

# 17<sup>TH</sup> ANNUAL FALL CONFERENCE ON **INTEGRATIVE MEDICINE IN WOMEN'S HEALTH**

*Including topics on: Nutrition, Perimenopause & Menopause,  
Thyroid Disease, Chronic Pain, Manual Medicine, and much more...*

**Hilton Sedona Resort at Bell Rock  
SEDONA, ARIZONA  
SEPTEMBER 14-17, 2016**

SPONSORED BY



*A Non-Profit Corporation for  
Continuing Medical & Nursing Education*



*"The integrative medicine conference far exceeded my expectations! I am excited to try some of the new techniques learned during the conference not only for my patients, but also for myself." – Sharon Jamie, MD*

*"I feel like I am ready to go back to work and apply what I learned. This was one of my very favorite conferences in my 30 years of practice. The blend of learning and leisure really enhanced learning and time to process all the information." – Jane Sassenfeld, WHNP-BC*

*"The integrative medicine conference was true to its word. It was nicely presented with interwoven lectures smartly linked. The quality of presenters' timeliness of the subjects was frontline."  
– Jim Moseman, MD*

**Register On-Line...**

**for this conference or view other educational conferences at  
[www.symposiamedicus.org](http://www.symposiamedicus.org)**

## CONFERENCE DESCRIPTION

Integrative Medicine focuses on the mind, body, and spirit as a whole and the importance of the relationship between practitioner and patient. Our **17<sup>th</sup> Annual Fall Conference on Integrative Medicine in Women's Health** is designed to take an in-depth look at how to achieve optimal health and healing for female patients through a variety of complementary alternative treatment modalities and provide mainstream medical and nursing professionals with evidence-based data. Emphasis will be placed on practical application of the topics presented.

Topics for this year's conference have been selected based on the educational needs determined from the identified professional practice gaps. The gaps were derived from a variety of sources including evaluations and outcomes data from past participants; clinical expert input; Symposia Medicus' online survey; and other medical and nursing data.

Conference format will include didactic lectures, smaller group breakout and interactive sessions, case studies, and question and answer sessions.

An outstanding faculty has been assembled for this conference. Each member was selected based on their individual area of expertise and ability to communicate current, evidence-based, and practical information to participants.

You are sure to enjoy our **17<sup>th</sup> Annual Fall Conference on Integrative Medicine in Women's Health** while sharing ideas and experiences with colleagues from across the country in the relaxing setting of Sedona, Arizona.

## CONFERENCE OBJECTIVES

As a result of participating in this conference, you should have increased knowledge and enhanced competence to...

- State the main benefits of hatha yoga
- Determine the clinical applications of manual medicine and the evidence that supports it
- Select and identify the appropriate use of various integrative therapies available for the hypothyroid patient
- Identify integrative therapies for depression and anxiety in women
- Incorporate management strategies for stress reduction using complementary therapies in your practice

## ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

*Symposia Medicus is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*

At the conclusion of participating in this conference, participants are entitled to a certificate of credit. Successful completion of this activity will be determined by the submission of an attendance verification form. Each participant should only claim credit commensurate with the extent of their participation in the activity.

## CONTINUING EDUCATION CREDIT

### Physicians

Symposia Medicus designates this live activity for a maximum of *18 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **ACOG**

*The American College of Obstetricians and Gynecologists has assigned 18 cognate credits to this program.*

### **AAFP**

**This Live activity, 17<sup>th</sup> Annual Fall Conference on Integrative Medicine in Women's Health, with a beginning date of 9/14/2016, has been reviewed and is acceptable for up to 16.75 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.**

### Certified Nurse Midwives

The **American Midwifery Certification Board (AMCB)** accepts Category 1 CME approval from organizations accredited by the ACCME.

### Physician Assistants

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 18 hours of Category 1 credit for completing this program.

### Nurse Practitioners/Nurses

The **ANCC** contact hours awarded for completion of this conference are 18.

