

***Our group room rates include discounts and special offers...
see inside for more details.***

23rd Annual Conference on
CHALLENGES IN
GYNECOLOGY

***Including topics on: Urinary Incontinence, PCOS,
Vulvar Dermatology, Endometriosis, Contraception, and much more...***

NEW YORK HILTON MIDTOWN
New York City, New York

DECEMBER 15-16, 2017

SPONSORED BY



***A Non-Profit Corporation for
Continuing Medical & Nursing Education***



"This conference is always so informative and speakers are up-to-date on current guidelines. Love going to this conference in New York City, especially during this time of year." – D. Leighton, DO

"Excellent conference! Symposia Medicus has been my go-to CME company for up-to-date and useful information. Always a pleasure to attend." – C. Frazier, CNM

*"Excellent summary of current hot topics and subjects of interest. All speakers were excellent and on point."
– N. Bloomfield, MD*

Register On-Line...

***for this conference or view other educational conferences at
www.symposiamedicus.org***

CONFERENCE DESCRIPTION

Our **23rd Annual Conference on Challenges in Gynecology** has been designed for physicians, certified nurse midwives, nurse practitioners, PAs, nurses, and other healthcare professionals who face ever-increasing challenges in the clinical diagnoses and treatment options involved in caring for the female patient. The goal of this conference is to increase knowledge and enhance the competence of attendees. Emphasis will be placed on practical application of the evidence-based topics presented.

Topics for this year's conference have been selected based on the educational needs determined from the identified professional practice gaps. The gaps were derived from a variety of sources including evaluations and outcomes data from past participants; clinical expert input; Symposia Medicus' online survey; and other medical and nursing data.

Conference format will include didactic lectures, case studies, and question and answer sessions.

An outstanding faculty has been assembled for this conference. Each member was selected based on their individual area of expertise and ability to communicate current, evidence-based, and practical information to participants.

You are sure to enjoy our **23rd Annual Conference on Challenges in Gynecology** while sharing ideas and experiences with colleagues from across the country, amidst the excitement of New York City during the holiday season.

CONFERENCE OBJECTIVES

As a result of participating in this conference, you should have increased knowledge and enhanced competence to...

- Recognize the most common causes of vulvovaginal pain
- Surveil and manage a hereditary breast and ovarian cancer identified patient
- List factors which impact successful pessary fitting for prolapse, including stage, genital hiatus, uterus, etc.
- Summarize present evidence relating to pharmacologic approaches to polycystic ovarian syndrome
- Select newer medications for type 2 diabetes

ATTENDEE REQUIREMENTS

At the conclusion of attending this conference, participants are entitled to a certificate of credit which will be available online. Successful completion of this activity is determined by attending the live activity, review of the educational session materials, and submission of the pre/post case study survey, evaluations, and attendance verification form. Each participant should only claim credit commensurate with the extent of their participation in the activity.

ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

Symposia Medicus is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

CONTINUING EDUCATION CREDIT

Physicians

Symposia Medicus designates this live activity for a maximum of *12 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACOG

Application has been made with the **American College of Obstetricians & Gynecologists (ACOG)** for cognates, Formal Learning. **Please check our website for updated credit information.**

AAFP

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending. Please check our website for updated credit information.**

Certified Nurse Midwives

The **American Midwifery Certification Board (AMCB)** accepts Category 1 CME approval from organizations accredited by the ACCME.

PAs

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 12 hours of Category 1 credit for completing this program.

Nurse Practitioners/Nurses

The **ANCC** contact hours awarded for completion of this conference are 12.

Provider is also approved by the **California Board of Registered Nursing**, Provider #CEP2335, for 14.4 contact hours.

Pharmacology Credit for Prescriptive Authority

A maximum of 2.75 hours in pharmacology credit for prescriptive authority may be earned by attending this educational conference. Sessions awarding pharmacology credit for prescriptive authority are denoted with an Rx in the schedule.

EDUCATIONAL RESOURCES

Each registrant will have online access to session materials. **The session materials will be available for download approximately two weeks prior to the conference (you'll receive an email with instructions).** If you wish to receive a hard copy of the session materials, please check the box on the registration form in this brochure.

If you are unable to attend this conference, extra copies of the session materials (either paper or digital copy) will be available one week after the conference. The cost is \$60 for a hard copy and \$25 for the digital copy. To place your order, please email publications@symposiamedicus.org.

