
- 8:15 **The Role of the Hospitalist in Labor & Delivery**
John Barton, MD
- 9:00 **How to Interpret Cord Blood Gases**
Errol Norwitz, MD, PhD, MBA
- 9:45 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:15 Break
- 10:30 **Pregnancy in Patients with Cancer**
(Rx = 15 minutes)
Connie Graves, MD
- 11:15 **Management of Monochorionic Twins**
(Rx = 15 minutes)
Julian Robinson, MD
- Noon **FHR Monitoring: What Category Is It & What Do I Need to Do About It?**
Suzanne McMurtry Baird, DNP, RN
- 12:45pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:30 Adjourn for the Day
- 5:30-7:00 Group Reception
(Faculty, Participants, and Guests)

Thursday, October 4

- 8:00am **Infectious Diseases in Pregnancy**
(Rx = 15 minutes)
Connie Graves, MD
- 8:45 **Optimal Timing of Delivery: Should It Be 39 Weeks & Out?**
Errol Norwitz, MD, PhD, MBA
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break
- 10:15 **The Short Cervix: The Myth & the Evidence**
Connie Graves, MD
- 11:00 **Management of Preeclampsia**
(Rx = 10 minutes)
Errol Norwitz, MD, PhD, MBA
- 11:45 **Endocrine Emergencies in the Pregnant Patient** (Rx = 15 minutes)
Julian Robinson, MD
- 12:30pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:15 Adjourn for the Day

Friday, October 5

- 3:00pm **Smaller Group Breakouts – Session One**
- A. **Obesity in Pregnancy**
Errol Norwitz, MD, PhD, MBA
- B. **Maternal Mortality: Case Studies**
Suzanne McMurtry Baird, DNP, RN
- C. **Substance Abuse: The Changing Landscape**
Connie Graves, MD
- D. **Prenatal Screening in Obstetrics: Current Considerations**
John Barton, MD
- 4:30 Break
- 4:45 **Smaller Group Breakouts – Session Two**
(Session One Topics Repeated)
- 6:15 Adjourn for the Day

Saturday, October 6

- 8:00am **Management of Sepsis & Septic Shock in Pregnancy** (Rx = 20 minutes)
John Barton, MD
- 8:45 **When Trauma Occurs in Pregnancy**
Suzanne McMurtry Baird, DNP, RN
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break (hotel check-out, if applicable)
- 10:15 **Pregnancy in the Patient Over 35 Years Old**
John Barton, MD
- 11:00 **Diagnosis & Management of Intrauterine Growth Restriction** (Rx = 15 minutes)
Julian Robinson, MD
- 11:45 **Use of Oxytocin: Guidelines & Controversies** (Rx = 30 minutes)
Suzanne McMurtry Baird, DNP, RN
- 12:30pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:15 *Conference Adjourns*

Rx = Pharmacology Credit for Prescriptive Authority will be granted for these sessions

CONFERENCE REGISTRATION, LODGING, & TRAVEL INFORMATION

Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

You can register and receive conference lodging group rates by reserving the following ways:

- On-line at our website, www.symposiamedicus.org; OR
- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 with Visa, MasterCard, American Express, or Discover; OR
- By mail, make check payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287

Visit www.symposiamedicus.org or call (925) 969-1789 for additional questions or information.

CONFERENCE REGISTRATION INFORMATION

TUITION:	EARLY <i>If postmarked by July 25, 2018</i>	REGULAR <i>If postmarked after July 25, 2018</i>
Physicians	\$675	\$775
Residents, Nurses, PAs & All Others	\$575	\$675

- Discounts are available for retired healthcare providers, active U.S. military, and groups of three or more. For more information, please contact Symposia Medicus prior to registering.
- Tuition includes continuing education, online access to session materials, and break refreshments for conference registrants. Tuition also includes group reception for faculty, registrants, and their guests.
- Conference registration will be confirmed via email

AIR TRAVEL INFORMATION

The **JW Marriott Guanacaste Resort & Spa** is located in Guanacaste, in the northwest area of Costa Rica. You can fly into **Daniel Oduber Quirós International Airport (LIR** - known as Liberia International Airport), which is an approximate 1-¼ hour drive to the hotel; however, lower fares can often be found by flying into **Juan Santamaría International Airport (SJO)**, located in Costa Rica's capital city of San Jose, which is an approximate 4-5 hour drive to the hotel.

