

# 5<sup>th</sup> Annual Spring Conference on **INTEGRATIVE MEDICINE IN WOMEN'S HEALTH**

*Including topics on: Nutrition, Pain Management, Bioidentical Hormones,  
Acupuncture, Functional Medicine, Healthy Aging, and much more...*

**Ojai Valley Inn & Spa  
OJAI, CALIFORNIA  
APRIL 25-28, 2018**

SPONSORED BY



*A Non-Profit Corporation for  
Continuing Medical & Nursing Education*



*"This was my first time attending this integrative practice conference. I got a lot of information and I am hoping to apply all the alternative management and techniques to my practice." – C. Sanchez, MD*

*"Inspiring, affirming I am already doing this integrative approach. The conference expanded my scope of practice and confidence building." – S. Stone, CNM*

*"The program was excellent. I will return to my practice with a new view of medicine. Treating the entire patient from a compassionate, centered point of view. I have a newfound appreciation for self-care practices for the health care provider." – T. Stone, MD*

**Register On-Line...**

**for this conference or view other educational conferences at  
[www.symposiamedicus.org](http://www.symposiamedicus.org)**

## CONFERENCE DESCRIPTION

Integrative Medicine focuses on the mind and body as a whole and the importance of the relationship between practitioner and patient. Our **5<sup>th</sup> Annual Spring Conference on Integrative Medicine in Women's Health** is designed to take an in-depth look at how to achieve optimal health and healing for female patients through a variety of complementary alternative treatment modalities and provide mainstream medical and nursing professionals with evidence-based data. Emphasis will be placed on practical application of the topics presented.

Topics for this year's conference have been selected based on the educational needs determined from the identified professional practice gaps. The gaps were derived from a variety of sources including evaluations and outcomes data from past participants; clinical expert input; Symposia Medicus' online survey; and other medical and nursing data.

Conference format will include didactic lectures, smaller group breakout and interactive sessions, case studies, and question and answer sessions.

An outstanding faculty has been assembled for this conference. Each member was selected based on their individual area of expertise and ability to communicate current, evidence-based, and practical information to participants.

You are sure to enjoy our **5<sup>th</sup> Annual Spring Conference on Integrative Medicine in Women's Health** while sharing ideas and experiences with colleagues from across the country in the beautiful setting of Ojai, California.

## CONFERENCE OBJECTIVES

As a result of participating in this conference, you should have increased knowledge and enhanced competence to...

- Identify key lifestyle measures to preventing and treating chronic inflammation
- Implement appropriate diet and supplement interventions to improve bone health
- Discuss evidence-based approaches to managing chronic pain without opioids
- Create a basic nutrition prescription for improved brain performance and mental well-being
- Demonstrate a basic understanding of the tools of diagnosis used by licensed acupuncturists

## ATTENDEE REQUIREMENTS

At the conclusion of attending this conference, participants are entitled to a certificate of credit which will be available online. Successful completion of this activity is determined by attending the live activity, review of the educational session materials, and submission of the pre/post case study survey, evaluations, and attendance verification form. Each participant should only claim credit commensurate with the extent of their participation in the activity.

## ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

*Symposia Medicus is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*

## CONTINUING EDUCATION CREDIT

### Physicians

Symposia Medicus designates this live activity for a maximum of *18 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **ACOG**

Application has been made with the **American College of Obstetricians & Gynecologists (ACOG)** for cognates, Formal Learning. **Please check our website for updated credit information.**

### **AAFP**

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending. Please check our website for updated credit information.**

### Certified Nurse Midwives

The **American Midwifery Certification Board (AMCB)** accepts Category 1 CME approval from organizations accredited by the ACCME.

### PAs

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 18 hours of Category 1 credit for completing this program.

### Nurse Practitioners/Nurses

The ANCC contact hours awarded for completion of this conference are 18.