CONFERENCE FACULTY

Anders L. Carlson, MD

Medical Director
International Diabetes Center
Park Nicollet
Endocrinologist & Medical Director of the Diabetes Program, HealthPartners
Assistant Professor, University of Minnesota Medical School
Minneapolis, Minnesota

Libby Edwards, MD

Adjunct Associate Clinical Professor
University of North Carolina
Chapel Hill, North Carolina
Chief of Dermatology
Carolinas Medical Center
Charlotte, North Carolina

Eva Martin, MD

Conference Co-Chair
North & South Central Health Districts
Georgia Department of Health
Medical Director, Women's Health
Houston & Laurens Counties
Health Departments
Warner Robins & Dublin, Georgia

Douglas S. Paauw, MD, MACP

Professor of Medicine
Department of Medicine
University of Washington
School of Medicine
Seattle, Washington

Holly E. Richter, PhD, MD, FACOG, FACS

Professor & Director
Division of Urogynecology & Pelvic Reconstructive Surgery
Department of Obstetrics & Gynecology
University of Alabama at Birmingham
Birmingham, Alabama

William D. Schlaff, MD

Conference Co-Chair
Professor & Chairman
Department of Obstetrics & Gynecology
Sidney Kimmel Medical College
Thomas Jefferson University
Philadelphia, Pennsylvania

DISCLOSURE STATEMENT

Consistent with ACCME and ANCC guidelines, it is the policy of Symposia Medicus to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, all individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Beyond disclosure of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. Symposia Medicus is committed to providing learners with commercially unbiased continuing education activities. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the session materials for this activity, and speakers will provide a slide disclosure for each presentation, and will also verbally disclose on-site.

CONFERENCE SCHEDULE

Friday, December 15

- 7:00am Registration & Check-in
During Continental Breakfast
- 8:00 **Welcome & Introduction**
William D. Schlaff, MD
- 8:15 **Incontinence: Evaluation & Current Treatment Options** (Rx = 10 minutes)
Holly E. Richter, PhD, MD
- 9:00 **Diabetes: Challenging Cases**
(Rx = 30 minutes)
Anders L. Carlson, MD
- 9:45 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:15 Break
- 10:30 **Hereditary Risk Factors of Breast & Ovarian Cancers** (Rx = 10 minutes)
Eva Martin, MD
- 11:15 **A Contemporary View of Endometriosis-Related Pain**
(Rx = 15 minutes)
William D. Schlaff, MD
- Noon **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 12:30pm Lunch Break (on your own)
- 2:00 **Puzzling Dermatologic Vulvovaginal Cases**
Libby Edwards, MD
- 2:45 **Contraception Update: Helping Our Patients Choose Wisely** (Rx = 35 minutes)
Eva Martin, MD
- 3:30 **Pitfalls & Pearls of Thyroid Disease Management**
(Rx = 15 minutes)
Anders L. Carlson, MD
- 4:15 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 5:00 Adjourn for the Day

Saturday, December 16

- 7:30am Continental Breakfast
- 8:00 **Conservative Treatment of Urinary Incontinence & Prolapse: The Ins & Outs of Pessary Use**
Holly E. Richter, PhD, MD
- 8:45 **Polycystic Ovarian Syndrome: Characteristics & Controversies**
(Rx = 15 minutes)
William D. Schlaff, MD
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break (hotel check-out, if applicable)
- 10:30 **Dermatologic Emergencies & Dangerous Skin Findings**
Libby Edwards, MD
- 11:15 **Reproductive Endocrinology: Case Studies** (Rx = 20 minutes)
William D. Schlaff, MD
- Noon **Medical Mythology: Debunking Common Medical Myths**
(Rx = 15 minutes)
Douglas S. Paauw, MD, MACP
- 12:45pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:30 *Conference Adjourns*

Rx = Pharmacology Credit
for Prescriptive Authority
will be granted for these sessions

CONFERENCE REGISTRATION, LODGING, ENTERTAINMENT & TRAVEL INFORMATION

Enrollment for this conference is limited in order to provide the best possible learning environment. **This conference typically sells out prior to the early tuition deadline. Early registration is advised.**

You can register the following ways:

- On-line at our website, www.symposiamedicus.org; OR
- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 with Visa, MasterCard, American Express, or Discover; OR
- By mail, make check payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287.

For additional conference or lodging information, call Symposia Medicus at (925) 969-1789, or visit our website at www.symposiamedicus.org.

