

19<sup>TH</sup> ANNUAL FALL CONFERENCE ON

# Integrative Medicine in Women's Health

*Including topics on: Acupuncture, Depression, Yoga,  
Cancer Prevention, Meditation, Functional Medicine, and much more...*

HILTON SEDONA RESORT AT BELL ROCK  
**SEDONA, ARIZONA**  
**SEPTEMBER 12-15, 2018**

SPONSORED BY



*A Non-Profit Corporation for  
Continuing Medical & Nursing Education*



*"I thoroughly enjoyed the information on integrative women's healthcare. There was quality medical data and great information on holistic modalities that may not have as much data. This was an amazing conference!"*

*– A. C. Parks, MD*

*"This is the first Symposia Medicus conference that I've attended. I enjoyed all the topics discussed as I believe in integrative medicine. I enjoyed the beautiful location." – S. Loo, BSN*

*"The staff at Symposia Medicus is tremendous! The speakers were energetic, pleasant, and very informative. They were quite personable and approachable, which was such a delightful aspect of the meeting. All the meetings are so wonderful. They open up our travel experiences in such a positive way!" – J. Wright, MD*

**Register On-Line...**

**for this conference or view other educational conferences at  
[www.symposiamedicus.org](http://www.symposiamedicus.org)**

## CONFERENCE DESCRIPTION

Integrative Medicine focuses on the mind and body as a whole and the importance of the relationship between practitioner and patient. Our **19<sup>th</sup> Annual Fall Conference on Integrative Medicine in Women's Health** is designed to take an in-depth look at how to achieve optimal health and healing for female patients through a variety of complementary alternative treatment modalities and provide mainstream medical and nursing professionals with evidence-based data. Emphasis will be placed on practical application of the topics presented.

Topics for this year's conference have been selected based on the educational needs determined from the identified professional practice gaps. The gaps were derived from a variety of sources including evaluations and outcomes data from past participants; clinical expert input; Symposia Medicus' online survey; and other medical and nursing data.

Conference format will include didactic lectures, smaller group breakout and interactive sessions, case studies, and question and answer sessions.

An outstanding faculty has been assembled for this conference. Each member was selected based on their individual area of expertise and ability to communicate current, evidence-based, and practical information to participants.

You are sure to enjoy our **19<sup>th</sup> Annual Fall Conference on Integrative Medicine in Women's Health** while sharing ideas and experiences with colleagues from across the country in the beautiful setting of Sedona.

## CONFERENCE OBJECTIVES

As a result of participating in this conference, you should have increased knowledge and enhanced competence to...

- Discuss the physiologic changes of PCOS and its effects on health
- Identify which acupuncture techniques can relieve pelvic pain
- Determine the most effective benefits of yoga for your patients
- Discern which patients may benefit from non-pharmacological treatment for anxiety
- Identify the causes, signs, and symptoms of dyspepsia, bloating, and other functional gastrointestinal disorders

## ATTENDEE REQUIREMENTS

At the conclusion of attending this conference, participants are entitled to a certificate of credit which will be available online. Successful completion of this activity is determined by attending the live activity, review of the educational session materials, and submission of the pre/post case study survey, evaluations, and attendance verification form. Each participant should only claim credit commensurate with the extent of their participation in the activity.

## ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

*Symposia Medicus is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*

## CONTINUING EDUCATION CREDIT

### Physicians

Symposia Medicus designates this live activity for a maximum of *18.25 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ACOG

Application has been made with the **American College of Obstetricians & Gynecologists (ACOG)** for cognates, Formal Learning. **Please check our website for updated credit information.**

### AAFP

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending. Please check our website for updated credit information.**

### Certified Nurse Midwives

The **American Midwifery Certification Board (AMCB)** accepts Category 1 CME approval from organizations accredited by the ACCME.

### PAs

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 18.25 hours of Category 1 credit for completing this program.

### Nurse Practitioners/Nurses

The **ANCC** contact hours awarded for completion of this conference are 18.25.