Provider is also approved by the **California Board of Registered Nursing**, Provider #CEP2335, for 21.6 contact hours.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

### **Pain Management & Care**

The approved credits shown above include **1** credit toward meeting the requirement under California Assembly Bill 487, Pain Management & Care.

## SMALLER GROUP BREAKOUT SESSIONS

Smaller group sessions will be held Friday morning. These breakout sessions are organized to provide **greater participant/faculty interaction**, and will give you an opportunity to participate in discussions on subjects relating to your particular area of interest. **Please indicate your breakout session topic choices on the conference registration form in this brochure.** Space is limited so please reserve early.

## EDUCATIONAL RESOURCES

Each registrant will have online access to session materials. **The session materials will be available for download approximately two weeks prior to the conference (you'll receive an email with instructions).** If you wish to receive a hard copy of the session materials, please check the box on the registration form in this brochure.

If you are unable to attend this conference, extra copies of the session materials (either paper or digital copy) will be available one week after the conference. The cost is \$60 for a hard copy and \$25 for the digital copy. To place your order, please email [publications@symposiamedicus.org](mailto:publications@symposiamedicus.org).

## NEARBY ATTRACTIONS / GROUND TRANSPORTATION

To receive additional information about the conference hotel, location, tours and/or nearby attractions, and ground transportation, please visit our website at [www.symposiamedicus.org](http://www.symposiamedicus.org).

## CONFERENCE FACULTY

### Karen H. Knight, MD

Lead Physiatrist  
Nonoperative Spine & Sports Service Line  
Panorama Orthopedics & Spine Center  
Golden, Colorado

### Paula Lubner, MD

**Conference Chairperson**  
Private Functional Medicine Practice  
Encinitas, California

### Seema M. Patel, MD, MPH

Integrative Medicine Physician  
Center for Integrative & Lifestyle Medicine  
Cleveland Clinic  
Cleveland, Ohio

### Scarlet Soriano, MD, ABIHM, EEM-CLP

Health & Wellness Speaker and Consultant  
Founder, Wellspring Integrative Solutions, LLC  
Boston, Massachusetts

### Deanna Tasi, L.Ac., MTCM

Masters in Traditional Chinese Medicine  
California Licensed Acupuncturist  
Tao to Wellness  
Berkeley, California

#### DISCLOSURE STATEMENT

Consistent with ACCME and ANCC guidelines, it is the policy of Symposia Medicus to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, all individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Beyond disclosure of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. Symposia Medicus is committed to providing learners with commercially unbiased continuing education activities. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the session materials for this activity, and speakers will provide a slide disclosure for each presentation, and will also verbally disclose on-site.

## CONFERENCE SCHEDULE

### Wednesday, April 25

- 7:00am Registration & Check-in  
During Continental Breakfast
- 8:00 **Welcome & Introduction**  
Paula Lubner, MD
- 8:15 **The Brain in Pain: New Insights into Neuroscience & Implications for Integrative Health**  
Karen H. Knight, MD
- 9:00 **Mind Your Food: Nutritional Allies for Improving & Optimizing Mental Health & Well-Being**  
Scarlet Soriano, MD, ABIHM, EEM-CLP
- 9:45 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 10:15 Break
- 10:30 **Achieving Wellness in the Hypothyroid Patient**  
Paula Lubner, MD
- 11:15 **Healthy Aging: An Integrative & Functional Medicine Approach**  
Seema M. Patel, MD, MPH
- Noon **Eastern Medicine Concepts & Theory: An Introduction to Chinese Medicine**  
Deanna Tasi, L.Ac., MTCM

### Thursday, April 26

- 7:30am Continental Breakfast
- 8:00 **Regenerative Medicine: What Is It & Why It Matters for Your Integrative Practice**  
Karen H. Knight, MD
- 8:45 **An Integrative Approach to Common Sleep Complaints**  
Seema M. Patel, MD, MPH
- 9:30 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Integrative Approaches to Fibromyalgia**  
Seema M. Patel, MD, MPH
- 11:00 **Medical Marijuana: Part of an Integrative Approach to Chronic Pain?**  
Karen H. Knight, MD
- 11:45 **Traditional Chinese Medicine & Its Role in Women's Health**  
Deanna Tasi, L.Ac., MTCM

