



## Conference Information

### CURRENT ISSUES IN WOMEN'S HEALTH

Enchanting Rhine River Cruise | Aboard the AmaWaterways® AmaStella  
October 29 – November 5, 2018



We are pleased to provide the following information for our upcoming conference aboard the AmaWaterways® AmaStella ship. Upon registering, you will receive a registration receipt via email confirming your registration. If you do not receive it, please contact us. If you are registered and have not reserved your cabin, please contact us at (925) 969-1789, Monday-Friday, 8:30am-5:00pm (Pacific Time) or email [cruiseinfo@symposiamedicus.org](mailto:cruiseinfo@symposiamedicus.org).

#### CRUISE INFORMATION

AmaWaterways® | AmaStella

Website - <https://www.amawaterways.com/>

Stateroom Features and Amenities

- <https://www.amawaterways.com/ships/amastella-river-cruise-ship>

#### CRUISE DOCUMENTS/ONLINE CHECK-IN

Approximately 2-3 weeks prior to the sail date, you will receive a package with your cruise documents.

In order to expedite the pier check-in process, please complete your check-in online at <https://www.amawaterways.com/my-trip/cruise-check-in> **no later than October 19, 2018 (10 days prior to the start of the cruise)**. Please have your passport and reservation number available when processing your online check-in. This information is needed before you get on the ship.

#### MISCELLANEOUS CRUISE INFORMATION

To view information on the cruise terminal, ground transportation, passport requirements, inoculations, and pregnancy policy, please visit <https://goo.gl/GEp3Ph>.

#### SESSION MATERIALS

Approximately two weeks prior to the conference, you will receive an email with instructions on how to download the session materials. Please make sure to download the materials before you leave for the conference, as **you will not be available to download on-site due to Internet bandwidth restrictions**.

You will also receive a booklet (via regular mail) that contains note pages, the conference schedule, and attendance/evaluation forms. For those who requested a paper copy of the session materials, you will receive a full, printed version in lieu of the booklet.

**Please note** - approximately one week **after** the conclusion of the conference, you will receive an email with instructions on how to download any materials that were updated and presented at the conference.

#### CONFERENCE CHECK-IN & WELCOME RECEPTION

Although you are already registered, you will need to check-in and pick up the remainder of your conference materials.

You can check-in on Monday, October 29, at our Welcome Reception beginning at 6:00pm, or on Tuesday, October 30 beginning at 1:30pm, prior to the start of the conference.

Location – TBA

#### GENERAL SESSIONS

Location – TBA

**Time** - Begins at 2:00pm on Tuesday, October 30, 2:00pm on Thursday, November 1, 1:00pm on Friday, November 2, and 8:00am on Sunday, November 4.

#### BEVERAGES ONBOARD SHIP

Water onboard the ship is suitable for drinking and bottled water is restocked in your cabin on a daily basis. Specialty coffees and teas are available free of charge any time of day and night via a self-serve machine in the Main Lounge. At lunch and dinner, fine wines, beer, soft drinks, and specialty coffees and teas are available on an unlimited and complimentary basis. Soft drinks and alcoholic beverages are also available outside of meal times for an additional charge (gratuities are at your discretion).

#### DINING ABOARD SHIP

AmaWaterways® expert chefs craft menus that feature exquisite, locally-inspired cuisine as well as traditional, Western offerings. At breakfast, sip sparkling wine as you partake in the buffet with fresh pastries, or opt for something made-to-order from the menu. For lunch head to the restaurant for full menu service and high-quality regional wine or beer. Dinner is a multi-course affair with wine recommendations that accompany visually stunning, delicious dishes.

The Executive Chef, Primus Perchtold, is the winner of three gold medals at the European Championship of Culinary Art and oversees the menus aboard every AmaWaterways® cruise in Europe. You will find one of his recipes on your pillow each night, just in case you want to recreate his culinary magic at home.

Special dietary requests must be provided to Symposia Medicus at time of booking. An effort will be made to meet the request, but AmaWaterways® cannot assure the request can be accommodated.

For additional information, please visit <http://amawaterways.com/explore/onboard-dining>.

#### ADDITIONAL INFORMATION

**Passenger Ticket Contract** - Please

visit <https://www.amawaterways.com/passenger-ticket-contract> to review the Passenger Ticket Contract.

**Carry-On Bag** – Always carry prescription drugs, jewelry, and other valuables in your carry-on bag. Also, we suggest bringing an overnight bag for your last night at sea. Your stateroom attendant will collect your baggage the morning of departure, and you may want a bag in which to carry your night clothes, toiletries, and/or valuable items.

**Participant Photos** - We sometimes take photographs of our participants during conference sessions/activities (never pool pictures) to use on social media and on our website. If you would NOT like to appear in any individual or group candid photos, please notify the on-site Conference Director.

**Connect with others** - Connect with other participants of this conference, form clinical discussions, or simply share restaurants, fun things to do, family activities, shopping, and experiences around the conference venue. Go to <https://goo.gl/qzemC3>

**General Travel Safety Suggestions**

- <http://www.symedblog.org/travelsafety/>

**Take Our Survey** – Be entered to win tuition to the conference of your choice! <https://goo.gl/daTwwT>

**Questions?** - Email us at [cruiseinfo@symposiamedicus.org](mailto:cruiseinfo@symposiamedicus.org)