Provider is also approved by the **California Board of Registered Nursing**, Provider #CEP2335, for 21.9 contact hours.

## SMALLER GROUP BREAKOUT SESSIONS

Smaller group sessions will be held Friday afternoon. These breakout sessions are organized to provide **greater participant/faculty interaction**, and will give you an opportunity to participate in discussions on subjects relating to your particular area of interest. **Please indicate your breakout session topic choices on the conference registration form in this brochure.** Space is limited so please reserve early.

## EDUCATIONAL RESOURCES

Each registrant will have online access to session materials. **The session materials will be available for download approximately two weeks prior to the conference (you'll receive an email with instructions).** If you wish to receive a hard copy of the session materials, please check the box on the registration form in this brochure.

If you are unable to attend this conference, extra copies of the session materials (either paper or digital copy) will be available one week after the conference. The cost is \$60 for a hard copy and \$25 for the digital copy. To place your order, please email [publications@symposiamedicus.org](mailto:publications@symposiamedicus.org).

## NEARBY ATTRACTIONS/GROUND TRANSPORTATION

To receive additional information about the conference hotel, location, tours and/or nearby attractions, and ground transportation, please visit our website at [www.symposiamedicus.org](http://www.symposiamedicus.org).

## CONFERENCE FACULTY

### Judi Bar, E-RYT 500, C-IAYT

Yoga Program Manager  
Employee Wellness  
Centers for Integrative & Lifestyle Medicine  
Reiki Master  
Director & Lead Instructor of Cleveland Clinic  
School of Yoga  
Wellness Yoga, Meditation  
Mindfulness Instructor  
Yoga Specialist  
Cleveland Clinic  
Cleveland, Ohio

### Lyla J. Blake-Gumbs, MD, MPH

Staff Physician  
Assistant Professor  
Center for Functional Medicine  
Cleveland Clinic  
Cleveland, Ohio

### Iman Majd, MD, MS, L.Ac.

**Conference Co-Chair**  
Faculty, Department of Family Medicine  
University of Washington  
UW Physicians Network  
UW Neighborhood Clinics  
Seattle, Washington

### Daphne Miller, MD

Associate Clinical Professor  
Department of Family & Community Medicine  
University of California, San Francisco  
Private Family Practice  
San Francisco, California

### Brenda Powell, MD, ABOIM

**Conference Co-Chair**  
Integrative Family Medicine  
Co-Medical Director  
Tanya I. Edwards Center for  
Integrative Medicine  
Wellness Institute - Cleveland Clinic  
Cleveland, Ohio

#### DISCLOSURE STATEMENT

Consistent with ACCME and ANCC guidelines, it is the policy of Symposia Medicus to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, all individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Beyond disclosure of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. Symposia Medicus is committed to providing learners with commercially unbiased continuing education activities. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the session materials for this activity, and speakers will provide a slide disclosure for each presentation, and will also verbally disclose on-site.

## CONFERENCE SCHEDULE

### Wednesday, September 12

- 7:00am Registration & Check-in  
During Continental Breakfast
- 8:00 **Welcome & Introduction**  
Brenda Powell, MD
- 8:15 **Inflammation, the Quiet Evil: Review of the Inflammatory Pathway, Effects on the Body, and What Supplements & Herbs to Use**  
Iman Majd, MD, MS, L.Ac.
- 9:15 **Metabolic Syndrome: Diet, Herbs, and Lifestyle**  
Brenda Powell, MD
- 10:00 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 10:30 Break
- 10:45 **Introduction to East Asian Medicine & Acupuncture**  
Iman Majd, MD, MS, L.Ac.
- 11:45 **Use of Functional Medicine in Cancer Prevention & Treatment**  
Lyla J. Blake-Gumbs, MD, MPH
- 12:30pm **The Benefits of Yoga**  
Judi Bar, E-RYT 500
- 1:15 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 1:45 Adjourn for the Day
- 5:30- Group Reception  
6:30 (Faculty, Participants, and Guests)