- 12:30pm **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 1:15 Adjourn for the Day

### Friday, April 27

- 7:30am Continental Breakfast
- 8:00 **Smaller Group Breakouts – Session One**
- A. **Physical Diagnosis of Hypothyroidism**  
Paula Lubner, MD
- B. **Acupuncture Case Studies & Treatment Demonstrations**  
Deanna Tasi, L.Ac., MTCM
- C. **Pain Matters: Practical Screening & Clinical Tools You Can Use Today**  
Karen H. Knight, MD
- D. **Mind-Body & Energy Medicine for Women's Health**  
Scarlet Soriano, MD, ABIHM, EEM-CLP
- 9:30 Break
- 9:45 **Smaller Group Breakouts – Session Two**  
(Session One Topics Repeated)
- 11:15 Adjourn for the Day

### Saturday, April 28

- 7:30am Continental Breakfast
- 8:00 **Optimizing Bone Health in Your Female Patients**  
Paula Lubner, MD
- 8:45 **Detoxification & Environmental Toxicity**  
Seema M. Patel, MD, MPH
- 9:30 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 10:00 Break (hotel check-out, if applicable)
- 10:15 **What is Right with You?: Kindling Self-Efficacy Among Patients to Promote Healthy Behavior Change**  
Scarlet Soriano, MD, ABIHM, EEM-CLP
- 11:00 **Managing Menopausal Symptoms with Bioidentical Hormones**  
Paula Lubner, MD
- 11:45 **Women Redefining Global Health: Exploring the Interface Between Culture, Socioeconomics, Media, and Women's Health**  
Scarlet Soriano, MD, ABIHM, EEM-CLP
- 12:30pm **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 1:15 *Conference Adjourns*

# CONFERENCE REGISTRATION, LODGING, & TRAVEL INFORMATION

Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

**You can register the following ways:**

- On-line at our website, [www.symposiamedicus.org](http://www.symposiamedicus.org); OR
- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 with Visa, MasterCard, American Express, or Discover; OR
- By mail, make check payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287.

Visit [www.symposiamedicus.org](http://www.symposiamedicus.org) or call (925) 969-1789 for additional questions or information

## CONFERENCE REGISTRATION INFORMATION

TUITION:	EARLY <i>If postmarked by February 14, 2018</i>	REGULAR <i>If postmarked after February 14, 2018</i>
Physicians	\$675	\$775
Residents, Nurses, PAs, & All Others	\$575	\$675

- Discounts are available for retired healthcare providers, active U.S. military, and groups of three or more. For more information, please contact Symposia Medicus prior to registering.
- Tuition includes continuing education, online access to session materials, continental breakfast on Wednesday, Thursday, Friday, and Saturday mornings, and break refreshments for conference registrants. Tuition also includes group reception for faculty, registrants, and their guests.
- Conference registration will be confirmed via email
- This conference meets the requirements for CE tax deductibility; however, we suggest you consult your financial authority for more information

## AIR TRAVEL INFORMATION

The closest airport is the **Santa Barbara International Airport (SBA)**, which is an approximate 45 minute drive to the hotel; however, lower fares can often be found by flying into **Burbank (Bob Hope) Airport (BUR)**, which is an approximate 90 minute drive to the hotel, or the **Los Angeles International Airport (LAX)**, which is an approximate two hour drive to the hotel. For information on ground transportation, please visit our website.

Symposia Medicus has arranged for discount fares with **Alaska, Delta, and United airlines** for this conference. Reservations can be made either through your travel agency or through the airlines at the website or Convention Desk numbers listed below.