Symposia Medicus has arranged for discount fares with **Delta and United airlines** for this conference. Reservations can be made either through your travel agency or through the airlines website or Convention Desk numbers listed below.

Airlines that fly into Daniel Oduber Quirós International Airport (LIR - Guanacaste) and Juan Santamaría International Airport (SJO - San Jose):

Delta Airlines	For discounts on Delta Airlines, please visit www.delta.com and click on the link "Advanced Search," located at the bottom of the "Book a Trip" box. Once you click on this link, another page will appear. On this page, you will need to insert NMQC4 in the "Meeting Event Code" box, located at the right hand side of the page. For questions, please call the Delta Airlines Convention Desk at (800) 328-1111.
United Airlines	For discounts on United Airlines, please visit www.united.com and click on All Search Options, located on the bottom left corner of the "Book Travel" box. Once you click on this link, another page will appear. At the bottom of this page, you will insert ZE2C279455 in the "Promotions and Certificates" box. For questions, please call the United Airlines Convention Desk at (800) 426-1122.

Other airlines that fly into Daniel Oduber Quirós International Airport (Guanacaste) and Juan Santamaría International Airport (San Jose) - No conference discounts available:

American Airlines	(800) 433-7300	www.aa.com
Jet Blue Airlines	(800) 538-2583	www.jetblue.com

GROUND TRANSPORTATION

Transportation is available for either airport through TAM Travel. For more information, please visit: <http://www.tamcostarica.com/symposia-medicus>.

Please note: If you are flying to/from the San Jose airport, you will need to overnight there due to the long drive between the airport and the hotel.

CONFERENCE LODGING INFORMATION

Conference group rates have been arranged at the **JW Marriott Guanacaste Resort & Spa**. **Rooms at our group rates are limited** and on a first come, first served basis. **PLEASE RESERVE EARLY** as rooms may sell out and/or room rates may increase. **If you wish to extend your stay**, group rates may be available three days before and three days after the conference.

Two nights' deposit (room rate only) must accompany your reservation. The balance of your lodging, hotel fees as stated below, and all incidental charges are due to the hotel. The hotel accepts most major credit cards.

GROUP RATES STATED BELOW INCLUDE DAILY BUFFET BREAKFAST FOR TWO PEOPLE

Room Type/View	Group Rates (Single/Double)	Description
Garden View	\$185/night	All rooms are 556 sq. ft. and have either a king or two double beds. Each room offers a closet, flat screen TV, iPod docking station, Marriott's luxury bedding, mini bar, iron & ironing board, in-room safe, work desk, hair dryer, coffee maker, and terrace or balcony. Rooms only differ by the view and floor they are in within the hotel.
Ocean View	\$235/night	
Ocean Front	\$275/night	

By booking your lodging with Symposia Medicus, you will receive the following on a complimentary basis: in-room and resort-wide internet access, self and valet parking, use of the fitness center, and nightly turn down service.

TERMS & CONDITIONS

Hotel Policies

- Above conference group rates are per room, per night and **do not** include the following (*subject to change*):
 - 13% sales tax
 - \$7.00 mandatory housekeeping fee
- Maximum guestroom occupancy is four, regardless of age (no exceptions)
- Mandatory additional occupant charge (13 years and over) is \$45.00 per person, per night (includes daily buffet breakfast and taxes)
- Children 12 years and under are complimentary (includes daily buffet breakfast and taxes)
- **Rollaways & Cribs:** Rollaway beds and cribs are both complimentary (based on availability and subject to change)
- **Check-in time is 3:00pm and check-out time is noon.** A late check-out can only be confirmed on the date of departure by the front desk. Additional charges may apply for late check-outs and are based upon availability.
- **Credit/Debit Card Policy:** Upon check-in, the hotel requires a credit card or debit card to ensure that funds are available. Holds are placed on your account for your entire stay; however, the amount may be immediately deducted from your account. The length of time for which these holds remain on your credit or debit account varies from bank to bank.
- **Parking:** Valet and self-parking are complimentary when booking with Symposia Medicus