CONFERENCE REGISTRATION INFORMATION

TUITION:	EARLY <i>If postmarked by October 6, 2017</i>	REGULAR <i>If postmarked after October 6, 2017</i>
Physicians	\$530	\$630
Residents, Nurses, PAs, & All Others	\$460	\$560

- Discounts are available for retired healthcare providers, active U.S. military, and groups of three or more. For more information, please contact Symposia Medicus prior to registering.
- Tuition includes continuing education, online access to session materials, continental breakfast on Friday and Saturday mornings, and break refreshments for conference registrants
- Conference registration will be confirmed via email
- This conference meets the requirements for CE tax deductibility; however, we suggest you consult your financial authority for more information

HOLIDAY ENTERTAINMENT AND THEATER ASSISTANCE

During this busy holiday time in New York City, it is difficult to get theater tickets, so we have purchased a group of theater tickets for a variety of popular performances during your stay (see below). We have a limited number of tickets for each performance and anticipate they will all sell out, so we recommend you call as soon as possible. The seats are in the Orchestra or Mezzanine sections.

To order tickets, please call Symposia Medicus with Visa, MasterCard, American Express, or Discover at (925) 969-1789. *No ticket refunds or exchanges can be made.*

Friday and/or Saturday Night Shows
Bandstand Book of Mormon Come From Away Dear Evan Hansen Radio City Music Hall Christmas Spectacular
<i>More shows to come, please contact Symposia Medicus.</i>
We strongly recommend you call for theater tickets as soon as possible, as these popular performances sell out early!

AIR TRAVEL INFORMATION

You can fly into **LaGuardia Airport (LGA)**, which is approximately 25 minutes from the hotel; **John F. Kennedy Airport (JFK)**, which is approximately 45 minutes from the hotel; or **Newark Liberty International Airport (EWR)**, which is approximately one hour from the hotel. For information on ground transportation, please visit our website.

Symposia Medicus has arranged for discount fares with **Alaska, Delta and United airlines** for this conference. Reservations can be made either through your travel agency or through the airlines at the website or Convention Desk numbers listed below.

In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID number listed here.

Alaska Airlines	For discounts on Alaska Airlines flights, please book online at www.alaskaair.com and click on the link "Use Discount Code," located at the bottom of the "Book Flights" box. Once you click on this link, another page will appear. On this page, you will need to insert ECMX613 in the "Discount Code" box, located at the right-hand side of the page.
Delta Airlines	For discounts on Delta Airlines, please visit www.delta.com and click on the link "Advanced Search," located at the bottom of the "Book a Trip" box. Once you click on this link, another page will appear. On this page, you will need to insert NMNP8 in the "Meeting Event Code" box, located at the right hand side of the page. For questions, please call the Delta Airlines Convention Desk at (800) 328-1111.
United Airlines	For discounts on United Airlines flights, please book online at www.united.com and click on All Search Options, located on the bottom left corner of the "Book Travel" box. Once you click on this link, another page will appear. At the bottom of this page, you will insert ZX32764574 in the "Promotions and Certificates" box. For questions, please call the United Airlines Convention Desk at (800) 426-1122.

CAR RENTAL DISCOUNT

For conference discounts, Symposia Medicus has made arrangements with **AVIS and Budget Car Rentals**. Reservations can be made by phone; please refer to the conference code and the conference/airport location when making your reservations. Please see below:

AVIS	800-331-1600	AWD # B766625
Budget	800-772-3773	BCD # U076767

CONFERENCE LODGING INFORMATION

Symposia Medicus has **conference group rates** at the **New York Hilton Midtown**.

These special rates will only be available until **Tuesday, November 14, 2017** and will only be available after that date on a space and rate available basis. We recommend you reserve your lodging **as soon as possible, as rooms at the conference group rates are limited and on a first come, first served basis. Rooms may sell out and/or room rates may increase prior to the release date.**

NEW YORK HILTON MIDTOWN
 1335 Avenue of the Americas
 New York, NY 10019-6078
 (Located on 6th Avenue between West 53rd and West 54th Streets)
 Phone: 1-800-HILTONS (1-800-445-8667)

Hotel accommodations are in high demand in New York City during the holiday season

RESERVE EARLY – HOTEL ROOMS AT CONFERENCE GROUP RATES SELL OUT FAST!

To make your reservation, please call (800) 445-8667 . YOU MUST REFER TO SYMPOSIA MEDICUS or group code SYM17 TO RECEIVE CONFERENCE GROUP RATES. You may also use this link to make a reservation: https://aws.passkey.com/go/Symposia2017

These group rates will also be available three days before and three days after the conference (based on availability) if you wish to extend your stay.