**In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID number listed here.**

Alaska Airlines	For discounts on Alaska Airlines flights, please book online at <a href="http://www.alaskaair.com">www.alaskaair.com</a> and click on the link "Use Discount Code," located at the bottom of the "Book Flights" box. Once you click on this link, another page will appear. On this page, you will need to insert <b>ECMZ086</b> in the "Discount Code" box, located at the right hand side of the page.
Delta Airlines	For discounts on Delta Airlines, please visit <a href="http://www.delta.com">www.delta.com</a> and click on the link "Advanced Search," located at the bottom of the "Book a Trip" box. Once you click on this link, another page will appear. On this page, you will need to insert <b>NMQC4</b> in the "Meeting Event Code" box, located at the right hand side of the page. For questions, please call the Delta Airlines Convention Desk at (800) 328-1111.
United Airlines	For discounts on United Airlines, please visit <a href="http://www.united.com">www.united.com</a> and click on All Search Options, located on the bottom left corner of the "Book Travel" box. Once you click on this link, another page will appear. At the bottom of this page, you will insert <b>ZE2C279455</b> in the "Promotions and Certificates" box. For questions, please call the United Airlines Convention Desk at (800) 426-1122.

## CAR RENTAL DISCOUNT

For conference discounts, Symposia Medicus has made arrangements with **AVIS and Budget Car Rentals**. Reservations can be made by phone; please refer to the conference code and the conference/airport location when making your reservations. Please see below:

<b>AVIS</b> 800-331-1600 AWD #B766625
<b>Budget</b> 800-772-3773 BCD #U076767

## CONFERENCE LODGING INFORMATION

Symposia Medicus has **conference group rates** at the **Ojai Valley Inn & Spa**.

These special rates will only be available until **Friday, March 30, 2018** and will only be available after that date on a space and rate available basis. We recommend you reserve your lodging **as soon as possible, as rooms at the conference group rates are limited and on a first come, first served basis. Rooms may sell out and/or room rates may increase prior to the release date.**

**The conference group rates will also be available three days before and three days after the conference (based on availability) if you wish to extend your stay in Ojai.**

Ojai Valley Inn & Spa  
905 Country Club Road  
Ojai, California 93023  
Direct: (805) 646-5511

Room Type	Group Rates	Description
<b>To make your reservations by phone, please call (888) 697-9116 press option #5, and refer to group code SYMPOSIAMED2018</b> <b>To make your reservations online, please visit <a href="https://goo.gl/WzGZ76">https://goo.gl/WzGZ76</a></b>		
<b>All of the below rooms feature the following:</b> views of the resort & surrounding grounds, 300-count Egyptian cotton bedding, fine bamboo terry towels, plush bathrobes, flat screen HD TV, Blu-Ray/DVD players, multimedia station with Audio/Visual plug in's, Audio/PC, HDMI OR USB ports, oversized work desk, 2-line cordless phone, in-room pantry and honor bar, Keurig personal brewer with coffee and tea K-cups.		
<b>Wallace Neff Room</b> <i>(Limited availability, reserve early)</i>	\$299/night	These historical 400 sq. ft. rooms are connected to the original Clubhouse, which was built in 1934. <b>These rooms offer king-size beds.</b>
<b>Ojai Room</b>	\$339/night	These 425 sq. ft. rooms are located throughout the property and offer a king or two double beds.
<b>Vista Room</b>	\$369/night	These 445 sq. ft. rooms feature a king or two double beds with a furnished patio or balcony.
<b>Fireplace Shangri-La Room</b>	\$419/night	These 550 sq. ft. rooms feature a king bed with a gas-burning fireplace, expansive bathroom with double vanity sinks, and soaking tub and shower, with a furnished balcony or patio. <b>Two beds may be requested, however, are very limited.</b>
<b>Fireplace Mini Suite</b>	\$469/night	These 625 sq. ft. mini-suites feature a king bed, gas-burning fireplace, expansive bathroom with double vanity sinks, and soaking tub and shower, with a furnished balcony or patio. <b>Two beds may be requested, however, are very limited.</b>
<b>Fireplace Suite</b> <i>(Very limited availability, reserve early)</i>	\$569/night	These 800 sq. ft. suites feature a living room with a beautiful gas-burning fireplace & seating area, separate guestroom with a king bed, and its very own fireplace. Expansive bathroom with double vanity sinks, and soaking tub and shower, with a furnished balcony or patio. <b>Two beds may be requested, however, are very limited.</b>
<b>By booking your lodging with Symposia Medicus, the Resort Fee charge of \$35.00 per room, per night is discounted to \$15.00 per room, per night.</b> The Resort Fee includes (subject to change): high speed Wi-Fi in guestroom, pool area, and lobby, 24-hour Valet & self-parking, unlimited local & toll-free phone calls, nightly turn down service, full access to the fitness center and daily Mind & Body classes, daily newspaper delivered upon request, in-room Keurig coffee & tea, unlimited use of the tennis courts (reservations required), business center access, and issues of the Ojai Valley Inn & Spa magazine.		
The hotel also offers complimentary bicycles, pool chairs, and towels, based on availability.		