Provider is also approved by the **California Board of Registered Nursing**, Provider #CEP2335, for 21.6 contact hours.

## SMALLER GROUP BREAKOUT SESSIONS

Smaller group sessions will be held Friday afternoon. These breakout sessions are organized to provide an opportunity for **greater participant/faculty interaction**, and will give you an opportunity to participate in discussions on subjects relating to your particular area of interest. **Please indicate your breakout session topic choice on the conference registration form in this brochure.** Space is limited so please reserve early.

## EDUCATIONAL RESOURCES

Each registrant will have online access to session materials. **The session materials will be available for download approximately two weeks prior to the conference (you'll receive an email with instructions).** If you wish to receive a hard copy of the session materials, please check the box on the registration form in this brochure.

If you are unable to attend this conference, extra copies of the session materials (either paper or digital copy) will be available one week after the conference. The cost is \$60 for a hard copy and \$25 for the digital copy. To place your order, please email [publications@symposiamedicus.org](mailto:publications@symposiamedicus.org).

## TOURS / GROUND TRANSPORTATION

Additional information regarding tours, hotel, location, and ground transportation will be sent to registrants.

## CONFERENCE FACULTY

### **Sarah Dalhoumi, MD**

Hormone Balance, Thyroid Care,  
and Wellness  
Scripps Center for Integrative Medicine  
La Jolla, California

### **Michael Kurisu, DO**

Director of Clinical Services  
UCSD Center for Integrative Medicine  
Private Practice  
Osteopathic & Integrative Medicine  
San Diego, California

### **Paula Luber, MD**

**Conference Co-Chair**  
Private Functional Medicine Practice  
Encinitas, California

### **Drew Ramsey, MD**

**Conference Co-Chair**  
Assistant Clinical Professor of Psychiatry  
Department of Psychiatry  
Columbia University  
Attending Psychiatrist  
The New York State Psychiatric Institute  
New York, New York

### **Patricia Sulak, MD**

Dudley P. Baker Endowed Professor  
in OB/GYN  
Texas A&M College of Medicine  
Medical Director, Division of Research  
Department of Obstetrics & Gynecology  
Baylor Scott & White Health  
Temple, Texas

### **Jeffrey A. Waxman, MD**

Chief, Section of Pediatric Urology  
Associate Professor, Division of Urology  
Department of Surgery  
Associate Professor  
Department of Pediatrics  
Texas A&M University Health Science Center  
Scott & White Healthcare  
Temple, Texas

*Consistent with ACCME and ANCC guidelines, it is the policy of Symposia Medicus to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, everyone who is in a position to control content (including planners, reviewers, speakers, moderators, Symposia Medicus Staff, Board of Trustees, and Planning Committee members), were asked to disclose all relevant financial relationships with any commercial interest. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the session materials for this activity, and it will also be verbally disclosed on-site.*

## CONFERENCE SCHEDULE

### **Wednesday, September 14**

- 7:00am Registration & Check-in  
During Continental Breakfast
- 8:00 **Welcome & Introduction**  
Paula Luber, MD
- 8:15 **Food & the Brain: Integrating  
Brain-Focused Nutritional Therapies**  
Drew Ramsey, MD
- 9:00 **Achieving Wellness in the  
Hypothyroid Patient**  
Paula Luber, MD
- 9:45 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 10:15 Break
- 10:30 **An Introduction to Manual Medicine &  
Manual Therapies**  
Michael Kurisu, DO
- 11:15 **Health Awareness: Reducing Disability,  
Depression, and Death**  
Patricia Sulak, MD
- Noon **Menopause & Perimenopause:  
Symptoms & Management Options**  
Sarah Dalhoumi, MD