### Thursday, September 13

- 7:30am Continental Breakfast
- 8:00 **Aunt Flo & Cousin Red: Managing PCOS & Other Menstrual Disturbances**  
Brenda Powell, MD
- 8:45 **Anxiety Disorders in Women's Health**  
Lyla J. Blake-Gumbs, MD, MPH
- 9:30 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Beyond Medications: The Integrative Approach to Depression & Insomnia**  
Brenda Powell, MD
- 11:00 **Meditation: Change Your Thoughts, Change Your Brain**  
Lyla J. Blake-Gumbs, MD, MPH
- 11:45 **Introduction to Reiki**  
Judi Bar, E-RYT 500

- 12:30pm **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 1:15 Adjourn for the Day

### Friday, September 14

- 3:00pm **Smaller Group Breakouts – Session One**
- A. **Consulting with Cheech & Chong: Understanding the Action & Use of Medical Marijuana & Hemp**  
Brenda Powell, MD
- B. **Yoga: Poses for Various Women's Health Issues**  
Judi Bar, E-RYT 500
- C. **Acupuncture: Hands-on Demonstration on Pain Management & How to Formulate a More Comprehensive Therapy**  
Iman Majd, MD, MS, L.Ac.
- D. **Nutrition Counseling in 20 Minutes (or Less)**  
Daphne Miller, MD
- 4:30 Break
- 4:45 **Smaller Group Breakouts – Session Two (Session One Topics Repeated)**
- 6:15 Adjourn for the Day

### Saturday, September 15

- 7:30am Continental Breakfast
- 8:00 **Functional Gastrointestinal Disorders (FBDs): A Non-Pharmacological Approach**  
Daphne Miller, MD
- 8:45 **An Integrative Approach to Pelvic Pain**  
Iman Majd, MD, MS, L.Ac.
- 9:30 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 10:00 Break (hotel check-out, if applicable)
- 10:15 **Supplements for Perimenopause & Beyond: Where Is the Evidence?**  
Daphne Miller, MD
- 11:00 **Preventing Caregiver Burnout: A Focus of Self-Care & Getting Your Mojo Back**  
Lyla J. Blake-Gumbs, MD, MPH
- 11:45 **Farmacology: Why Soil & Farms Are the Foundation of Our Health**  
Daphne Miller, MD
- 12:30pm **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 1:15 *Conference Adjourns*

# CONFERENCE REGISTRATION, LODGING, & TRAVEL INFORMATION

Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

**You can register and receive conference lodging group rates by reserving the following ways:**

- On-line at our website, [www.symposiamedicus.org](http://www.symposiamedicus.org); OR
- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 with Visa, MasterCard, American Express, or Discover; OR
- By mail, make check payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287

Visit [www.symposiamedicus.org](http://www.symposiamedicus.org) or call (925) 969-1789 for additional questions or information.

## CONFERENCE REGISTRATION INFORMATION

TUITION:	EARLY <i>If postmarked by July 3, 2018</i>	REGULAR <i>If postmarked after July 3, 2018</i>
Physicians	\$675	\$775
Residents, Nurses, PAs & All Others	\$575	\$675

- Discounts are available for retired healthcare providers, active U.S. military, and groups of three or more. For more information, please contact Symposia Medicus prior to registering.
- Tuition includes continuing education, online access to session materials, continental breakfast on Wednesday, Thursday, and Saturday mornings, and break refreshments for conference registrants. Tuition also includes group reception for faculty, registrants, and their guests.
- Conference registration will be confirmed via email

## AIR TRAVEL INFORMATION

The closest airport to the Hilton Sedona Resort at Bell Rock is **Flagstaff Pulliam Airport (FLG)**, an approximate one hour drive to the resort, however, lower fares can often be found by flying into **Phoenix Sky Harbor International Airport (PHX)**, which is an **approximate 2-hour drive to the resort**. For information on ground transportation, please visit our website.

Symposia Medicus has arranged for discount fares with **Alaska, Delta, and United airlines** for this conference. Reservations can be made either through your travel agency or through the airlines at the website or Convention Desk numbers listed below.