## TERMS & CONDITIONS

### Hotel Policies

- A deposit equal to three night's room & tax is due to the hotel with major credit card, upon making your reservation
- **Hotel Cancellations must be made directly with the hotel 25 days prior to your scheduled arrival date, or a cancellation fee equal to three night's deposit, plus tax, will be charged**
- Above conference group rates are per room, per night and **do not** include the following *(subject to change)*:
  - 10% State & local taxes
  - 0.45% California Tourism Assessment Fee
  - 1% Ojai Valley Business Improvement District Fee
  - \$15 Resort Fee (discounted from \$35)
- Suggested bellman gratuity is \$10 per room and suggested maid gratuities are \$4 per room, per day
- **Guestroom and suite occupancy is four (4), regardless of age.** The hotel does have a limited number of rooms and suites that include a pull-out, double-size sleeper sofa, which would allow for a 5th and possibly a 6th occupant. If you require this, please ask the hotel upon making your reservation, as it is based on availability.
- **Rollaways & Cribs:** Rollaway beds and cribs are both complimentary (based on availability and subject to change)
- **Check-in time is 4:00pm and check-out time is noon.** A late check-out can only be confirmed on the date of departure by the front desk. Additional charges may apply for late check-outs and are based upon availability.
- **Early Departure Fee:** Please notify the hotel at or before check-in if there are any changes to your scheduled departure date as an early departure fee of one night's room and tax will be charged to any guest who checks out prior to their confirmed departure
- **Credit/Debit Card Policy:** Upon check-in, the hotel requires a credit card or debit card to ensure that funds are available. Holds are placed on your account for your entire stay; however, the amount may be immediately deducted from your account. The length of time for which these holds remain on your credit or debit account varies from bank to bank.
- **Parking:** Self and valet parking are complimentary for conference guests.

### Conference Cancellation Policies

- Conference cancellations must be made **in writing (via email or mail) to Symposia Medicus** and a refund, less a 10% processing fee, will be given. No refunds will be made if cancellation is received after **March 21, 2018**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- **All cancellations must be emailed to [registrar@symposiamedicus.org](mailto:registrar@symposiamedicus.org) OR mailed to Symposia Medicus. If mailed, it must be postmarked by the date stated above.**
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.



## CONFERENCE LOCATION

The city of Ojai is situated in a small east-west valley, north of Ventura and east of Santa Barbara, approximately 12 miles inland from the Pacific Ocean coast. Since Ojai is lined up with an east-west mountain range, it is one of few towns in the world to have a “Pink Moment” occur as the sun is setting. The fading sunlight creates a brilliant shade of pink for several minutes on the Topatopa Bluffs, over 6,000 feet above sea level at the east end of the Ojai Valley. It is a rare and magical moment that thousands of visitors come to Ojai annually to see.

