



## Conference Information

19<sup>th</sup> Annual Fall Conference on  
Integrative Medicine in Women's Health  
Hilton Sedona Resort at Bell Rock | Sedona, Arizona  
September 12-15, 2018



We are pleased to provide the following information for our upcoming conference in Sedona, Arizona. Upon registering, you will receive a registration receipt via email confirming your registration. If you do not receive it, please contact us. If you are registered and have not reserved your lodging at the conference location, please contact us at (925) 969-1789, Monday-Friday, 8:30am-5:00pm (Pacific Time) or email [info@symposiamedicus.org](mailto:info@symposiamedicus.org).

### HOTEL INFORMATION

**HILTON SEDONA RESORT AT BELL ROCK**  
90 Ridge Trail Drive, Sedona, AZ 86351  
Phone: (928) 284-4040 | Fax: (928) 284-0170

**Hotel Website** – [www.hiltonsedonaresort.com](http://www.hiltonsedonaresort.com)  
**Hotel & Local Dining** - <http://goo.gl/2pgeH9>

### SESSION MATERIALS

Approximately two weeks prior to the conference, you will receive an email with instructions on how to download the session materials. Please make sure to download the materials before you leave for the conference, as **you will not be able to download on-site due to internet bandwidth restrictions.**

At conference check-in, you will receive a booklet that contains note pages, the conference schedule, and attendance/evaluation forms. For those who requested a paper copy of the session materials, you will receive a full, printed version in lieu of the booklet.

**Please note** - approximately one week **after** the conclusion of the conference, you will receive an email with instructions on how to download any materials that were updated and presented at the conference.

If you bring your tablet/laptop to the conference, be aware that there are no electrical outlets at the conference tables. **Make sure your tablet/laptop is fully charged each day.**

### INTERNET ACCESS

Wireless internet access is complimentary in the meeting rooms.

### CONFERENCE CHECK-IN

Although you are already registered, you will need to check-in and pick up the remainder of your conference materials.

**Date** – Wednesday, September 12  
**Location** – Canyon Ballroom, located on the lobby level  
**Time** – Begins at 7:00am

### CONTINENTAL BREAKFAST

**Continental breakfast** will be served (**for conference participants and faculty only**) beginning at 7:00am on Wednesday and 7:30am on Thursday and Saturday on the Canyon Patio, located outside near our meeting room.

### GENERAL SESSIONS

**Location** – Canyon Ballroom, located on the lobby level  
**Time** - Begins at 8:00am on Wednesday, Thursday, and Saturday

If you are departing the hotel on Saturday, please keep in mind that the conference ends at approximately 1:30pm and hotel check-out is at 11:00am. You can store your luggage with the hotel while we are still in session.

### GROUP RECEPTION

Please join us for this fun event, as it is a great way to become better acquainted with faculty, other participants, and their guests.

**Date** – Wednesday, September 12  
**Location** – Tequa Ballroom, located outside of the lobby, across parking lot  
**Time** – Begins at 5:30pm and ends at 6:30pm

### OPTIONAL MORNING YOGA SESSIONS

We will be holding two optional morning yoga sessions (which will not count toward your CME credits) on Thursday and Saturday mornings, facilitated by Judi Bar, E-RYT 500. Please feel free to bring your yoga mat, as only towels will be provided.

**Dates** – Thursday, September 13 & Saturday, September 15  
**Location** – Tequa Ballroom, located outside of the lobby, across parking lot  
**Time** – Begins at 6:15am and ends at 7:15am

### SMALLER GROUP BREAKOUTS

On Friday afternoon we will hold Smaller Group Breakouts from 3:00pm-4:30pm and 4:45pm-6:15pm, allowing you to attend two sessions. These sessions give you an opportunity to select subjects relating to your particular areas of interest. You are encouraged to bring cases or issues you are confronting in your clinical practice for discussion. The session number and name of the breakouts you have pre-selected will be printed on your name badge. If you want to make changes at the conference, please see a Symposia Medicus staff member to check seating availability.

### HOTEL ROOM CHARGES AND FEES

If you made your hotel reservations through Symposia Medicus, conference group rates are per room, per night and **do not** include taxes or additional occupant fees. Please visit <https://goo.gl/g7FpNt> to view full information on these fees. **Please note that the resort fee is waived if room reservations are booked through Symposia Medicus.**

### ADDITIONAL INFORMATION

**Parking** – Self-parking is complimentary and valet parking is not available at this resort.

**Tours** – Pink Jeep Tours, the onsite tour company at the hotel is offering our group a 15% discount on all tours, applicable from Tuesday, September 11<sup>th</sup> through Saturday, September 15<sup>th</sup>. For tour information and to make reservations please visit <https://goo.gl/ExqtQL> or call (800) 873-3662 and provide group code SYMMED18. You must pre-book tours in order to receive the discount. **The discount cannot be honored if you book at the Pink Jeep Tour desk located in the lobby of the Hilton.**

**Participant Photos** - We sometimes take photographs of our participants during conference sessions/activities (never pool pictures) to use in future brochures and on our website. If you would NOT like to appear in any individual or group candid photos, please notify the on-site Conference Director.

**Connect With Others** - Connect with other participants of this conference, form clinical discussions, or simply share restaurants, fun things to do, family activities, shopping, and spa experiences around the conference venue <https://goo.gl/Jbq3gd>.

**Cancellation Policies** – To view conference and/or hotel cancellation policies, please visit <https://goo.gl/g7FpNt>.

**Travel & Ground Transportation Info** – Please visit <https://goo.gl/tUhzkm>

**General Travel Safety Suggestions** – <http://www.symblog.org/travelsafety/>

**Take Our Survey** - Be entered to win tuition to the conference of your choice! - <https://goo.gl/daTvWT>

**Questions?** - Email us at [info@symposiamedicus.org](mailto:info@symposiamedicus.org)