**In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID number listed here.**

Alaska Airlines	For discounts on Alaska Airlines flights, please book online at <a href="http://www.alaskaair.com">www.alaskaair.com</a> and click on the link "Use Discount Code," located at the bottom of the "Book Flights" box. Once you click on this link, another page will appear. On this page, you will need to insert <b>ECM2263</b> in the "Discount Code" box, located at the right hand side of the page.
Delta Airlines	For discounts on Delta Airlines, please visit <a href="http://www.delta.com">www.delta.com</a> and click on the link "Advanced Search," located at the bottom of the "Book a Trip" box. Once you click on this link, another page will appear. On this page, you will need to insert <b>NMQC4</b> in the "Meeting Event Code" box, located at the right hand side of the page. For questions, please call the Delta Airlines Convention Desk at (800) 328-1111.
United Airlines	For discounts on United Airlines, please visit <a href="http://www.united.com">www.united.com</a> and click on All Search Options, located on the bottom left corner of the "Book Travel" box. Once you click on this link, another page will appear. At the bottom of this page, you will insert <b>ZX32764574</b> in the "Promotions and Certificates" box. For questions, please call the United Airlines Convention Desk at (800) 426-1122.

## CAR RENTAL DISCOUNT

For conference discounts, Symposia Medicus has made arrangements with **AVIS and Budget Car Rentals**. Reservations can be made by phone; please refer to the conference code and the conference/airport location when making your reservations. Please see below:

<b>AVIS</b> 800-331-1600 AWD #B766625
<b>Budget</b> 800-772-3773 BCD #U076767

## CONFERENCE LODGING INFORMATION

**Conference group rates** have been arranged at the **Hilton Sedona Resort at Bell Rock**. **Rooms at our group rates are limited** and on a first come, first served basis. **PLEASE RESERVE EARLY** as rooms may sell out and/or room rates may increase. **If you wish to extend your stay**, group rates may be available three days before and three days after the conference.

Two nights' deposit (room rate only) must accompany your reservation. The balance of your lodging, hotel fees as stated below, and all incidental charges are due to the hotel. The hotel accepts most major credit cards.

Room Type	Group Rates (Single/Double)	Description
<b>Deluxe Guest Room</b>  (Two queen beds)	\$209/night	Approximately 350-416 sq. ft. room offers <b>two queen beds</b> , Hilton Serenity Collection bedding, and bath amenities. The Serenity Beds include an exclusive Suite Dreams mattress, Super Topper mattress pad, down-filled comforters, and Touch of Down pillows. Room features 32-inch LCD flat screen TV, small refrigerator, wet bar, microwave, small sitting area & work desk, gas fireplace, and private patio or balcony. <b>Rollaway beds are NOT allowed in these rooms.</b>
<b>1-Bedroom Guest Suite</b>  (King bed & pull out sofa bed)	\$229/night	Approximately 548-615 sq. ft. room offers a private bedroom with <b>king sized bed</b> with Hilton Serenity Collection bedding, and bath amenities. The Serenity Bed includes an exclusive Suite Dreams mattress, Super Topper mattress pad, down-filled comforters, and Touch of Down pillows. Separate living area includes a <b>queen-sized sofa sleeper</b> , dining area, and a balcony or patio. Suite also features two 32-inch LCD flat screen TV's, small refrigerator, wet bar, microwave, work desk, gas fireplace, and private patio or balcony.
<b>1-Bedroom View Suite</b>  (King bed & pull out sofa bed)  <i>Limited availability, reserve early</i>	\$259/night	Approximately 548 sq. ft. with a pool or golf course view and includes a private bedroom with <b>king sized bed</b> with Hilton Serenity Collection bedding, and bath amenities. The Serenity Bed includes an exclusive Suite Dreams mattress, Super Topper mattress pad, down-filled comforters, and Touch of Down pillows. Separate living area includes a <b>queen-sized sofa sleeper</b> , dining area, and a balcony or patio. Suite also features two 32-inch LCD flat screen TV's, small refrigerator, wet bar, microwave, work desk, gas fireplace, and private patio or balcony.
<p><b>By booking your lodging with Symposia Medicus, the Resort Fee charge of \$20.00 plus tax, per room, per night is waived.</b> The Resort Fee includes (subject to change): in-room &amp; lobby wireless internet access, unlimited local telephone calls; use of the Sedona Athletic Club; access to the eForea Spa for fitness classes such as yoga &amp; Zumba, exercise facilities, tennis courts, and Olympic size pool; and, use of the laundry facilities. Also included is 10% off at the Sedona Golf Resort Pro Shop and 15% off selected spa services at the eForea Spa.</p>		