ROOM TYPE	GROUP RATES (SINGLE/DOUBLE)	ROOM DESCRIPTION
Premier Room	\$349/night	Features a single king or queen, or two double beds, 37-inch television, on-demand entertainment, spacious work area, two telephones with voicemail, and in-room WiFi capabilities.
Higher Floor Premier Room <i>(Very limited, please reserve early)</i>	\$399/night	Higher Floor Premier Rooms are on higher floors of the hotel and include the same features as the Premier rooms as well as upgraded bath amenities, bottled water, robes, and access to the Executive Lounge, located on the lobby level. The lounge features daily continental breakfast, hors d'oeuvres in the afternoon and evening, and continuous coffee and tea service. These rooms also offer separate ground floor check-in.

DISCOUNTS & SPECIAL OFFERS By booking your lodging using the Symposia Medicus group rates, the following items are included: Complimentary guest room internet; complimentary access to the fitness center; a 15% discount on all restaurants, bars, and lounges in the hotel; and double HHonors points for all HHonors members.

TERMS & CONDITIONS

Hotel Policies

- A deposit equal to one night's room & tax is due to the hotel with major credit card upon making your reservation
- **Group rates above are per night and do not include the following (subject to change):**
 - New York State & City taxes, currently 14.75% per room, per night
 - \$2.00 per room, per night occupancy tax
 - \$1.50 per room, per night tertiary tax
- Maximum guest room capacity is four, regardless of age
- Children 18 years old & younger stay free in room with an adult
- Third and fourth guests (19 years & older) are an additional \$20 each, per night
- **Bed Type Requests:** You can select one or two beds; however, requests cannot be guaranteed until check-in
- Rollaway beds are an additional \$35 each, for the entire length of stay (subject to availability and change). Rollaways are only available in king bedded rooms.
- Cribs are complimentary (subject to availability and change)
- **Check-in time is 3:00pm and check-out time is noon.** Guests arriving prior to 3:00pm will be accommodated as rooms become available.
- A 30-minute break has been allotted in our conference schedule on the last day, for those of you who need to check out
- **Early Departure Fee:** Please confirm your scheduled departure date with the hotel at check-in. An early departure fee equal to one night's room and tax will be charged to any guest who checks-out of the hotel before their confirmed departure date.
- **Credit/Debit Card Policy:** Upon check-in, the hotel will require a credit card and will place a hold for your total estimated stay and incidental charges (approximately \$50/day). Please be aware that if you use a debit card instead of a credit card, the funds will be immediately removed from your account (even if you have prepaid your stay). These funds will not be released back into your account for 10 or more business days after you check-out.
- **Parking:** The hotel only offers valet parking at \$60 per day with same day in/out privileges. There are other parking garages within walking distance of the hotel (prices may vary). **Note: Valet parking is \$75 per day for oversized vehicles. All rates subject to change.**

Cancellation Policies

- **Hotel cancellation policy:** Hotel cancellations must be made directly with the hotel by **November 15, 2017**. After this date, the deposit of one night plus tax will be forfeited.
- **Conference cancellations** must be made in writing (via email or mail) to **Symposia Medicus** and a refund, less a 10% processing fee, will be given. No refunds will be made if cancellation is received after **November 10, 2017**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- **Conference cancellations must be emailed to registrar@symposiamedicus.org OR mailed to Symposia Medicus. If mailed, it must be postmarked by the date stated above.**
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.



CONFERENCE LOCATION

Manhattan is exciting at any time of the year, but in December, when the holiday season activities are at their peak, it is an experience you won't want to miss.

Few places in the world have the magnetism and thrilling pace of New York City, and our conference will be held right in the heart of it all. **Conveniently located in midtown Manhattan (1335 Avenue of the Americas – 6th Avenue, between West 53rd & West 54th Streets), the New York Hilton Midtown is just a short walk away from Broadway theaters; Radio City Music Hall; Rockefeller Center; the Museum of Modern Art; the Metropolitan Museum of Art; the Diamond District; Times Square; and Central Park.**

Our beautiful hotel makes this weekend in New York appealing, and the outstanding theater, opera, and other live performances this holiday season make it even more enticing.

You're sure to enjoy our exciting **23rd Annual Conference on Challenges in Gynecology** in the exhilarating surroundings of New York City.

For our complete calendar of conferences, please visit www.symposiamedicus.org. Brochures are available 6-8 months prior to the conference.