### **Thursday, September 15**

- 12:45pm **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 1:30 Adjourn for the Day
- 5:30-6:30 Group Reception  
(Faculty, Participants, and Guests)
- 7:30am Continental Breakfast
- 8:00 **Complementary & Alternative  
Therapies for Depression & Anxiety**  
Drew Ramsey, MD
- 8:45 **MTHFR Mutation: Diagnosis & Options**  
Sarah Dalhoumi, MD
- 9:30 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Battling Chronic Stress:  
The War Between the Inner Self & the Ego**  
Patricia Sulak, MD
- 11:00 **Mood Disorders & Dementia:  
What's Food Got to Do With Them?**  
Drew Ramsey, MD
- 11:45 **Introduction to Yoga: Uses & Benefits**  
Sarah Dalhoumi, MD

- 12:30pm **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 1:15 Adjourn for the Day

### **Friday, September 16**

- 3:00pm **Smaller Group Breakouts – Session One**
- A. **Sports Medicine: Common Injuries &  
Quick Treatments**  
Michael Kurisu, DO
- B. **Physical Diagnosis of Hypothyroidism**  
Paula Luber, MD
- C. **Interactive Yoga Session**  
Sarah Dalhoumi, MD
- D. **Cooking Up Health: Recipes &  
Tips from the “Farmacy”**  
Drew Ramsey, MD
- 4:30 Break
- 4:45 **Smaller Group Breakouts – Session Two**  
(Session One Topics Repeated)
- 6:15 Adjourn for the Day

### **Saturday, September 17**

- 7:30am Continental Breakfast
- 8:00 **How to Use Family History as a  
Diagnostic Tool**  
Paula Luber, MD
- 8:45 **Integrative Approaches to Chronic Pain**  
Michael Kurisu, DO
- 9:30 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 10:00 Break (hotel check-out, if applicable)
- 10:15 **Making Movement Mandatory:  
But Don't Hurt Yourself!**  
Jeffrey A. Waxman, MD
- 11:00 **Optimizing Bone Health in Your  
Female Patients**  
Paula Luber, MD
- 11:45 **Making Lasting Changes: Integrating  
Wellness into Your Life & Practice**  
Patricia Sulak, MD &  
Jeffrey A. Waxman, MD
- 12:30pm **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 1:15 *Conference Adjourns*

# CONFERENCE REGISTRATION, LODGING, & TRAVEL INFORMATION

Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

**You can register and receive conference lodging group rates by reserving the following ways:**

- On-line at our website, [www.symposiamedicus.org](http://www.symposiamedicus.org); OR
- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 with Visa, MasterCard, American Express, or Discover; OR
- By mail, make check payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287.

For additional conference or lodging information, call Symposia Medicus at (925) 969-1789, or visit our website at [www.symposiamedicus.org](http://www.symposiamedicus.org).

## CONFERENCE REGISTRATION INFORMATION

TUITION:	EARLY <i>If postmarked by July 6, 2016</i>	REGULAR <i>If postmarked after July 6, 2016</i>
Physicians	\$640	\$740
Residents, Nurses, PAs, & All Others	\$540	\$640

- Discounts are available for retired healthcare providers, active U.S. military, and groups of three or more. For more information, please contact Symposia Medicus prior to registering.
- Tuition includes continuing education, online access to session materials, continental breakfast on Wednesday, Thursday, and Saturday mornings, and break refreshments for conference registrants. Tuition also includes group reception for faculty, registrants, and their guests.
- Conference registration will be confirmed via email and **more information on travel, hotel, and activities will be emailed and also available on our website**
- This conference meets the requirements for CE tax deductibility; however, we suggest you consult your financial authority for more information

## AIR TRAVEL INFORMATION

We recommend you fly into **Phoenix Sky Harbor International Airport (PHX)**, which is an approximate two-hour drive to the resort. Flights in/out of Flagstaff (FLG) (approximately one hour to the resort) are usually more expensive. Information on ground transportation will be sent to registrants and available online at our website.

Symposia Medicus has arranged for discount fares with **Alaska, Delta, and United airlines** for this conference. Reservations can be made either through your travel agency or through the airlines at the website or Convention Desk numbers listed below.