Nestled in the hills of Southern California, the *Ojai Valley Inn & Spa* is a premier luxury resort that features an award winning on-site spa and golf course. First awarded the coveted Five Diamond Award for excellence in the hospitality industry in 2006, the resort continues to achieve this distinguished accolade annually. Throughout the years, the Ojai Valley Inn & Spa has retained its sense of place, staying true to the people who first built it, while hosting many celebrities, musicians, dignitaries, and politicians. The resort is perfect for girlfriend getaways, golf trips, and rejuvenating retreats. Amid an unsurpassed natural landscape with diverse appeal to families, couples, and multi-generational guests, the Inn remains one of the finest resorts in North America.

At the resort, embrace the creative side of life at the Artist Cottage & Apothecary, discover your inner chi in the Mind & Body Fitness Studio, or explore the best of Ojai via bike or on foot. Or, there is always the option of just doing nothing at all! With four delightful pool experiences, from the family-friendly Pixie Pool full of excitement and pool games, to the exclusive adult’s only Indigo Pool & Bar that offers a luxurious environment of pure relaxation, there is plenty of room to simply unwind.

Whatever your pleasure, you’ll be sure to find it in Ojai, California, at our **5<sup>th</sup> Annual Spring Conference on Integrative Medicine in Women’s Health**.

*For our complete calendar of conferences, please visit [www.symposiamedicus.org](http://www.symposiamedicus.org). Brochures are available 6-8 months prior to the conference.*

### 2017 CALENDAR OF FUTURE CONFERENCES

1429	28th Annual Fall Conference on Hot Topics in Primary Care	Big Island, Hawaii	Oct 25-28
1438	23rd Annual Conference on Women’s Health: Care of Women Over 50	Maui, Hawaii	Nov 29-Dec 2
1440	23rd Annual Conference on Challenges in Gynecology	New York City, New York	Dec 15-16
1441	21st Annual Conference on Emergencies & Challenges in Primary Care	New York City, New York	Dec 15-16

### 2018 CALENDAR OF FUTURE CONFERENCES

1442	25th Annual Conference on Office GYN & Women’s Health for the Primary Care Provider	Oahu, Hawaii	Feb 7-10
1443	22nd Annual Winter Conference on Clinical Issues in OB/GYN	St. Maarten, Caribbean	Feb 14-17
1446	25th Annual Spring Conference on High Risk Obstetrics	Los Cabos, Mexico	Mar 7-10
1447	25th Annual Spring Conference on Women’s Health	St. Kitts, Caribbean	Mar 7-10
1451	19th Annual National Conference on Fetal Monitoring	Las Vegas, Nevada	Apr 5-7
1452	23rd Annual Conference on High Risk & Critical Care Obstetrics	New Orleans, Louisiana	May 9-12
1454	3rd Annual Conference on Challenges in Sexual Healthcare	Napa, California	May 9-12
1457	Challenges in Mental Healthcare for the Primary Care Provider	Napa, California	Jul 11-14
1458	19th Annual Summer Conference on Women’s Health	Big Island, Hawaii	Jul 11-14
1459	Hot Topics in Pediatric Emergencies	Alaska Cruise ( <i>Celebrity Cruises – Solstice</i> )	Jul 27-Aug 3
1462	25th Annual Summer Conference on Obstetrics & Gynecology	Naples, Florida	Aug 1-4
1463	19th Annual Fall Conference on Integrative Medicine in Women’s Health	Sedona, Arizona	Sep 12-15
1464	29th Annual National Conference on Women’s Health Care	Las Vegas, Nevada	Sep 17-19
1467	Challenges in Obstetrics & Gynecology	Mediterranean/Adriatic Cruise ( <i>Celebrity Cruises – Constellation</i> )	Sep 18-27
1466	32nd Annual Fall Conference on High Risk Obstetrics	San Francisco, California	Sep 20-22
1469	36th Annual Fall Conference on Obstetrics	St. Thomas, USVI	Oct 3-6
1468	Current Issues in Women’s Health	Rhine River Cruise ( <i>Ama Waterways – AmaStella</i> )	Oct 29-Nov 5
1473	Hot Topics in Pediatric Emergencies	Rhine River Cruise ( <i>Ama Waterways – AmaStella</i> )	Oct 29-Nov 5
1471	26th Annual Fall Conference on Issues in Women’s Health	Maui, Hawaii	Oct 31-Nov 3
1472	29th Annual Fall Conference on Hot Topics in Primary Care	Grand Cayman, Cayman Islands	Oct 31-Nov 3
1479	24th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 14-15
1480	22nd Annual Conference on Emergencies & Challenges in Primary Care	New York City, New York	Dec 14-15