## TERMS & CONDITIONS

### Hotel Policies

- Above conference group rates are per room, per night and **do not** include state & local taxes, currently 6.325% (subject to change)
- Maximum guestroom occupancy is:
  - Four adults, or
  - Three adults and one child (18 years and under), or
  - Two adults and two children (three children, if all under 12 years old)
- Mandatory additional adult charge (19 years and over) is \$20 per person, per night – not to exceed stated maximum occupancy
- Children 18 years & under are complimentary - not to exceed stated maximum occupancy
- Rollaway beds are available at an additional cost of \$15 per night (subject to availability and change). **Rollaway beds are NOT allowed in Deluxe Guest Rooms.**
- Cribs are available on a complimentary basis (subject to availability and change)
- **Check-in time is 4:00pm and check-out time is 11:00am.** A late check-out can only be confirmed by the front desk. Additional charges may apply for late check-outs and are based upon availability.
- **Early Departure Fee:** In the event that a guest checks out prior to their reserved check-out date, the hotel will add an early departure fee of \$75 to their hotel bill. Guests wishing to avoid this fee must advise the hotel at or before check-in of any change in planned length of stay.
- **Credit/Debit Card Policy:** Upon check-in, the hotel requires a credit card or debit card to ensure that funds are available. Holds are placed on your account for your entire stay; however, the amount may be immediately deducted from your account. The length of time for which these holds remain on your credit or debit account varies from bank to bank.
- **Parking:** Self-parking is complimentary for conference guests. Valet is not available at this resort.

### Cancellation Policies

- Conference cancellations must be made **in writing (via email or mail) to Symposia Medicus** and a refund, less a 10% processing fee, will be given. No refunds will be made if cancellation is received after **August 8, 2018**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- Per our hotel contract, hotel reservation cancellations must be made **in writing to Symposia Medicus** and you will receive a full refund if emailed/postmarked by **July 11, 2018**. Between **July 12, 2018** and **August 8, 2018**, one night's deposit is forfeited. After August 8, 2018, no hotel refunds can be made.
- **All cancellations must be emailed to [registrar@symposiamedicus.org](mailto:registrar@symposiamedicus.org) OR mailed to Symposia Medicus. If mailed, it must be postmarked by the dates stated above.**
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition and, if reservation was made with Symposia Medicus, hotel deposit refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.



## CONFERENCE LOCATION

There is something in Sedona for everyone, **whether it's nature, history, arts, culture, or shopping**. Sedona has more than 80 galleries, restaurants, metaphysical shops, and specialty stores. With a large influence from Native American culture, much of Sedona's artwork reflects the Southwest's unique character. Its worldwide reputation as a hot spot for relaxation, healing, and spiritual enrichment brings even more charm to the town of Sedona.

Sedona is located at the southern entrance to Oak Creek Canyon, at a 4500-foot elevation, above the heat of the Arizona desert. Sedona is a two-hour drive north of Phoenix, an hour southwest of Flagstaff, and two-and-a-half hours southeast of the Grand Canyon.

Four miles from downtown Sedona, the **Hilton Sedona Resort at Bell Rock** is nestled in a dramatic Red Rock setting encompassing beautiful creeks, surrounded by pinon-studded Coconino National Forest pines. The resort has a par-71 championship golf course, three pools (including a lap pool), full service salon and spa, and state-of-the-art fitness facilities including tennis, aerobics, swimming, weight room, and sauna.