**In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID number listed here.**

**Airlines to Phoenix, Arizona (Conference Discounts available):**

Alaska Airlines	For discounts on Alaska Airlines flights, please book online at <a href="http://www.alaskaair.com">www.alaskaair.com</a> and click on the link "Advanced Search," located at the bottom of the "Book Flights" box. Once you click on this link, another page will appear. On this page, you will need to insert <b>ECMW714</b> in the "Discount Code" box, located at the right hand side of the page.
Delta Airlines	For discounts on Delta Airlines, please visit <a href="http://www.delta.com">www.delta.com</a> and click on the link "Advanced Search," located at the bottom of the "Book a Trip" box. Once you click on this link, another page will appear. On this page, you will need to insert <b>NMLE7</b> in the "Meeting Event Code" box, located at the right hand side of the page. For questions, please call the Delta Airlines Convention Desk at (800) 328-1111.
United Airlines	For discounts on United Airlines flights, please book online at <a href="http://www.ual.com">www.ual.com</a> and insert <b>ZVG0589086</b> into the e-certificate code box. For questions, please call the United Airlines Convention Desk at (800) 426-1122.

**Airline to Flagstaff, Arizona (No Conference Discounts):**

US Airways	(800) 428-4322	<a href="http://www.usairways.com">www.usairways.com</a>
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## CAR RENTAL DISCOUNT

For conference discounts, Symposia Medicus has made arrangements with **AVIS and Budget Car Rentals**. Reservations can be made by phone; please refer to the conference code and the conference/airport location when making your reservations. Please see below:

<b>AVIS</b>	800-331-1600	AWD #B766625
<b>Budget</b>	800-772-3773	BCD #U076767

## CONFERENCE LODGING INFORMATION

Conference group rates have been arranged at the **Hilton Sedona Resort at Bell Rock**. Rooms at our group rates are limited and on a first come, first served basis. **PLEASE RESERVE EARLY** as rooms may sell out and/or room rates may increase. **If you wish to extend your stay**, group rates may be available three days before and three days after the conference.

Two nights' deposit (room rate only) must accompany your reservation. The balance of your lodging, hotel fees as stated below, and all incidental charges are due to the hotel. The hotel accepts most major credit cards.

Room Type	Group Rates (Single/Double)	Description
<b>Deluxe Guest Room</b> (two queen beds)	\$184/night	Approximately 350-416 sq. ft. room offers <b>two queen beds</b> , Hilton Serenity Collection bedding, and Peter Thomas Roth bath amenities. The Serenity Beds include an exclusive Suite Dreams mattress, Super Topper mattress pad, down-filled comforters, and Touch of Down pillows. Room features 32-inch LCD flat screen TV, small refrigerator, wet bar, microwave, small sitting area & work desk, gas fireplace, and private patio or balcony.
<b>1-Bedroom Guest Suite</b> (King bed & pull out sofa bed)	\$204/night	Approximately 548-615 sq. ft. room offers a private bedroom with <b>king sized bed</b> with Hilton Serenity Collection bedding, and Peter Thomas Roth bath amenities. The Serenity Bed includes an exclusive Suite Dreams mattress, Super Topper mattress pad, down-filled comforters, and Touch of Down pillows. Separate living area includes a <b>queen-sized sofa sleeper</b> , dining area, and a balcony or patio. Suite also features two 32-inch LCD flat screen TV's, small refrigerator, wet bar, microwave, work desk, gas fireplace, and private patio or balcony.
<b>*1-Bedroom View Suite</b> (King bed & pull out sofa bed)	\$224/night	Approximately 548 sq. ft. includes a private bedroom with <b>king sized bed</b> with Hilton Serenity Collection bedding, and Peter Thomas Roth bath amenities. The Serenity Bed includes an exclusive Suite Dreams mattress, Super Topper mattress pad, down-filled comforters, and Touch of Down pillows. Separate living area includes a <b>queen-sized sofa sleeper</b> , dining area, and a balcony or patio. Suite also features two 32-inch LCD flat screen TV's, small refrigerator, wet bar, microwave, work desk, gas fireplace, and private patio or balcony. These suites offer a view of the stunning pool or golf course fairways. Red rock views can be requested, but are not guaranteed until check-in.
<b>By booking your lodging with Symposia Medicus, the Resort Fee is waived.</b> The Resort Fee includes (subject to change): in-room & lobby wireless internet access; unlimited local telephone calls; use of the Sedona Athletic Club; access to the eForea Spa for fitness classes such as yoga & Zumba, tennis courts, and Olympic size pool; and, use of the laundry facilities. Also included is 10% off at the Sedona Golf Resort Pro Shop and 15% off selected spa services at the eForea Spa.		