2017 CALENDAR OF FUTURE CONFERENCES

1415	24th Annual Summer Conference on Obstetrics & Gynecology	Big Island, Hawaii	Jul 12-15
1421	22nd Annual Summer Conference on Emergencies & Challenges in Primary Care	Napa, California	Jul 12-15
1416	Challenges in Obstetrics & Gynecology	Alaska Cruise (<i>Celebrity Cruises – Solstice</i>)	Jul 21-28
1419	18th Annual Summer Conference on Women's Health	Lake Tahoe, California	Jul 26-29
1425	18th Annual Fall Conference on Integrative Medicine in Women's Health	Ojai, California	Sep 6-9
1426	Hot Topics in Pediatric Emergencies	Western Mediterranean Cruise (<i>Celebrity Cruises – Reflection</i>)	Sep 11-22
1424	28th Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 18-20
1428	31st Annual Fall Conference on High Risk Obstetrics	New Orleans, Louisiana	Oct 5-7
1429	28th Annual Fall Conference on Hot Topics in Primary Care	Big Island, Hawaii	Oct 25-28
1431	25th Annual Fall Conference on Issues in Women's Health	Grand Cayman, Cayman Islands	Nov 1-4
1433	35th Annual Fall Conference on Obstetrics	Maui, Hawaii	Nov 1-4
1437	24th Annual Fall Conference on Challenges in Taking Care of the High Risk Pregnancy	Hilton Head Island, South Carolina	Nov 15-18
1438	23rd Annual Conference on Women's Health: Care of Women Over 50	Maui, Hawaii	Nov 29-Dec 2
1441	21st Annual Conference on Emergencies & Challenges in Primary Care	New York City, New York	Dec 15-16

2018 CALENDAR OF FUTURE CONFERENCES

1442	25th Annual Conference on Office GYN & Women's Health for the Primary Care Provider	Oahu, Hawaii	Feb 7-10
1443	22nd Annual Winter Conference on Clinical Issues in OB/GYN	St. Maarten, Caribbean	Feb 14-17
1446	25th Annual Spring Conference on High Risk Obstetrics	Los Cabos, Mexico	Mar 7-10
1447	25th Annual Spring Conference on Women's Health	St. Kitts, Virgin Islands	Mar 7-10
1451	19th Annual National Conference on Fetal Monitoring	Las Vegas, Nevada	Apr 5-7
1453	5th Annual Spring Conference on Integrative Medicine in Women's Health	Ojai, California	Apr 25-28
1452	23rd Annual Conference on High Risk & Critical Care Obstetrics	New Orleans, Louisiana	May 9-12
1454	3rd Annual Challenges in Male & Female Sexual Healthcare	Napa, California	May 9-12
1459	Hot Topics in Pediatric Emergencies	Alaska Cruise (<i>Celebrity Cruises – Solstice</i>)	Jul 27-Aug 3
1467	Challenges in Obstetrics & Gynecology	Mediterranean/Adriatic Cruise (<i>Celebrity Cruises – Constellation</i>)	Sep 18-27
1468	Current Issues in Women's Health	River Cruise (<i>Ama Waterways – AmaKristina</i>)	Oct 23-29

CONFERENCE REGISTRATION FORM

Register on-line at www.symposiamedicus.org

OR COMPLETE THIS FORM AND MAIL WITH APPROPRIATE PAYMENT TO:



Symposia Medicus
399 Taylor Blvd., Suite 201
Pleasant Hill, CA 94523-2287
Phone: (925) 969-1789

SYMPOSIA MEDICUS
23rd Annual Conference on
**CHALLENGES
IN GYNECOLOGY**

NEW YORK HILTON MIDTOWN
(Midtown Manhattan)
New York City, New York
DECEMBER 15-16, 2017

PLEASE PRINT LEGIBLY: (Show name and one degree as you would like it printed on your conference materials)

Registrant's Name: _____ Degree: _____
First Last

Registrant Email Address (required): _____

All registrants must provide their individual email address in order to register for this conference. Confirmation/receipt will be emailed to this address.

Email an additional copy of my confirmation/receipt to: _____
(Provide additional email address)

Mailing Address: _____
Street City State Zip

Check if above address is: Work _____ Home _____ Provide office/workplace name here: _____

Primary Work: (_____) Home: (_____)

Cell: (_____) Fax: (_____)

Professional Specialty: _____

The session materials will be available for download on our website approximately two weeks before the conference.
If you prefer to also receive a hard copy of the session materials please check here

#1440

TUITION AMOUNT DUE
\$ _____

Payment Type: _____ Check (Please Enclose) _____  _____  _____  _____ 

Cardholder Name: _____
First Last

Signature: _____

Billing Address: _____
(if different from above) *Street City State Zip*

Card Number	Expiration Date Month/Year	Security # (on front or back of card)
	/	

By registering, you agree to the Terms & Conditions as stated in this brochure.
Please note that all information contained in this brochure is subject to change without notice.
ALL INFORMATION PROVIDED BY REGISTRANTS WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS.