Cancellation Policies

- Conference cancellations must be made **in writing (via email or mail) to Symposia Medicus** and a refund, less a 10% processing fee, will be given. No refunds will be made if cancellation is received after **August 29, 2018**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- Per our hotel contract, hotel reservation cancellations must be made **in writing to Symposia Medicus** and you will receive a full refund if emailed/postmarked by **August 1, 2018**. Between **August 2, 2018** and **August 29, 2018**, one night's deposit is forfeited. After **August 29, 2018**, no hotel refunds can be made.
- **All cancellations must be emailed to registrar@symposiamedicus.org OR mailed to Symposia Medicus. If mailed, it must be postmarked by the dates stated above.**
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition and, if reservation was made with Symposia Medicus, hotel deposit refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.



CONFERENCE LOCATION

Beautiful Costa Rica (bordered by the Caribbean to the east, the Pacific Ocean to the west, and Panama to the south) is a democratic country where **peace is the most precious possession of its people**. Costa Rica is known for its white sand beaches, beautiful sunsets, mountainous plains, numerous national parks, tropical forests, and wildlife reserves, all protected through renowned conservation efforts. It is a country with modern goods and services, combined with exotic charm.

Our conference resort, the **JW Marriott Guanacaste Resort & Spa**, is within driving distance to tourist attractions such as Arenal Volcano National Park (80 miles northwest of San Jose) and Monteverde Cloud Forest Reserve (110 miles north of San Jose).

Located on Mansita Beach in Hacienda Pinilla, the **JW Marriott Guanacaste Resort & Spa is on the northwest coast of Costa Rica in the province of Guanacaste**. With five beaches, a championship golf course, an equestrian center, a world-class spa and more, your experience will be unforgettable.

During conference breaks, you can also venture out of the resort and experience various activities such as **horseback riding, fishing, national park tours, river floating, canoeing, snorkeling, ATV tours, scuba diving, and a zip line canopy excursion through the rain forest**.

Costa Rica is truly a paradise for those who are in search of a combination of beauty, history, culture, and both land and water sports. Costa Rica's exotic setting, combined with our **36th Annual Fall Conference on Obstetrics**, make this an opportunity you won't want to miss.

For our complete calendar of conferences, please visit www.symposiamedicus.org. Brochures are available 6-8 months prior to the conference.

2018 CALENDAR OF FUTURE CONFERENCES

1446	25th Annual Spring Conference on High Risk Obstetrics	Los Cabos, Mexico	Mar 7-10
1447	25th Annual Spring Conference on Women's Health	St. Kitts, Caribbean	Mar 7-10
1454	3rd Annual Conference on Challenges in Sexual Healthcare	Napa, California	May 9-12
1452	23rd Annual Conference on High Risk & Critical Care Obstetrics	New Orleans, Louisiana	May 10-12
1457	Challenges in Mental Healthcare for the Primary Care Provider	Napa, California	Jul 11-14
1458	19th Annual Summer Conference on Women's Health	Big Island, Hawaii	Jul 11-14
1459	Hot Topics in Pediatric Emergencies	Alaska Cruise (<i>Celebrity Cruises – Solstice</i>)	Jul 27-Aug 3
1462	25th Annual Summer Conference on Obstetrics & Gynecology	Naples, Florida	Aug 1-4
1464	29th Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 17-19
1467	Challenges in Obstetrics & Gynecology	Mediterranean/Adriatic Cruise (<i>Celebrity Cruises – Constellation</i>)	Sep 18-27
1466	32nd Annual Fall Conference on High Risk Obstetrics	San Francisco, California	Sep 20-22
1468	Current Issues in Women's Health	Rhine River Cruise (<i>AMA Waterways – AmaStella</i>)	Oct 29-Nov 5
1473	Hot Topics in Pediatric Emergencies	Rhine River Cruise (<i>AMA Waterways – AmaStella</i>)	Oct 29-Nov 5
1471	26th Annual Fall Conference on Issues in Women's Health	Maui, Hawaii	Oct 31-Nov 3
1475	25th Annual Fall Conference on Challenges in Taking Care of the High Risk Pregnancy	Naples, Florida	Nov 14-17
1479	24th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 14-15