# CONFERENCE REGISTRATION FORM

Register on-line at [www.symposiamedicus.org](http://www.symposiamedicus.org)

OR COMPLETE THIS FORM AND MAIL WITH APPROPRIATE PAYMENT TO:



**Symposia Medicus**  
 399 Taylor Blvd., Suite 201  
 Pleasant Hill, CA 94523-2287  
 Phone: (925) 969-1789

SYMPOSIA MEDICUS

5<sup>th</sup> Annual Spring Conference on

## INTEGRATIVE MEDICINE IN WOMEN'S HEALTH

Ojai Valley Inn & Spa  
**OJAI, CALIFORNIA**  
**APRIL 25-28, 2018**

**PLEASE PRINT LEGIBLY:** (Show name and one degree as you would like it printed on your conference materials)

Registrant's Name: \_\_\_\_\_ Degree: \_\_\_\_\_  
First Last

**Registrant Email Address (required):** \_\_\_\_\_

All registrants must provide their individual email address in order to register for this conference. Confirmation/receipt will be emailed to this address.

Email an additional copy of my confirmation/receipt to: \_\_\_\_\_  
(Provide additional email address)

Mailing Address: \_\_\_\_\_  
Street City State Zip

Check if above address is: Work \_\_\_\_\_ Home \_\_\_\_\_ Provide office/workplace name here: \_\_\_\_\_

Primary Work: ( \_\_\_\_\_ ) \_\_\_\_\_ Home: ( \_\_\_\_\_ ) \_\_\_\_\_

Cell: ( \_\_\_\_\_ ) \_\_\_\_\_ Fax: ( \_\_\_\_\_ ) \_\_\_\_\_

Professional Specialty: \_\_\_\_\_

**The session materials will be available for download on our website approximately two weeks before the conference.**

If you prefer to also receive a hard copy of the session materials please check here

#1453

**FRIDAY BREAKOUT PREFERENCE (Please refer to schedule and select one breakout for each session):**

Session One: \_\_\_A\_\_\_B\_\_\_C\_\_\_D    Session Two: \_\_\_A\_\_\_B\_\_\_C\_\_\_D

TUITION:	EARLY <i>If postmarked by February 14, 2018</i>	REGULAR <i>If postmarked after February 14, 2018</i>
Physicians	\$675	\$775
Residents, Nurses, PAs & All Others	\$575	\$675

TUITION AMOUNT DUE
\$

Payment Type (Please Check One): \_\_\_\_\_ Check (Please Enclose)   

Cardholder Name: \_\_\_\_\_  
First Last

Signature: \_\_\_\_\_

Billing Address: \_\_\_\_\_  
(If different from above) Street City State Zip

Card Number	Expiration Date Month/Year	Security # <i>(on front or back of card)</i>
	/	

**By registering, you agree to the Terms & Conditions as stated in this brochure.**  
 Please note that all information contained in this brochure is subject to change without notice.  
**ALL INFORMATION PROVIDED BY REGISTRANTS WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS.**