**The Village of Oak Creek**, located about a mile from the resort, has a large variety of shops displaying crafts, jewelry, western wear and local artwork. Also, a few miles from the resort you will discover more shops, galleries and restaurants at **Tlaquepaque Arts/Crafts Village**.

Whatever your pleasure, a wealth of unforgettable experiences await you when you attend our **19<sup>th</sup> Annual Fall Conference on Integrative Medicine in Women's Health**.

*For our complete calendar of conferences, please visit [www.symposiamedicus.org](http://www.symposiamedicus.org). Brochures are available 6-8 months prior to the conference.*

### 2018 CALENDAR OF FUTURE CONFERENCES

1446	25th Annual Spring Conference on High Risk Obstetrics	Los Cabos, Mexico	Mar 7-10
1447	25th Annual Spring Conference on Women's Health	St. Kitts, Caribbean	Mar 7-10
1451	19th Annual National Conference on Fetal Monitoring	Las Vegas, Nevada	Apr 5-7
1453	5th Annual Spring Conference on Integrative Medicine in Women's Health	Ojai, California	Apr 25-28
1452	23rd Annual Conference on High Risk & Critical Care Obstetrics	New Orleans, Louisiana	May 10-12
1454	3rd Annual Conference on Challenges in Sexual Healthcare	Napa, California	May 9-12
1457	Challenges in Mental Healthcare for the Primary Care Provider	Napa, California	Jul 11-14
1458	19th Annual Summer Conference on Women's Health	Big Island, Hawaii	Jul 11-14
1459	Hot Topics in Pediatric Emergencies	Alaska Cruise ( <i>Celebrity Cruises – Solstice</i> )	Jul 27-Aug 3
1462	25th Annual Summer Conference on Obstetrics & Gynecology	Naples, Florida	Aug 1-4
1464	29th Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 17-19
1467	Challenges in Obstetrics & Gynecology	Mediterranean/Adriatic Cruise ( <i>Celebrity Cruises – Constellation</i> )	Sep 18-27
1466	32nd Annual Fall Conference on High Risk Obstetrics	San Francisco, California	Sep 20-22
1469	36th Annual Fall Conference on Obstetrics	Guanacaste, Costa Rica	Oct 3-6
1468	Current Issues in Women's Health	Rhine River Cruise ( <i>AMA Waterways – AmaStella</i> )	Oct 29-Nov 5
1473	Hot Topics in Pediatric Emergencies	Rhine River Cruise ( <i>AMA Waterways – AmaStella</i> )	Oct 29-Nov 5
1471	26th Annual Fall Conference on Issues in Women's Health	Maui, Hawaii	Oct 31-Nov 3
1472	29th Annual Fall Conference on Hot Topics in Primary Care	Grand Cayman, Cayman Islands	Oct 31-Nov 3
1475	25th Annual Fall Conference on Challenges in Taking Care of the High Risk Pregnancy	Naples, Florida	Nov 14-17
1477	24th Annual Conference on Women's Health: Care of Women Over 50	Grand Cayman, Cayman Islands	Nov 14-17
1479	24th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 14-15
1480	22nd Annual Conference on Emergencies & Challenges in Primary Care	New York City, New York	Dec 14-15

# CONFERENCE & LODGING REGISTRATION FORM

Register on-line at [www.symposiamedicus.org](http://www.symposiamedicus.org)

OR COMPLETE THIS FORM AND MAIL WITH APPROPRIATE PAYMENT TO:



**Symposia Medicus**  
 399 Taylor Blvd., Suite 201  
 Pleasant Hill, CA 94523-2287  
 Phone: (925) 969-1789

**SYMPOSIA MEDICUS**  
 19<sup>TH</sup> ANNUAL FALL CONFERENCE ON  
**INTEGRATIVE MEDICINE**  
**IN WOMEN'S HEALTH**  
 Hilton Sedona Resort at Bell Rock  
**SEDONA, ARIZONA**  
**SEPTEMBER 12-15, 2018**

**PLEASE PRINT LEGIBLY:** (Show name and **one** degree as you would like it printed on your conference materials)

Registrant's Name: \_\_\_\_\_ Degree: \_\_\_\_\_  
First Last

**Registrant Email Address (required):** \_\_\_\_\_

All registrants must provide their individual email address in order to register for this conference. Confirmation/receipt will be emailed to this address.