CONFERENCE & LODGING REGISTRATION FORM

Register on-line at www.symposiamedicus.org

OR COMPLETE THIS FORM AND MAIL WITH APPROPRIATE PAYMENT TO:



Symposia Medicus
 399 Taylor Blvd., Suite 201
 Pleasant Hill, CA 94523-2287
 Phone: (925) 969-1789

SYMPOSIA MEDICUS
 36th Annual Fall Conference on
OBSTETRICS
JW Marriott Guanacaste
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OCTOBER 3-6, 2018

(How name and one degree as you would like it printed on your conference materials):

Registrant's Name: _____ Degree: _____
First Last

Registrant Email Address (required): _____

All registrants must provide their individual email address in order to register for this conference. Confirmation/receipt will be emailed to this address.

Email an additional copy of my confirmation/receipt to: _____

(Provide additional email address)

Mailing Address: _____
Street City State Zip

Check if above address is: Work _____ Home _____ Provide office/workplace name here: _____

Primary Work: (_____) _____ Home: (_____) _____

Cell: (_____) _____ Fax: (_____) _____

Professional Specialty: _____

The session materials will be available (for all participants) to download from our website approximately two weeks before the conference.

If you prefer to also receive a hard copy of the session materials, please check here

FRIDAY BREAKOUT PREFERENCE (Please refer to schedule and select one breakout for each session):

Session One: ___ A ___ B ___ C ___ D Session Two: ___ A ___ B ___ C ___ D

#1469

LODGING RESERVATIONS

Please reserve accommodations at the JW Marriott Guanacaste Resort & Spa for:

Arrival: _____ / _____ / _____ Departure: _____ / _____ / _____
Month Day Year Month Day Year

GROUP RATES are for single/double occupancy and INCLUDE DAILY BUFFET BREAKFAST:

✓	TYPE OF ROOM	GROUP RATES (Single/Double)
	Garden View – King Bed	\$185/night
	Garden View – Two Double Beds	
	Ocean View – King Bed	\$235/night
	Ocean View – Two Double Beds	
	Ocean Front – King Bed	\$275/night
	Ocean Front – Two Double Beds	

- Conference Group Rates **do not** include the following (subject to change):
 - 13% sales tax
 - \$7.00 mandatory housekeeping fee
- Maximum guestroom occupancy is four, regardless of age (no exceptions)
- Mandatory additional occupant charge (13 years and over) is \$45.00 per person, per night (includes daily buffet breakfast and taxes)
- Children 12 years and under are complimentary (includes daily buffet breakfast and taxes)

Names of Room Occupants (and ages, if children) _____

Please circle names of the room occupants (other than you) who are registered for this conference

Other Comments/Requests _____

TUITION AMOUNT DUE	TWO NIGHTS' LODGING DEPOSIT - ROOM RATE ONLY <small>(Balance of hotel charges will be due to hotel)</small>	ADDITIONAL LODGING DEPOSIT <small>(If you wish to include an additional amount for lodging, please state here)</small>	TOTAL
\$ _____	\$ _____	\$ _____	\$ _____

Payment Type (Please Check One): _____ Check (Please Enclose)



Cardholder Name: _____ Signature: _____
First Last

Billing Address: _____
(If different from above) Street City State Zip

Card Number	Expiration Date Month/Year	Security # <small>(on front or back of card)</small>
_____	____/____	_____

By registering, you agree to the Terms & Conditions as stated in this brochure.

Please note that all information contained in this brochure is subject to change without notice.

ALL INFORMATION PROVIDED BY REGISTRANTS WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS.