*\*Limited availability – reserve early*

## TERMS & CONDITIONS

### Hotel Policies

- Above conference group rates are per room, per night and **do not** include state & local taxes, currently 6.325% (subject to change)
- Maximum guestroom occupancy is:
  - Four adults, or
  - Three adults & one child (18 years & under), or
  - Two adults & two children (three if all under 12 years old)
- Additional adults (19 years & over) are \$20 per person, per night – not to exceed stated maximum occupancy
- Children 18 years & under are complimentary - not to exceed stated maximum occupancy
- Rollaway beds are available at an additional cost of \$15 per night (subject to availability & change)
- Cribs are available on a complimentary basis (subject to availability & change)
- **Check-in time is 4:00pm and check-out time is 11:00am.** A late check-out can only be confirmed on the date of departure by the front office. Additional charges may apply for late check-outs and are based upon availability.
- **Early Departure Fee:** In the event that a guest checks out prior to their reserved check-out date, the hotel will add an early departure fee of \$75 to their hotel bill. Guests wishing to avoid this fee must advise the hotel at or before check-in of any change in planned length of stay.
- **Credit/Debit Card Policy:** Upon check-in, the hotel will require a credit card and place a hold for any estimated charges during your stay. The amount will be based on the average length of your stay, plus an estimate of daily incidental charges (\$50 per day). Please be aware that if you use a debit card instead of a credit card, the funds will be immediately removed from your account (even if you have prepaid your stay). These funds will not be released back into your account for 10 or more business days after you check-out.
- **Parking:** Self-parking is complimentary. Valet is not available at this resort.

### Cancellation Policies

- Conference cancellations must be made **in writing (via email or mail) to Symposia Medicus** and a 10% of paid tuition processing fee will be assessed. No refunds will be made if cancellation is emailed/postmarked after **August 10, 2016**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- Per our hotel contract, hotel reservation cancellations must be made **in writing to Symposia Medicus** and you will receive a full refund if emailed/postmarked by **July 13, 2016**. Between **July 14, 2016** and **August 10, 2016**, one night's deposit is forfeited. After **August 10, 2016**, no hotel refunds can be made.
- **All cancellations must be emailed to [registrar@symposiamedicus.org](mailto:registrar@symposiamedicus.org) OR mailed to Symposia Medicus. If mailed, it must be postmarked by the dates stated above.**
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition and, if reservation was made with Symposia Medicus, hotel deposit refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.





## CONFERENCE LOCATION

There is something in Sedona for everyone, **whether it's nature, history, arts, culture, or shopping**. Sedona has more than 80 galleries, restaurants, metaphysical shops, and specialty stores. With a large influence from Native American culture, much of Sedona's artwork reflects the Southwest's unique character. Its worldwide reputation as a hot spot for relaxation, healing, and spiritual enrichment brings even more charm to the town of Sedona.

Sedona is located at the southern entrance to Oak Creek Canyon, at a 4500-foot elevation, above the heat of the Arizona desert. Sedona is a two-hour drive north of Phoenix, an hour southwest of Flagstaff, and two-and-a-half hours southeast of the **Grand Canyon**.