Email an additional copy of my confirmation/receipt to: \_\_\_\_\_  
(Provide additional email address)

Mailing Address: \_\_\_\_\_  
Street City State Zip

Check if above address is: Work \_\_\_\_\_ Home \_\_\_\_\_ Provide office/workplace name here: \_\_\_\_\_

Primary Work: ( \_\_\_\_\_ ) Home: ( \_\_\_\_\_ )

Cell: ( \_\_\_\_\_ ) Fax: ( \_\_\_\_\_ )

Professional Specialty: \_\_\_\_\_

**The session materials will be available (for all participants) to download from our website approximately two weeks before the conference.**  
 If you prefer to **also** receive a hard copy of the session materials, please check here

**FRIDAY BREAKOUT PREFERENCE (Please refer to schedule and select one breakout for each session):**

Session One: \_\_\_ A \_\_\_ B \_\_\_ C \_\_\_ D      Session Two: \_\_\_ A \_\_\_ B \_\_\_ C \_\_\_ D

#1463

## LODGING RESERVATIONS

Please reserve accommodations at the **Hilton Sedona Resort at Bell Rock** for:

Arrival: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_      Departure: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month Day Year Month Day Year

<input checked="" type="checkbox"/>	TYPE OF ROOM	GROUP RATES (Single/Double occupancy)
	<b>Deluxe Guest Room</b> (Two queen beds)	\$209/night
	<b>1-Bedroom Guest Suite</b> (King bed & pull out sofa bed)	\$229/night
	<b>1-Bedroom View Suite</b> (King bed & pull out sofa bed) <i>Limited availability, reserve early</i>	\$259/night

- Conference group rates are per room, per night and **do not** include state & local taxes, currently 6.325% (*subject to change*)
- Maximum guestroom occupancy is:
  - Four adults, or
  - Three adults and one child (18 years and under), or
  - Two adults and two children (three children, if all under 12 years old)
- Mandatory additional adult charge (19 years and over) is \$20 per person, per night – not to exceed stated maximum occupancy
- Children 18 years & under are complimentary - not to exceed stated maximum occupancy
- Rollaway beds are available at an additional cost of \$15 per night (subject to availability and change). **Rollaway beds are NOT allowed in Deluxe Guest Rooms.**

Names of Room Occupants (and ages, if children): \_\_\_\_\_

Please circle names of the room occupants (other than you) who are registered for this conference

Other Comments/Requests (cannot guarantee): \_\_\_\_\_

TUITION AMOUNT DUE	TWO NIGHTS' LODGING DEPOSIT - ROOM RATE ONLY <small>(Balance of hotel charges will be due to the hotel)</small>	ADDITIONAL LODGING DEPOSIT <small>(If you wish to include an additional amount for lodging, please state here)</small>	TOTAL
\$ _____	\$ _____	\$ _____	\$ _____

Payment Type (Please Check One): \_\_\_\_\_ Check (Please Enclose)



Cardholder Name: \_\_\_\_\_ Signature: \_\_\_\_\_  
First Last

Billing Address: \_\_\_\_\_  
(if different from above) Street City State Zip

Card Number	Expiration Date Month/Year	Security # <small>(on front or back of card)</small>
_____	____/____	____

**By registering, you agree to the Terms & Conditions as stated in this brochure.**

**Please note that all information contained in this brochure is subject to change without notice.**

**ALL INFORMATION PROVIDED BY REGISTRANTS WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS.**