Four miles from downtown Sedona, the **Hilton Sedona Resort at Bell Rock** is nestled in a dramatic Red Rock setting encompassing beautiful creeks and surrounded by pinon-studded Coconino National Forest pines. The resort has a par-71 championship golf course, three pools (including a lap pool), full service salon and spa, and state-of-the-art fitness facilities including tennis, aerobics, swimming, weight room, and sauna.

**The Village of Oak Creek**, located about a mile from the resort, has a large variety of shops displaying crafts, jewelry, western wear, and local artwork. Also, a few miles from the resort you will discover more shops, galleries, and restaurants at **Tlaquepaque Arts/Crafts Village**.

Whatever your pleasure, a wealth of unforgettable experiences await you when you attend our **17<sup>th</sup> Annual Conference on Integrative Medicine in Women's Health**.

*For our complete calendar of conferences, please visit [www.symposiamedicus.org](http://www.symposiamedicus.org). Brochures are available 6-8 months prior to the conference.*

### 2016 CALENDAR OF FUTURE CONFERENCES

1364	23rd Annual Conference on Office GYN & Women's Health for the Primary Care Provider	Kauai, Hawaii	Feb 10-13
1365	20th Annual Winter Conference on Clinical Issues in OB/GYN	Cancun, Mexico	Feb 17-20
1368	23rd Annual Spring Conference on High Risk Obstetrics	Maui, Hawaii	Mar 9-12
1369	23rd Annual Spring Conference on Women's Health	St. Maarten, Caribbean	Mar 9-12
1373	17th Annual National Conference on Fetal Monitoring	Las Vegas, Nevada	Apr 7-9
1374	3rd Annual Spring Conference on Integrative Medicine in Women's Health	Hilton Head Island, South Carolina	May 11-14
1375	21st Annual Conference on High Risk & Critical Care Obstetrics	St. Petersburg, Florida	May 11-14
1377	Challenges in Male & Female Sexual Healthcare	Napa, California	Jun 22-25
1380	Hot Topics in Pediatric Emergencies	Alaska Cruise ( <i>Celebrity Cruises – Solstice</i> )	Jul 15-22
1376	17th Annual Summer Conference on Women's Health	Big Sky, Montana	Jul 20-23
1381	21st Annual Summer Conference on Emergencies & Challenges in Primary Care	Alaska Cruise ( <i>Celebrity Cruises – Solstice</i> )	Jul 29-Aug 5
1382	23rd Annual Summer Conference on Obstetrics & Gynecology	Hilton Head Island, South Carolina	Aug 3-6
1385	27th Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 26-28
1387	30th Annual Fall Conference on High Risk Obstetrics	San Diego, California	Sep 29-Oct 1
1388	Current Issues in Women's Health	Italy & Greek Isles Cruise ( <i>Celebrity Cruises – Reflection</i> )	Sep 30-Oct 10
1389	34th Annual Fall Conference on Obstetrics	Grand Cayman, Cayman Islands	Oct 19-22
1391	24th Annual Fall Conference on Issues in Women's Health	Cancun, Mexico	Oct 26-29
1392	27th Annual Fall Conference on Hot Topics in Primary Care	St. Maarten, Caribbean	Nov 2-5
1393	Challenges in Obstetrics & Gynecology	Eastern Caribbean Cruise ( <i>Celebrity Cruises – Reflection</i> )	Nov 12-19
1395	23rd Annual Fall Conference on Challenges in Taking Care of the High Risk Pregnancy	Marco Island, Florida	Nov 16-19
1396	22nd Annual Conference on Women's Health: Care of Women Over 50	Grand Cayman, Cayman Islands	Nov 16-19
1398	22nd Annual Conference on Challenges in Gynecology	New York City, New York	Dec 16-17
1399	20th Annual Conference on Emergencies & Challenges in Primary Care	New York City, New York	Dec 16-17

# CONFERENCE & LODGING REGISTRATION FORM

Register on-line at [www.symposiamedicus.org](http://www.symposiamedicus.org)

OR COMPLETE THIS FORM AND MAIL WITH APPROPRIATE PAYMENT TO:



**Symposia Medicus**  
 399 Taylor Blvd., Suite 201  
 Pleasant Hill, CA 94523-2287  
 Phone: (925) 969-1789

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 17<sup>TH</sup> ANNUAL FALL CONFERENCE ON  
**INTEGRATIVE  
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 Hilton Sedona Resort at Bell Rock  
**SEDONA, ARIZONA**  
**September 14-17, 2016**

**PLEASE PRINT LEGIBLY:** (Show name and **one** degree as you would like it printed on your conference materials):

Registrant's Name: \_\_\_\_\_ Degree: \_\_\_\_\_  
First Last

**Registrant Email Address (required):**

All registrants must provide their individual email address in order to register for this conference. Confirmation/receipt will be emailed to this address.

Email an additional copy of my confirmation/receipt to: \_\_\_\_\_  
(Provide additional email address)

Mailing Address: \_\_\_\_\_  
Street City State Zip

Check if above address is: Work \_\_\_\_\_ Home \_\_\_\_\_ Provide office/workplace name here: \_\_\_\_\_

Primary Work: ( \_\_\_\_\_ ) Home: ( \_\_\_\_\_ )

Cell: ( \_\_\_\_\_ ) Fax: ( \_\_\_\_\_ )

Professional Specialty: \_\_\_\_\_

**The session materials will be available for download on our website approximately two weeks before the conference.**

If you prefer to also receive a hard copy of the session materials please check here

**FRIDAY BREAKOUT PREFERENCE (Please refer to schedule and select one breakout for each session):**

Session One:  A  B  C  D Session Two:  A  B  C  D #1384

## LODGING RESERVATIONS

Please reserve accommodations at the **Hilton Sedona Resort at Bell Rock** for:

Arrival: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Departure: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month Day Year Month Day Year

✓	TYPE OF ROOM	GROUP RATES (Single/Double Occupancy)
	<b>Deluxe Guest Room</b> <small>(Two beds)</small>	\$184/night
	<b>1-Bedroom Guest Suite</b> <small>(King bed &amp; pull out sofa bed)</small>	\$204/night
	<b>*1-Bedroom View Suite</b> <small>(King bed &amp; pull out sofa bed)</small>	\$224/night

- Conference group rates are per room, per night and **do not** include state & local taxes, currently 6.325% (subject to change)
- Additional adults (19 years & over) are \$20 per person, per night – not to exceed stated maximum occupancy
- Maximum guestroom occupancy is:
  - Four adults, or
  - Three adults & one child (18 years & under), or
  - Two adults & two children (three if all under 12 years old)
- Rollaway beds are available at an additional cost of \$15 per night (subject to availability & change)

*\*Limited availability – reserve early*

Names of Room Occupants (and ages, if children) \_\_\_\_\_

Please circle names of the room occupants (other than you) who are registered for this conference

Other Comments/Requests \_\_\_\_\_

TUITION AMOUNT DUE	TWO NIGHTS' LODGING DEPOSIT - ROOM RATE ONLY <small>(Balance of hotel charges will be due to hotel)</small>	ADDITIONAL LODGING DEPOSIT <small>(If you wish to include an additional amount for lodging, please state here)</small>	TOTAL
\$	\$	\$	\$

Payment Type (Please Check One):  Check (Please Enclose)

Cardholder Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Billing Address: \_\_\_\_\_  
(If different from above) Street City State Zip

Card Number	Expiration Date Month/Year	Security # <small>(on front or back of card)</small>
	/	

**By registering, you agree to the Terms & Conditions as stated in this brochure.  
 Please note that all information contained in this brochure is subject to change without notice.  
 ALL INFORMATION PROVIDED BY REGISTRANTS WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS.**

